Elucidating the role of cathepsin B in the lifecycle of influenza A virus

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Graduate Program in Microbiology and Immunology
A thesis submitted in partial fulfillment of the requirements for the degree in Master of Science
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ELUCIDATING THE ROLE OF CATHEPSIN B IN THE LIFECYCLE OF INFLUENZA A VIRUS

Thesis format: Monograph

by

Macon Coleman

Graduate Program in Microbiology & Immunology

A thesis submitted in partial fulfillment of the requirements for the degree of Master of Science

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The University of Western Ontario
London, Ontario, Canada

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Abstract

Influenza virus type A (IVA) is the etiologic agent responsible for the febrile respiratory illness referred to as the flu. Seasonal and occasionally pandemic IVA-associated illness is a significant cause of morbidity and mortality worldwide, and presents a significant burden to the healthcare system. Our previous work showed that the propagation of IVA required the lysosomal protease cathepsin B (CTSB), though the mechanism behind this dependency was not elucidated. This study further assessed the role of CTSB by examining different stages in the viral lifecycle for defects using CTSB-deficient (CTSB<sup>-/-</sup>) macrophages and the CTSB-specific chemical inhibitor CA-074 Me (CaMe) in human lung epithelial cells. CTSB<sup>-/-</sup> and CA-074 Me-treated cells showed no defect in either the uptake of virus particles, nor their replication following endosomal escape compared to wildtype or non-treated cells, respectively. However, CTSB<sup>-/-</sup> and CA-074 Me-treated cells had significantly less hemagglutinin (HA) protein both inside and on the surface of infected cells, as determined by both Western blotting and confocal immunofluorescence microscopy. These results suggest that CTSB is required for a step(s) in the viral lifecycle following entry into host cells, either before or during the synthesis of viral proteins, and possibly during the transport of viral components to the host membrane. Further work is necessary to determine the mechanistic details of these observations, and may yield novel potential therapies for influenza infections.

Keywords
Cathepsin B, Influenza A virus, CA-074 Me, Hemagglutinin
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Table of Contents

Abstract .................................................................................................................................. ii
Acknowledgements ................................................................................................................ iii
Table of Figures ....................................................................................................................... vi
Table of Appendices ........................................................................................................ vii
Abbreviations ......................................................................................................................... viii

Chapter 1: Introduction ............................................................................................................. 1
  1.1 Influenza A Virus .............................................................................................................1
    1.1.1 IVA Structure ............................................................................................................1
    1.1.2 IVA Genetics ............................................................................................................4
    1.1.3 IVA Lifecycle ...........................................................................................................5
    1.1.4 Hemagglutinin ..........................................................................................................9
  1.2 Cathepsin B ....................................................................................................................10
    1.2.1 Background .............................................................................................................10
    1.2.2 The role of Cathepsin B in viral lifecycles .............................................................11
    1.2.3 Potential involvement of Cathepsin B in lipid homeostasis ...................................12
  1.3 Rationale, hypothesis and objectives .............................................................................13

Chapter 2: Methods ................................................................................................................. 14
  2.1 Reagents .........................................................................................................................14
  2.2 Cell Culture ....................................................................................................................14
  2.3 Viral Infections ..............................................................................................................15
  2.4 Western Blot ..................................................................................................................15
  2.5 RT-qPCR ........................................................................................................................15
  2.6 Fractionation ..................................................................................................................16
  2.7 Cholesterol Assay ..........................................................................................................17
  2.8 Protein Assay .................................................................................................................17
  2.9 Immunofluorescence Microscopy ..................................................................................17
  2.10 Hemagglutination Assay ..............................................................................................18
  2.11 MTT Assay ..................................................................................................................18
  2.12 Statistical Analysis .......................................................................................................19
Chapter 3: Results ................................................................. 20
3.1 The role of CTSB in influenza A virus entry and replication ......................... 20
   3.1.1 CTSB is not required for influenza virus entry and replication in BMDIM cells ... 23
   3.1.2 CTSB is not required for influenza virus entry and replication in A549 cells .... 23
3.2 The role of CTSB in viral HA protein production ............................................ 23
   3.2.1 A deficiency in CTSB reduces viral HA protein production in BMDIM cells .... 30
   3.2.2 A deficiency in CTSB reduces viral HA protein production in A549 cells ....... 30
3.3 Pharmacological inhibition of CTSB reduces surface expression of HA protein on infected cells ............................................................................................................. 30
3.4 Pharmacological inhibition of CTSB reduces intracellular HA protein in infected cells ...................................................................................................................................... 44
3.5 Cholesterol does not accumulate in a CTSB-dependent manner ......................... 44

Chapter 4: Discussion ............................................................................. 50
4.1 CTSB is not required for influenza A virus entry or replication ...................... 50
4.2 A deficiency in CTSB reduces viral HA protein production ............................. 52
4.3 Pharmacological inhibition of CTSB reduces surface expression of HA protein on infected cells .................................................................................................................. 53
4.4 Pharmacological inhibition of CTSB reduces intracellular HA protein in infected cells ...................................................................................................................................... 56
4.5 Cholesterol does not accumulate in a CTSB-dependent manner ...................... 58
4.6 Future directions ................................................................................... 60

Chapter 5: References ........................................................................... 63

Chapter 6: Appendices .......................................................................... 77

Chapter 7: Curriculum Vitae................................................................. 85
Table of Figures

