The 4D-Model of Trauma-related Dissociation: An Empirical Test of a Novel Theoretical Framework

Matthew F D Brown
mbrow253@uwo.ca

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The 4D-Model of Trauma-related Dissociation: An Empirical Study of a Novel Theoretical Framework

By: Matthew F. D. Brown     Supervisor: Paul A. Frewen

INTRODUCTION

The 4D-Model of Trauma-related Dissociation: Providing a comprehensive framework for understanding trauma-related dissociation.

METHODS

Participants

- Undergraduate students (n = 37) participated in an online survey; for course credit.
- Female PTSD patients (n = 25) completed measures at baseline as part of a treatment study.

RESULTS

NWC Symptoms Vs. TRASC Symptoms

- NWC symptoms were endorsed more frequently than TRASC symptoms with the exception of the dimension of depersonalization.
- NWC and TRASC symptoms did not increment over each other in prediction of DES-B total scores.

DISCUSSION

Future research must account for both attachment and relational experiences, as well as abusive experiences, when examining causes, correlates, and outcomes of PTSD and dissociative experiences related to childhood maltreatment.

Note

1. Frewen, Lanius, 2014)

Figure 1: Flowchart of the study design.