Sophie, A Music Drama for Solo Soprano and Chamber Orchestra

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Graduate Program in Music

A thesis submitted in partial fulfillment of the requirements for the degree in Master of Music

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Sophie

A Music Drama in One Act
For Solo Soprano and Chamber Orchestra

By

Alondra Vega-Zaldivar

Graduate Program in Music Composition

A thesis submitted in partial fulfillment
of the requirements for the degree of
Master of Music in Composition

The School of Graduate and Postdoctoral Studies
The University of Western Ontario
London, Ontario, Canada

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Abstract

Sophie is a music drama that follows a young retired theatre actress as she talks to reporters about her family and career. As the story unfolds Sophie’s life transforms from a cheerful illusion to a brutal reality where nothing is as it seems. The listener gets a first row seat to the innermost corners of the protagonist’s mind as she journeys through self awareness. The music transforms from the modal center of the Lydian scale to the more chromatic and diminished tones of the Octatonic scale. Each character’s theme undergoes alterations from the pitch center that portrays stability to the one that creates unsteadiness in the character. But this instability comes not from a fall to madness, but rather from the uncovering of the truth. As Sophie becomes saner she falls apart.

Keywords

Sophie, Music Drama, Opera, Madness, Instability, Transformation.
**Instrumentation**

Sophie - Soprano

1 Flute  
1 Clarinet in B flat  
1 Bassoon

1 Horn in F  
1 Trumpet in B flat  
1 Trombone

Timpani  
Cymbals  
Snare Drum

Strings

**Scenes**

1. The Theatre
2. John
3. Lizzy
4. The Theatre Twisted
5. The Baby
6. My Pretty Walls
7. Lizzy’s Ghost
8. The End

1  
16  
18  
27  
39  
50  
53  
66
Program Notes

The set should be relatively simple: a mirror on stage right and maybe a couch or a chair. A blanket should be available for Scene 5 – The Baby. Sophie will be talking to the audience as if they are reporters until the reporters disappear on Scene 7 – Lizzy’s Ghost. At the end of Scene 8 – The End the lights should come off as soon as Sophie says “Welcome.”

The texts in boxes are spoken at any speed making sure that it falls within the bars indicated. When the box is in a bar with fermatas the Conductor must wait for the Soprano to finish her speech before the orchestra plays again.

The scenes are meant to be performed one after the other with no stop until the end.

Stage directions are indicated in italics and bold.

Accidentals carry through the bar.

Score is transposing.

Approximate Duration: 25 minutes.
Scene 1 - The Theatre

Vivace $j = 80$

Flute

Clarinet in B♭

Bassoon

Horn in F

Trumpet in B♭

Trombone

Timpani

Cymbals

Sophie

Violin I

Violin II

Viola

Violoncello

Double Bass

Alondra Vega-Zaldivar

To my abuelo Rudel

Sophie

Alondra Vega-Zaldivar
Walk on stage
Welcome!
Welcome everyone!
I wasn't expecting you so early!
You must have so many questions!
Let me just get the bread out of the oven before it burns.

Walk off stage left

Walk on stage as if carrying something
Well I must say I am no cook, but it is looking very well! 

Listen to a question about the Theatre

Oh, how I love the Theatre! The actors, the costumes, the pizz.
lights, the plays, and the Music! The ever-lasting Music.

Oh, how I love the Theatre. Every
Oh, how I love the tree,
And Oh, how the tree loves

day a new hero, every day a new villain, every day a new adventure!
And the Queen of All, Lady Macbeth!
How the audience clapped,
Oh, how the audience clapped, when she was me and I was her.

She used to talk to me at night, she used to talk to me at night, when
all was silent, when all was dead. Her scared and hurried voice, her scared and hurried voice.

all was silent, when all was dead. Her scared and hurried voice, her scared and hurried voice.
The a\tre!

Oh, how I love the Th-e-a tre.

The act-ors, the aus-tence, the
Scenes, the lights, and the Music! The everlasting Music.
Oh, how I loved the Theatre, And Oh, how the
The a tre__ Loved me._

Loved me._

Loved me._

Loved me._
Scene 2 - John

Oh it is almost five o' clock!

My husband John should be getting home soon.

Listens to questions and laughs lightly
You'll see the sparkle in his eye when he looks at me. You'll see the love in his smile when he says hello.
And you will see the tenderness of his embrace, as he says, "I Love You."
Scene 3 - Lizzy

The phone is ringing!
I will just be a moment
Exit stage left

Return to center stage
It was my sister Lizzy!
When I look into your eyes,

I feel the strength that you give me.  