Figure 1 – Structure of influenza virus ................................................................. 2
Figure 2 – Overview of the IVA lifecycle ............................................................. 6
Figure 3 – Standard curves of qPCR Ct values for known concentrations of amplicon. .... 21
Figure 4 – Viral entry and replication are not significantly different between wildtype and CTSB\(^{-/-}\) cells...................................................................................................................... 24
Figure 5 – Toxicity of ActD in C57 and A549 cells........................................... 26
Figure 6 – Viral entry and replication are not significantly different in CaMe-treated A549 cells. ............................................................................................................................................. 28
Figure 7 – CTSB\(^{-/-}\) cells produce significantly less viral HA protein.................. 31
Figure 8 – Primary CTSB\(^{-/-}\) cells produce less viral HA protein compared with Wt. ........ 33
Figure 9 – A549 cells treated with 150 \(\mu\)M CaMe produce significantly less viral HA protein. ................................................................................................................................................. 35
Figure 10 – Vehicle control for CaMe treatment of A549 cells. ......................... 37
Figure 11 – Toxicity of CaMe in A549 cells.......................................................... 39
Figure 12 – Inhibition of CTSB in A549 cells with 150 \(\mu\)M CaMe reduces surface expression of HA protein. ................................................................................................................................. 41
Figure 13 – Inhibition of CTSB in A549 cells with 150 \(\mu\)M CaMe reduces intracellular expression of HA protein................................................................................................................................. 45
Figure 14 – Endosomal cholesterol accumulation is not responsible for CTSB-dependent influenza A virus restriction................................................................. 48
Table of Appendices

Appendix 1 – ActD blocks the production of viral HA protein at a concentration of 5 µg/mL. ................................................................................................................................................. 77
Appendix 2 – Detected copy numbers of HA and MA per titred virion in the inoculum. ..... 79
Appendix 3 – Immunofluorescence microscopy of infected A549 cells stained with 2□ antibody (FITC) only. ............................................................................................................. 81
Appendix 4 – Hemagglutination assay of infected A549 supernatants ................................. 83
## Abbreviations

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>ActD</td>
<td>Actinomycin D</td>
</tr>
<tr>
<td>BMDIM</td>
<td>Bone marrow derived immortalized macrophages</td>
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<tr>
<td>BSA</td>
<td>Bovine serum albumin</td>
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<tr>
<td>CaMe</td>
<td>CA-074 Me; L-3-trans-(Propylcarbamyl)oxirane-2-carbonyl)-L-isoleucyl-L-proline methyl ester</td>
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<tr>
<td>CTSB</td>
<td>Cathepsin B</td>
</tr>
<tr>
<td>DMSO</td>
<td>Dimethyl sulfoxide</td>
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<tr>
<td>FBS</td>
<td>Fetal bovine serum</td>
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<td>FITC</td>
<td>Fluorescein isothiocyanate</td>
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<tr>
<td>HA</td>
<td>Hemagglutinin</td>
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<tr>
<td>HIV</td>
<td>Human immunodeficiency virus</td>
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<tr>
<td>HSV-1</td>
<td>Herpes simplex virus 1</td>
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<td>IB</td>
<td>Immunoblot</td>
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<tr>
<td>IVA</td>
<td>Influenza virus type A</td>
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<tr>
<td>kDa</td>
<td>Kilodalton</td>
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<tr>
<td>MA</td>
<td>Matrix protein</td>
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<tr>
<td>MDCK</td>
<td>Madin-Darby canine kidney cells</td>
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<tr>
<td>µg</td>
<td>Microgram</td>
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<tr>
<td>µL</td>
<td>Microliter</td>
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<td>µm</td>
<td>Micrometer</td>
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<tr>
<td>µM</td>
<td>Micromolar</td>
</tr>
<tr>
<td>MOI</td>
<td>Multiplicity of infection</td>
</tr>
<tr>
<td>MTT</td>
<td>3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide</td>
</tr>
<tr>
<td>NA</td>
<td>Neuraminidase</td>
</tr>
<tr>
<td>nm</td>
<td>Nanometer</td>
</tr>
<tr>
<td>PR8</td>
<td>Influenza A H1N1/Puerto Rico/8/34</td>
</tr>
<tr>
<td>RNA</td>
<td>Ribonucleic acid</td>
</tr>
<tr>
<td>RT-qPCR</td>
<td>Reverse transcriptase quantitative polymerase chain reaction</td>
</tr>
<tr>
<td>SDS PAGE</td>
<td>Sodium dodecyl sulfate polyacrylamide gel electrophoresis</td>
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Chapter 1: Introduction

1.1 Influenza A Virus

Viruses are obligate infectious particles composed of genetic material surrounded by a protein capsid and in some cases a lipid envelope. Influenza viruses can be divided into three genera within the *Orthomyxoviridae* family, each containing a single species: Influenza virus A, B and C. Infection in humans results in a febrile disease characterized by malaise, cough and headache, commonly referred to as the “flu” [1]. While illness resulting from influenza virus infection is usually self-limiting – resolving within a week – some isolates are capable of causing severe illness and even death [2]. Complications resulting from infections can be equally serious, and include pneumonia due to secondary bacterial infections, pulmonary and cardiovascular disease [3, 4]. In addition to humans, influenza viruses also infect a number of vertebrates, including birds, pigs, and other mammals. Infections in domestic livestock have occasionally resulted in the transfer of influenza to humans, and subsequent outbreaks of the disease [5]. Infections in migratory birds pose the greatest threat, and raise concerns of a global influenza pandemic.

