



## BENEFITS OF FITI

FAIDA YA FITI

Fiti probiotic yogurt containing *Lactobacillus rhamnosus* GR-1 was developed by Western researchers and since 2004 has empowered women's groups and created a value chain in East Africa that is providing a variety of societal and health benefits to an estimated 100,000 people each week.

KEEP REFRIGERATED BETWEEN 4°C - 7°C



150 mL

### Nutrition facts

per 150 mL

calories	144 cal
protein	4.98 g
fat	1.50 g
carbohydrates	27.30 g

INGREDIENTS: milk, *Lactobacillus rhamnosus* GR-1, regular yogurt culture

MANUFACTURER

PRODUCTION DATE

EXPIRATION DATE