When you take me in your arms, I feel the

Soph.  

Vln. I  

Vln. II  

Vla.  

Vc.  

You know, if there is anyone who has supported me the most in my life, it has been my sister lizzy.  

I don't know what my life would be without her.

She will be coming this evening for dinner!

You know, if there is anyone who has supported me the most in my life, it has been my sister lizzy.  

I don't know what my life would be without her.

She will be coming this evening for dinner!

You know, if there is anyone who has supported me the most in my life, it has been my sister lizzy.  

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I don't know what my life would be without her.

She will be coming this evening for dinner!

You know, if there is anyone who has supported me the most in my life, it has been my sister lizzy.  

I don't know what my life would be without her.
And I will fol

Grave \( \text{q} = 68 \)

But,

Grave \( \text{q} = 68 \)

frantic - quasi-recit

I see some thing here, some thing I see some thing, some thing I see on my hand!
Fl.
Cl.
Hn.
Tpt.
Tbn.
Timp.
Cym.

<table>
<thead>
<tr>
<th>mf</th>
<th>mf</th>
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| damn'd | p |
| spot! | Out I say! |
| Oh, Liz-zy | Liz-zy |

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Fl.
Cl.
Hn.
Tpt.
Tbn.
Timp.
Cym.
Soph.
Vln. I
Vln. II
Vla.
Vc.

mf

fp

pizz.

arco

Never again, never again will I falter.
Never again will they take you from me.
I look into your eyes, all is well, and I am happy.
Scene 4 - The Theatre Twisted

M. Vigoroso \( \dot{=} \) 82

Let me boil some water for tea

Exits stage right

Vigoroso \( \dot{=} \) 82

Comes back to stage center

Let me boil some water for tea
I am there, when I am there!

Oh, how I Love the
Queen for ever more for ever more!
"Hie thee hith-er, And chast ise with the val-or of my
tongue  All that impedes thee from the golden crown!
Oh, how I loved the tree.
Oh, how I loved, oh, how I loved, how I felt like it's time to go back, like it's time to go back.
time to go back, time to go back. But, What's done can not be undone.
There are nights where I wake up in tears. My heart pounding loudly, my breath shallow, my throat dry, and in total darkness, a voice whispers in my ear, a
Agitato $j = 96$

voice, whispers in my ear, whispers in my ear: What's done can not be un-done.

Almost whispering

What's done can not be un-done,

Almost yelling

What's done can not be un-done!!!
Dolente \( \frac{\text{R}}{} \) \( \text{R} \) \( \frac{\text{ mf \ dolente \ } q = 76}{\text{ mf \ dolente \ } q = 76} \)

I want to go back,

99

mf

mf

mf

I need to go back, I want to go back, I need to go back, when can I go back? When can I go back,
when? when can I go back? When can I? When? When can I?

Will I ever?
Scene 5 - The Baby

Misterioso \( \frac{\text{d}}{=69} \)

Oh! What terrible nightmares I have sometimes!

Of course I shall return!

I can't stay away for too long

Tea is ready!

Exits Stage right
Come back to center stage and look at the clock

Oh goodness! Look at the time!
It's almost 7 and John still has not come!
Or did he come while I was doing something else?
I hear the baby crying!
Rushes out to the right and comes back rocking something in her arms

Hush, hush, hush.

Little baby why are you crying, little baby? Hush, hush, hush, hush.

Lit-tle ba-by why are you cry-ing, lit-tle ba-by?
Lit-tle ba-by close your eyes and dream of the stars in the sky Lit-tle ba-by don't cry

Hush, hush, hush, hush, hush, hush, hush, ba-by, ba-by,
Where is my baby, where is he hiding?
Scene 6 - My Pretty Walls

Flute

Clarinet in Bb

Bassoon

Horn in F

Trombone

Sophie

Violin I

Violin II

Viola

Violoncello

Contrabass

Fl.  

Cl.  

Soph.  

Vln. I

Vln. II

Vla.

Cb.

"Nervous - fake smile [Ha-ha! I am sorry?] I am sure John has the baby."

"Look around the room as if everything is unknown and strange"

"And they will be back in no time."
This room seems so cold and empty.
I never noticed how the walls are so closed in.
And so white.

I could have sworn they were painted pale pink.
What happened to my pretty walls?
Was the

room always so small?
Were the floors always so hard?
What happened to my pretty walls?
The pungent smell of drugs seeps in the empty room, the hollow sound of busy steps rings just outside my door, when did my house shrink down to four by four? What happened to my pretty walls? And when did I lose it all?
Scene 7 - Lizzy’s Ghost

They always come at this time... But I always forget...