Although all three species of influenza virus have the capacity to infect humans, infections with influenza virus type A (IVA) are the most common [6, 7]. In the most recent flu season, the Centers for Disease Control (CDC) reported 86% of 22417 laboratory-confirmed influenza infections were due to IVA, and the remaining 14% to type B influenza virus [8] – type C influenza virus was rarely isolated [9]. Due to its prevalence and body of existing research knowledge, IVA was selected for these studies.

1.1.1 IVA Structure

IVA is an enveloped virus with a genome consisting of eight negative-sense single-stranded RNA (-ssRNA) segments (Figure 1). These genome segments code for eleven proteins, eight of which are packaged into progeny virions [10]. Two of these proteins, hemagglutinin (HA), which mediates entry, and neuraminidase (NA), which facilitates progeny virion release from cells [11, 12], are expressed on the surface of virions as spike glycoproteins and are therefore the antigenic determinants against which humoral immune responses are raised.
Figure 1 – Structure of influenza virus

The surface of the enveloped virion is studded with hemagglutinin (HA) and neuraminidase (NA) envelope glycoproteins. Beneath the host-derived lipid envelope, matrix (MA) proteins surround the ribonucleoprotein core, which contains the negative-sense segmented RNA genome of the virus. These eight segments encode viral polymerase subunits (PB2, PB1, PA), hemagglutinin protein (HA), nucleoprotein (NP), neuraminidase (NA), matrix and M2 proteins (M), and non-structural proteins 1 and 2 (NS).
A third transmembrane protein, ion channel M2, functions during viral entry and budding [13-15]. Beneath the envelope, matrix protein (MA/M1) gives structure to the virion and acts as a bridge between the ribonucleoprotein core and the lipid envelope [16-18]. The ribonucleoprotein core is a complex of the RNA genome as well as nucleoprotein (NP) and viral polymerase proteins, and lies at the center of the virion. NP binds the genome segments and plays essential roles in replication [19, 20], whereas the viral RNA polymerase proteins (PB1, PB2, PA) are responsible for the transcription and replication of the genome [21, 22].

Three additional proteins are expressed during infection but not included in mature virions: non-structural protein 1 (NS1), which functions to evade host immune responses [23-25]; NS2 (also known as nuclear export protein, or NEP), which mediates the nuclear export of viral genomes [26]; and PB1-F2, which induces cell death in the host [27, 28]. Assembled viral particles are pleomorphic, and can be either spherical with a diameter of ~100 nm [29], or filamentous with dimensions of ~100 nm x 20 µm [30]. Although both forms have been noted in the literature for several decades, the significance of this divergence in morphologies is poorly understood at this time; recent work suggests both forms possess a single copy of the viral genome [31] and are comparably infectious [32].

1.1.2 IVA Genetics

IVA comprises several distinct subtypes based on two antigenic determinants on the viral surface, where isolates are designated a number depending on what variant of the protein is present. This nomenclature is then expressed in the form of H(n)N(n), where n represents the variant of each surface antigen (hemagglutinin, H; neuraminidase, N). As of 2013, there are seventeen H and nine N subtypes, yielding over one hundred and fifty theoretical combinations [33]. Genetic alterations in these subtypes has also necessitated the further classification of strains within subtypes to include information such as the location, year and isolate number of the virus [10].

IVA owes this great variability to its genetic nature. Mutation rates in type B viruses are less than half of those in IVA [34], suggesting that IVA’s ability to mutate rapidly is a driving force behind this evolution. Mutations give rise to new strains and subtypes of IVA to which the host immune system is naïve. This strategy effectively subverts immunological memory responses produced by prior infections with other strains and subtypes of the virus [35]. For
this reason, humans can become ill from IVA multiple times; this is also the basis for influenza vaccines being administered annually as opposed to a single time. Pandemics can occur if the human population at large has little or no immunity against new viral strains or subtypes resulting from mutations [36]. Mutations are therefore not only significant for viral evolution, but epidemiology as well.

Mutations can arise from two processes: antigenic drift and antigenic shift [37, 38]. Antigenic drift refers to the gradual change in a gene resulting from small changes, such as point mutations, over time. These small mutations in surface antigens can impair recognition by the host’s immune system by subtly altering the shape of viral antigens. Antigenic shift is a more dramatic process, involving the exchange of genetic information between two different viruses which have co-infected the same cell [39], a phenomenon facilitated by the segmented nature of the influenza genome. Although far less common than antigenic drift, antigenic shift can result in unpredictable combinations of genes to produce a new virus. A recent example of this was seen in the 2009 pandemic H1N1 virus, which contains genes from avian, swine and human influenza viruses [40]. Fortunately however, the strain lacks mutations known to increase pathogenicity, and the swine-origin antigenic determinants share considerable homology to a virus circulating in humans.

1.1.3 IVA Lifecycle

The lifecycle of IVA begins with receptor binding at the surface of target cells (Figure 2). Using the spike glycoprotein HA, virions bind to sialic acid moieties on the host plasma membrane [41]; airway and respiratory tissues are rich in sialic acid, thus explaining why influenza is a respiratory pathogen [42-44]. Receptor binding triggers the uptake of the virion via endocytosis into an endosome [45, 46]. Following entry, the virion-containing early endosome is trafficked towards the nucleus and matures into a late endosome, an event accompanied by acidification of the compartment [47, 48]. At a sufficiently acidic pH (~5-6), HA undergoes an irreversible conformational change to mediate the fusion of the viral envelope and endosomal membrane, thus releasing the ribonucleoprotein core into the host cytoplasm [49]. Once in the cytoplasm, the core dissociates and the newly freed RNA genome is actively imported into the nucleus, where replication to generate progeny genomes and transcription of mRNAs take place [50-52].
Figure 2 – Overview of the IVA lifecycle

