

# Sunshine Foundation



Making Dreams A Reality Since 1987

## DREAMS INCREASE HOPE, HEALTH, OPTIMISM



According to the World Health Organization (WHO), over 1 billion people live with some form of disability. This corresponds to about 15% of the total world population and includes 190 million (3.8%) people aged 15 and above having significant difficulties in functioning.

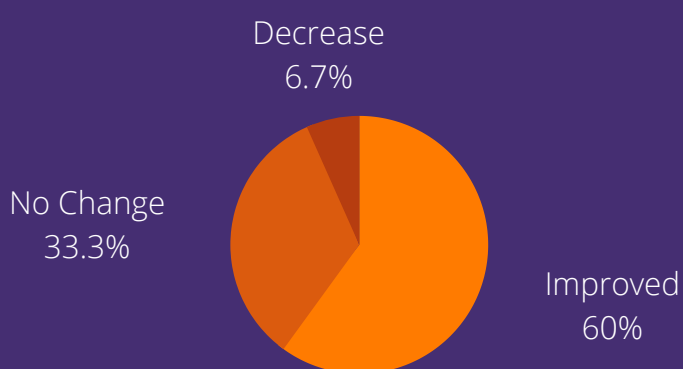
Sunshine Foundation is helping young individuals (7-17 years old) living with severe physical disabilities unleash new possibilities and instill long-term feelings of self-confidence and optimism.



Sunshine Foundation has fulfilled over 8,000 life-changing experiences.

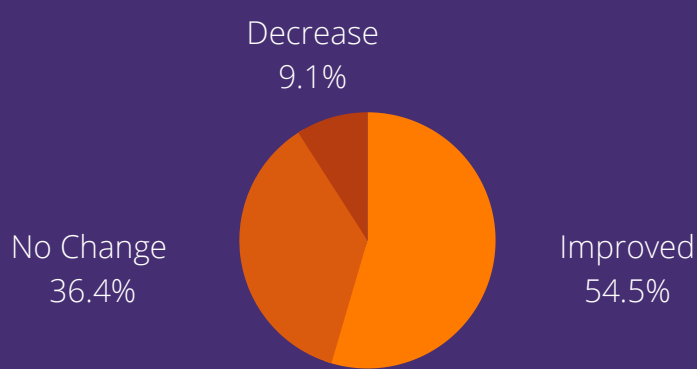
There is a plethora of evidence that suggests that children with physical disabilities are more susceptible to develop mental health issues, and Sunshine Foundation's goal to improve the mental health of young individuals is making a life-long impact in the lives of medically complex individuals and their families.

## Change In Responses to Assessment Surveys After Dream-Like Experience



HOW OFTEN DO YOU FEEL THAT TOMORROW IS A GOOD DAY?

Dreamer Quantified Changes



HOW MUCH DOES YOUR CHILD TRY TO DO THINGS ON THEIR OWN?

Guardian Quantified Changes

"Leadership, confidence, and independence can't be gained any other way but taking risks. What Sunshine does is critical to these young people being able to see beyond their illness, and as far as I am concerned, it is an essential extension of the healthcare system."

Dr. Marc Fadel, MD PhD  
Adolescent Psychiatrist, Ontario Shores

## Here's how YOU can help