Why do I always forget?! What is happening?

Someone’s coming...

Someone’s coming... Someone bad.
Repeat this over and over in a frantic way until the 3 beats of the cymbal
Have you seen...
Hang the question in the air.
(The reporters are gone)
Where did they all go?
Is the interview over?
Did I say goodbye?
Did they take a picture of me?!

Look in the mirror
(Oh I hope not)
My hair!
My hair is all wrong!
And my face! Whose face is that?

Staring at me so frightened? Is that MY face? When did my eyes become so dull and scared? When did my lips become so cracked and faded?
My cheeks so sunk? My skin so pale? How long have I been alone?

Oh Lizzy I am so glad you’ve come! Something is not right. My baby...

Kneel down
(Like talking to a child)

S. Solo

Grave \( \text{j} = 63 \)


Vln.

Grave \( \text{j} = 63 \)

How long have I been like this? How long have I been without you? Oh, Liz-zy.

Vln.

Lento \( \text{j} = 60 \)

It was a bright summer afternoon. I remember laughing.

Fl.

S. Solo

Vln. I

Vln. II

Vla.

Vc.
move. But then, A push

Piu Agitato \( \dot{\text{q}} = 134 \)

mf  f  mp

A screech  A scream!  A push  a screech

mf  f

mf  mf  f

mf

mf

mf

f
a scream and then

arco
There was blood.

There were tears.

There was blood mixed with tears!

And a limp hand, by the tracks.
Take me away.
Take me far away.
Far from all of this
Scene 8 - The end

Lento e melancolico \( \frac{3}{4} \) \( j = 60 \)

Bassoon

Horn in F

Trumpet in B

Timpani

Cymbals

Lento e melancolico \( \frac{3}{4} \) \( j = 60 \)

Sit down defeated. The weight of realization heavy

Sophie

Violin I

Violin II

Viola

Violoncello

Contrabass
Fl.
Cl.
Bsn.
Hn.
Tpt.
Tbn.
Vln. I
Vln. II
Vla.
Vc.
Cb.

Slowly come out of the reverie. Change expression to that of ease and shake off all that happened.
Energetico \( \frac{\text{ff}}{\text{mf}} \) = 78

Look at the audience as if they are reporters

Welcome!

Lights off
Alondra Vega-Zaldivar
Curriculum Vitae

Education:

• 2009-2013 – Bachelor of Music with Honors in Theory and Composition at the University of Western Ontario
• 2013-2015 – Masters in Composition at the University of Western Ontario

Instructors:

Composition:
Dr. Kevin Morse, Dr. David Myska, Dr. Paul Frehner, Dr. Peter Paul Koprowsky, Dr. Omar Daniel

Theory:
Kim Lundberg, Dr. Troy Ducharme, Dr. Peter Frank

Composition Experience:

• 2011 – Won UWO Peer Guides Composition Competition
• 2011-2012 – Composed for a Piano Trio of the UWO Chamber Music Group. Piece premiered at the Chamber Music Concert in March 2012
• 2012-2013 – Composed for a Piano Trio of the UWO Chamber Music Group. Piece premiered at the Chamber Music Concert in March 2013
• 2013 – Organized and participated in the Student Composition Concert at the University of Western Ontario, on October 28th, 2013.
• 2013-2014 – Composed for a Wind Quintet of the UWO Chamber Music Group
• 2014 – Participated at the Creation Workshop at the Orford Arts Programs. Piece for String Quartet performed by the students of the Creation Workshop in the Concert on July 16, 2014.
• 2014 – Participated in the UpBeat Composition Music Festival in Milna, Croatia. Piece for Soprano Cello and Piano was performed by the students of the Workshop in the Concert in Milna, Croatia, on August 7th, 2014.
• 2014 – The ensemble Arpa Tambora premiered a piece for Harp and Percussion in Toronto as part of the Canadian Contemporary Music Workshop, on September 26th, 2014.
• 2014 – Organized and participated in the Student Composition Concert at the University of Western Ontario, on October 28th, 2014.

Honors and Awards:

• 2010 – Dean’s Honors List
• 2011 – Dean’s Honors List
• 2012 – Dean’s Honors List
• 2013 – Dean’s Honors List
• 2013 – The University of Western Ontario Gold Medal
• 2013 – Dean’s Honors List, The University of Western Ontario Gold Medal, recipient of the Paul Akira Ohashi Summit Award