Using the envelope glycoprotein HA, incoming IVA virions bind sialic acid receptors on the surface of host cells, triggering endocytosis. Virion-containing endosomes migrate towards the nucleus becoming increasingly acidic. At a sufficiently low pH, a conformational change in HA triggers the fusion of viral and endosomal membranes, thus releasing the genome-containing ribonucleoprotein core into the host cytosol. After being imported into the nucleus, the viral genome begins replication and mRNA synthesis. While inhibiting host protein synthesis, the virus selectively translates viral proteins in the cytoplasm; transmembrane proteins are translated on rough endoplasmic reticulum. Spike glycoproteins are trafficked through the Golgi and to lipid raft domains in the plasma membrane, where they direct the assembly and release of progeny. The accumulation of viral proteins and genomes progressively increases membrane curvature forming a bud-like structure. M2-mediated scission of viral envelopes and host membrane yields virions with all viral components enclosed. After NA cleaves bonds between virion-associated HA and sialic acid on the host membrane, progeny are released into the extracellular medium.
In the nucleus, viral RNA-dependent RNA polymerase initiates the replication of the genome by producing a complementary (+)-sense template in a primer-independent fashion which can then be used in the generation of progeny genomes [53, 54]. Transcription of viral mRNAs begins with the seizure of cellular pre-mRNAs by viral polymerase, which are then catalytically cleaved to liberate their 5’ caps. Host-derived 5’ caps are then used to prime transcription of viral genes, which end in short poly-U stretches that are repeatedly copied by polymerase, yielding a viral mRNA which bears both a 5’ cap and 3’ poly-A tail [55, 56]. During this time, the virus orchestrates a number of mechanisms that ensure the preferential translation of viral mRNAs over cellular mRNAs [57]. By blocking host mRNA export from the nucleus [58, 59], host mRNA translation at both initiation and elongation stages [60], and by producing mRNAs which contain sequences that promote their preferential translation [57, 61, 62], the virus both eliminates host protein synthesis and promotes translation of viral proteins [63].

Protein-coding mRNAs are exported from the nucleus to the cytoplasm where they are translated on free ribosomes, or in the case of transmembrane proteins such as HA and NA, on rough endoplasmic reticulum [64]. Following protein synthesis and folding, HA and NA are transported to the plasma membrane via an exocytic pathway, where they are targeted to cholesterol-rich lipid raft microdomains, where progeny virions are assembled and released [65, 66]. Accumulation of HA at the membrane triggers the nuclear export of progeny genomes [67]. The process of nuclear export seems to rely on at least three different viral proteins: NS2/NEP, MA/M1 and NP [68-72]. Once in the cytoplasm, progeny genomes are trafficked independently of membrane proteins using the host cytoskeleton and Rab11-positive recycling endosomes [73-75].

Once at the site of assembly and release, genome segments are packaged in a specific rather than random manner [31, 76, 77]. Although poorly understood at this time, the process of budding and release is thought to begin with deformation of the host membrane, possibly due to HA-induced membrane curvature [78]. The cytoplasmic tails of HA and NA are thought to interact with M1 [79, 80], which subsequently interacts with progeny genomes [17, 81]. This process results in a budding structure which remains connected to the host plasma membrane. For virions to be released from host cells, membrane scission is required to
separate the two structures, enclosing ribonucleoprotein complexes in a fully formed viral envelope. Unlike other enveloped viruses, IVA does not utilize host machinery for this process [82-84]; instead, the viral M2 protein mediates the membrane scission of progeny [15, 85]. Although no longer sharing the same membrane, newly formed virions remain attached to the host cell via interactions between HA and sialic acid at the plasma membrane. These bonds are cleaved by NA, allowing virions to be released into the extracellular environment for the next infection cycle [12, 86].

1.1.4 Hemagglutinin

The spike glycoprotein hemagglutinin is an essential component in the IVA lifecycle. HA is the most abundant (~80 %) glycoprotein on the surface of virions [37, 87], and was named in 1941 after its ability to aggregate red blood cells [88]. Unknown at the time, this protein would later be recognized as mediating the binding event which initiates viral entry into a host cell [89]. HA interacts with host sialic acid moieties using a small, highly conserved binding pocket at the outermost tip of the protein [90, 91]. Although the binding affinity of this interaction is weak ($K_d \sim 3 \text{ mM}$), the abundance of virion-associated HA greatly increases its collective avidity, resulting in a tight bond between virion and host cell [92-94].

Following endocytosis, HA is again essential for successful infection, but in a manner completely independent of its receptor binding functions. In addition to triggering the endocytosis of viral particles [45, 46], HA facilitates their escape from endosomes resulting from internalization. As virion-containing endosomes are trafficked from the plasma membrane towards the nucleus, their interior becomes increasingly acidic [95]; paradoxically however, this event is not only advantageous to the virus, but required for its successful entry. When endosomes reach an acidic pH of ~5-6, HA undergoes a conformational change exposing a hydrophobic fusion peptide previously sequestered at neutral pH [96-98]. Insertion of this peptide into the endosomal membrane triggers the fusion of the membrane and viral envelope, forming a pore which allows passage of virion contents to the host cytoplasm [99-101]. Chloroquine, which blocks endosomal acidification, effectively inhibits viral replication by preventing conformational changes in HA and subsequent membrane fusion, underscoring the importance of HA in this process [102].
After mRNA synthesis, HA is synthesized on rough endoplasmic reticulum as a ~75 kDa precursor protein which is transported to the plasma membrane through the Golgi apparatus using host vesicular transport systems [73-75, 103], and is intrinsically targeted to cholesterol-rich lipid raft microdomains in the plasma membrane using sequence determinants [65, 104-107]. Interactions with viral transmembrane proteins serve as scaffolding for the assembly of virions; since HA is the most abundant of these proteins, it has considerable influence in the assembly of progeny [108]. HA accumulation at the membrane serves as a signal to export progeny genomes from the nucleus for packaging into virus particles, a process which also involves HA [67, 109]. Although the importance of HA in the process of budding remains controversial [78, 110], if any virions are released in its absence, they will nonetheless remain non-infectious since HA mediates cell entry.

1.2 Cathepsin B

Cathepsins are a group of proteases found in animal cells which catalyze reactions that degrade proteins. Over a dozen members belong to this family, all of which are distinguished by their structure, function and substrate [111]. Cathepsin B (CTSB) is one such member; a lysosomal cysteine protease coded by the CTSB gene, cathepsin B is involved in protein turnover. Over the last two decades however, an increasing body of research has revealed that CTSB plays additional roles in trafficking tumor necrosis factor (TNF)-α containing vesicles [112], NALP3 activation and inflammasome formation [113, 114], and cell death [115]. In light of this, it is perhaps not surprising that CTSB has been implicated in many diseases including arthritis [116], cancer [117] as well as chemotherapy strategies [118, 119], and pancreatitis [120].

1.2.1 Background

CTSB is one of the most abundant lysosomal proteases and is found ubiquitously in eukaryotic cells [121, 122]. It functions as an endopeptidase at neutral pH and an exopeptidase at acidic pH (~5), participating in both early and late stages of endosomal proteolysis [123]. In addition, CTSB has also been found in the cytoplasm [124], at the cell surface [125], and in the nucleus [126]. Apart from degradative roles, CTSB is responsible for the proteolytic cleavage of ricin A [127], soft connective tissue collagen [128], and
trypsinogen [129]. Cytosolic release of CTSB is also implicated in multiple cell death pathways by cleaving pro-apoptotic proteins such as Bid, although other mechanisms have also been reported [124, 130-133].

Given the potentially destructive nature of cathepsins, their enzymatic activities are tightly regulated within cells to prevent inadvertent activity. Multiple defence strategies are utilized, including the compartmentalization of cathepsins in organelles, instability at neutral pH, and endogenous inhibitors [134]. Cystatins are a group of cysteine protease inhibitors which serve to prevent the unwanted activity of proteases like CTSB in the cytoplasm or extracellular space [135]. More recently, synthetic inhibitors have proven invaluable tools in research due to their target specificity; the cell-permeable CTSB-inhibitor CA-074 Me (CaMe) is one such highly specific inhibitor [136-139]. However, it should be noted that CaMe also inhibits cathepsin L under reducing conditions [140].

A number of pathologies can result from inappropriate CTSB activity. There is a well-established link between elevated CTSB activity and the metastasis of cancers due to proteolytic degradation of the extracellular matrix and activation of other cascades [141-144]. Similar mechanisms may be the cause of CTSB-mediated joint destruction in the pathology of rheumatoid arthritis [145-148]. On the other hand, impaired CTSB function has been linked to Alzheimer’s disease, where CTSB performs a protective role by reducing plaque formation through proteolytic activity [149]. CTSB inhibition has also been shown to impair the lysosomal degradation of lipids, the abnormal accumulation of which can result in atherosclerosis [150].

1.2.2 The role of Cathepsin B in viral lifecycles

Since viruses have a limited coding capacity – some restricted to less than a dozen genes – they are highly economical by nature. As a result, viruses frequently evolve proteins which fulfill multiple functions, or develop clever strategies to use host resources. As such, several viruses have found a use for host CTSB in lieu of a virally-encoded factor, though the capacity in which CTSB is utilized in their lifecycles may differ between viruses.

CTSB has been shown to be an essential host factor in the lifecycle of Ebola virus [151]; inhibition of CTSB reduced infection by >90%. Similar to IVA, Ebola virus gains access to
cells via endosomes and requires fusion of the viral envelope and the endosomal membrane in order to escape from the endosome into host cytoplasm [152]. To do so, the virus utilizes CTSB to catalytically activate its membrane glycoprotein [153, 154]. Thus, although not required for viral replication [155], CTSB is essential in the process of viral entry. Nipah virus [156], Moloney murine leukemia virus [138], and feline coronavirus [157] use CTSB in a similar fashion.

Unenveloped reovirus does not require CTSB to activate fusion proteins, but instead for the proteolytic disassembly of the viral capsid while in host endosomes [136]. Adeno-associated virus types 2 and 8 use CTSB to cleave capsid proteins, thereby priming rapid disassembly in the nucleus [158]. The catalytic activity of CTSB is also involved in the optimal replication of Herpes simplex virus type I DNA [159]. Additionally, CTSB is required for the proper release of HIV virions from macrophages; when inhibited, virions are retained in intracellular multivesicular bodies and/or endosomes [137]. This study also showed that a CTSB deficiency inhibited the propagation of IVA but not enterovirus, as evidenced by immunofluorescence microscopy using pan-specific antibodies recognizing the respective viruses. Interestingly, it has recently been reported that CTSB is elevated in the plasma and monocytes of HIV-positive individuals, and may be associated with HIV-associated neurocognitive disorders [160].

1.2.3 Potential involvement of Cathepsin B in lipid homeostasis

Although not fully understood at this time, several lines of evidence suggest that CTSB and other members of the cathepsin family play roles in lipid metabolism [161, 162]. This is perhaps best substantiated by the observation that lipids accumulate within cells lacking cathepsins such as CTSB as a result of impaired lipid metabolism [163]. Not surprisingly, this intracellular accumulation of lipids has implicated CTSB in the pathology of atherosclerosis, a condition characterized by the progressive thickening of arterial walls due to the accumulation of fatty deposits.

Interestingly, cathepsin D has been shown to be involved in the transport of endocytosed cholesterol from intracellular compartments to the plasma membrane [164, 165]. Inhibition of CTSD reduces the transcription of the cholesterol transporter ABCA1, thereby reducing
cholesterol transport by 70%. This results in the accumulation of lipids within endosomes, closely resembling the phenotype of the lysosomal storage disorder Niemann-Pick disease type C (NPC); NPC is a consequence of mutations to the \textit{NPC1} gene, which codes for a cholesterol transporter [165-169]. Thus, it is possible that the documented observations of CTSB-dependent lipid accumulation might function through similar means by altering the expression of cholesterol transporters.

1.3 Rationale, hypothesis and objectives

CTSB is a lysosomal protease involved in the lifecycles of some viruses. Recent work from our lab showed that CTSB is required for HIV-1 virus-like particle release, and possibly the propagation of herpes simplex virus 1 (HSV-1) and IVA [137]. Based on these observations, I hypothesize that CTSB is required for the optimal replication and/or release of influenza virions. Given the various roles of CTSB in the lifecycles of other viruses, it was pertinent to address this hypothesis by assessing whether a CTSB-deficiency – either genetic or pharmacological – had any effect on different stages in the IVA lifecycle. By examining viral entry, replication, HA protein production, trafficking of HA to the plasma membrane, and release of viral particles in CTSB-deficient cells or cells treated with the CTSB inhibitor CaMe, I attempted to elucidate which of these processes, if any, relied on CTSB.
Chapter 2: Methods

2.1 Reagents

The synthetic CTSB inhibitor [L-3-trans-(Propylcarbamoyl)oxirane-2-carbonyl]-L-isoleucyl-L-proline Methyl Ester (CA-074 Me; CaMe) was purchased from Peptide Institute Inc. (Osaka, Japan). Actinomycin D (ActD; A9415) and LysoTracker Red (L-7528) were purchased from Sigma (Oakville, Canada). Influenza A H1N1/Puerto Rico/8/34 (PR8) was obtained from Dr. Mansour Haeryfar (London, Canada).

Primary antibodies used included anti-β Actin (rabbit; Rockland #600-401-886) and anti-HA (mouse; sterile culture supernatant of monoclonal hybridoma H28-E23; a kind gift from Dr. Mansour Haeryfar; London, Canada). Secondary antibodies used included goat anti-rabbit IgG IRDye 800 (Li-Cor #926-32211; Lincon, United States), goat anti-mouse IgG IRDye 800 (Li-Cor #926-32210; Lincon, United States), and fluorescein-conjugated F(ab’)2 fragment goat anti-mouse IgG (Jackson ImmunoResearch #115-096-146; West Grove, United States).

2.2 Cell Culture

Human lung adenocarcinoma (A549) cells were grown in DMEM supplemented with 10% heat-inactivated fetal bovine serum (FBS; VWR; Mississauga, Canada), 1 mM MEM non-essential amino acid solution, 100 U/mL penicillin G, 100 µg/mL streptomycin and 1 mM sodium pyruvate (Sigma; Oakville, Canada).

Bone marrow-derived immortalized macrophages (BMDIM) from C57 BL/6 mice were prepared from wildtype (Wt) or CTSB−/− (KO) backgrounds as described previously [112, 170]. C57 cells were grown in RPMI 1640 supplemented with 10% heat-inactivated fetal bovine serum (FBS; Sigma; Oakville, Canada), 1 mM MEM non-essential amino acid solution, 100 U/mL penicillin G, 100 µg/mL streptomycin and 1 mM sodium pyruvate.

All cells were grown at 37°C in a humidified atmosphere containing 5% CO₂.
2.3 Viral Infections

One million cells were placed in 15 mL conical tubes and infected with PR8 at an MOI of 1, 5 or 10 (depending on the experiment) for one hour in 1 mL of PBS rotating at 37°C. Conditions with CaMe or ActD received the drug at the time of infection. After one hour adsorption, 5 mL of complete culture medium was added to the cells (with drug, if applicable) and incubation continued for a further 5 hours while rotating at 37°C.

2.4 Western Blot

Samples were lysed on ice for 20 minutes in cold lysis buffer (50 mM tris-HCl [pH=7.4], 150 mM NaCl, 1 mM EDTA, 1% Triton X-100, 0.1% SDS with protease inhibitor cocktail [Roche; Mississauga, Canada]) and run on 10% SDS gels at a voltage of 110V for 1.5 hours. Following this, the gel was semi-dry transferred onto PVDF (Pall Life Sciences #BSP0161; Mississauga, Canada) for 1.5 hours at 18V. Membranes were blocked in 5% (w/v) skim milk in tris-buffered saline (TBS; 50 mM tris-HCl, 150 mM NaCl, pH 7.5) containing 0.08% Tween 20 (TTBS) for one hour and probed with primary antibodies at a 1:1000 dilution in TTBS overnight at room temperature. The following day, blots were washed in TTBS and incubated with secondary antibodies at a dilution of 1:10000 in TTBS for one hour. Blots were imaged using the Li-Cor Odyssey system (Guelph, Canada).

Densitometric analysis on Western blots was performed using the densitometry feature in ImageJ (NIH; Bethesda, United States). Lanes were analyzed and the resulting histograms were used to measure band density by measuring the area under each peak with any background subtracted. Densities of target immunoreactivities were then normalized to a loading control (β-actin) for data analysis.

2.5 RT-qPCR

Briefly, RNA was extracted from cells using TriZol (Invitrogen; Burlington, Canada) and 0.5 µg was reverse transcribed with M-MuLV (New England Biolabs; Whitby, Canada) following manufacturer’s protocols using two viral gene-specific primers to yield template cDNA (see below). One µL of this sample was amplified with SYBR Green PCR Master Mix (Invitrogen; Burlington, Canada) and quantified using a Rotor-Gene RG3000 (Corbett
Life Science; Kirkland, Canada) with the following cycling conditions: 94°C for 2 min; 94°C for 15 sec, 54°C for 30 sec, and 72°C for 30 sec with 30 cycles. Target amplicons for the two genes were PCR-amplified and a standard curve of each was generated by making a series of ten-fold dilutions (Figure 3). Known concentrations of amplicon were used to calculate copy number, and the resulting equations were used to determine the copy numbers of unknown samples based on Ct values as described previously [171, 172].

HA primers were generated from a sequence specific to the PR8 strain of influenza (GenBank: CY009447.1) using Primer3.

HA Fwd/RT primer: 5’-TGCTTCAAAACAGCCAAGTG-3’

HA Rev primer: 5’-GCCCAGTACCTGCTTCTCAG-3’

MA primers were generated from a sequence reported in literature to be highly conserved among viral subtypes [173].

Matrix Fwd/RT primer: 5’-CTTCTAACCGAGGTCGAAACG-3’

Matrix Rev primer: 5’- GCATTTTGACAAAGCGTCT-3’

2.6 Fractionation

Crude and purified lysosome/endosome fractions were obtained using a lysosome isolation kit (Sigma; Oakville, Canada). Briefly, 3 x 10^7 C57 cells were lysed using a Dounce homogenizer as directed. Nuclei and debris were pelleted by centrifugation for 10 min at 1000 g, and organelles (mitochondria, lysosomes, peroxisomes, endoplasmic reticulum, late endosomes) were isolated from the resulting supernatant by centrifugation for 20 min at 20000 g to yield the crude fraction. A proportion of this fraction was further purified by adding 8 mM calcium chloride and centrifuging for 15 min at 5000 g to yield a purified fraction of late endosomes/lysosomes. These fractions were then assayed for their cholesterol and protein contents as described below.
2.7 Cholesterol Assay

Lipids were extracted from lysed cells from Section 2.6 using the Folch method [174, 175]. Briefly, cell lysates were added to a 2:1 chloroform-methanol solution and lipids were extracted by vacuum drying the organic phase. Cholesterol content was assayed using the Amplex Red Cholesterol Assay Kit (Invitrogen #A12216; Burlington, Canada) following manufacturer’s instructions.

2.8 Protein Assay

Protein assays were done in tandem with cholesterol assays using a fraction of cell lysates prepared for the cholesterol assay (above). Protein concentration was determined using Bradford reagent (BioRad; #500-0006; Mississauga, Canada) following manufacturer’s directions of the Bradford technique [176]. A BSA reference curve was generated with each replicate to give a standard curve of protein concentrations that was used to determine the concentration of samples.

2.9 Immunofluorescence Microscopy

Fifty thousand A549 cells suspended in 50 µL of PBS were seeded onto coverslips and allowed to attach (~1 hour). Cells were then infected with PR8 at a high MOI (5 or ~10) by directly pipetting virus onto coverslips; any inhibitors indicated were added at this time. After a one hour adsorption period, 2 mL of warm media (with inhibitors, if applicable) was added to 6-wells containing coverslips and incubation was allowed to continue for an additional 4.5 hours. At this point, LysoTracker Red was added to a final concentration of 200 nM and coverslips were allowed to incubate for 30 min. After the six hour infection period was complete, coverslips were washed in PBS and fixed in 4% formaldehyde for 17 min. For conditions requiring permeabilization, cells were treated with 0.25% Triton X-100 for 10 min. After two washes in PBS, coverslips were blocked in PBS + 1% BSA + 0.05% Tween 20 for one hour and then incubated in anti-HA primary antibody at a 1:10 dilution overnight at 4°C. The following day, slides were washed in PBS and incubated in secondary (anti-mouse FITC) at a 1:100 dilution for two hours. Slides were then washed once more and incubated in Hoechst 33342 for 3 min at a 1:4000 dilution, rinsed, mounted, and viewed.
using a Bio-Rad Radiance 2000 fluorescence microscope or a Zeiss LSM 510 confocal fluorescence microscope. Images were acquired using QCapture Pro 6.0 (QImaging; Surrey, Canada) or Zen 2008 (Zeiss; Toronto, Canada) for the Bio-Rad Radiance 2000 and Zeiss LSM 510, respectively. Colocalization was assessed using the JACoP plugin for ImageJ [177].

2.10 Hemagglutination Assay

Hemagglutination assays were performed as described previously [178]. Briefly, 1 x 10^6 A549 cells were infected at an MOI of 1 in the presence or absence of CaMe (150 or 500 µM) in a total volume of 1 mL PBS. After one hour adsorption, PBS and virus were aspirated, and cells were washed twice in PBS. Two mL of fresh serum-free DMEM with 2.5 µg/mL trypsin was added, along with CaMe if applicable, and incubation continued for an additional 23 h. Twenty four hours post-infection, supernatant was collected and centrifuged to pellet debris. Fifty µL from each condition was added to 50 µL of PBS in triplicate and serially diluted two-fold. A PBS-only control and a positive control using the stock virus were run with each replicate. Fifty µL of a 0.5% adult chicken erythrocyte (Charles River Laboratories; Wilmington, United States) solution in PBS was added to each well and gently mixed. After incubating 30 min at room temperature, wells were scored as either positive or negative, and the titre reported as the reciprocal of the highest dilution which yielded agglutination.

2.11 MTT Assay

Seventy five thousand cells in triplicate 96-wells were treated in the presence or absence of drug for six hours at 37°C to reproduce conditions during infection. After treatment, MTT was added to a final concentration of 0.5 mg/mL and incubation continued for an additional 2 hours. When incubation was complete, culture medium was aspirated and 100 µL of DMSO was added to solubilize cells and dye. After a 10 min incubation, absorbance was read at 570 nm using a plate reader, and the values of blank wells were averaged and subtracted from samples. Untreated conditions served as positive controls from which viability was calculated.
2.12 Statistical Analysis

Statistical analysis was performed using GraphPad Prism 4 (GraphPad Software; San Diego, United States). Results were considered statistically significant if $p \leq 0.05$ for either t-test or one-way ANOVA followed by a Tukey’s post hoc test, as stated in the figure legend. Data are presented as means ± SEM, where error bars denote biological variations between experiments. Colocalization was assessed using the JACoP plugin for ImageJ to determine Pearson’s coefficients to numerically define the degree of overlap between red and green channels.
Chapter 3: Results

3.1 The role of CTSB in influenza A virus entry and replication

Recent work in our lab identified CTSB as a requirement for HIV release and the propagation of IVA [137]. Additionally, CTSB has been shown to be indispensable in the lifecycles of other viruses [136, 138, 151, 153, 154, 156-158]. The majority of these viruses require the catalytic activity of CTSB to activate proteins used for entry into the cell or escape from endocytic compartments post-internalization. To assess the role of CTSB on the entry and replication of IVA, cells with and without functional CTSB were infected in the presence or absence of an IVA replication inhibitor (Actinomycin D; ActD), which facilitates discrimination between virions from the inoculum and those produced via replication. For this purpose, two cell lines were selected: CTSB\(^{+/+}\) (Wt) and CTSB\(^{-/-}\) (KO) C57 BMDIM, as well as A549 human lung adenocarcinoma cells with and without the CTSB inhibitor CA-074 Me (CaMe). Total RNA was harvested from infected cell lysates and the extent of viral entry and replication was determined by measuring the concentration of viral genes using RT-qPCR.

IVA genes are packaged in equal quantities, with a single copy of each per virion [179, 180]. Therefore, since copy numbers between genes are expected to be similar, two viral genes were quantified for each sample to enhance the validity of these measurements: a region of the hemagglutinin (HA) gene specific to the PR8 strain of IVA, and a region in the matrix (MA) gene reported to be highly conserved among IVA subtypes [173].

To convert Ct values obtained from RT-qPCR into copy numbers for each gene, a reference containing known concentrations of each amplicon was generated. Amplicons for each gene were PCR amplified from infected cells using respective primers. Gel-purified amplicons were then quantitated using spectrophotometry, serially diluted ten-fold, and subjected to qPCR as described in Section 2.5. Ct values were plotted against the concentration of each dilution and the equation generated from a trendline was used to calculate the concentration of unknown samples on the basis of Ct values (Figure 3). Using the known size of each amplicon, the concentration could then be converted into the copy number of that gene.
Figure 3 – Standard curves of qPCR Ct values for known concentrations of amplicon.

Gel-purified PCR amplicons generated from HA and MA primer pairs (top) were quantified and serially diluted ten-fold. The dilution series was then subjected to qPCR as described in “Methods” to obtain Ct values corresponding to the amplicon concentration (bottom). The concentration and subsequently the copy number of each viral gene was calculated using the equations generated by the standard curves. Both primer pairs had efficiencies greater than 99%.
$y = -1.5589 \ln(x) + 3.929$

$R^2 = 0.9936$

$y = -1.5326 \ln(x) + 4.3194$

$R^2 = 0.9958$

$y = -1.5589 \ln(x) + 3.929$

$R^2 = 0.9936$
3.1.1 CTSB is not required for influenza virus entry and replication in BMDIM cells

Since genetic knockouts are considered the gold standard for assessing the function of a gene, initial experiments employed the use of a murine CTSB knockout cell line previously generated in the lab [137].

As shown in Figure 4, copy numbers of HA and MA were not significantly different between Wt and KO cells in the presence or absence of ActD. ActD treatment showed no significant differences in viability between Wt and KO cells (Figure 5A). As expected, copy numbers of HA and MA genes closely resembled each other, with the exception of untreated KO cells.

3.1.2 CTSB is not required for influenza virus entry and replication in A549 cells

In addition to using a knockout cell line, these findings were then assessed using a more physiologically relevant cell type: A549 human lung adenocarcinoma cells. A549 cells more closely approximate the respiratory epithelium which is infected in vivo, and as such are commonly used in influenza research [181-186]. Since a knockout in this cell line was unavailable, CTSB was pharmacologically inhibited using the cell-permeable drug CaMe [136-139].

As shown in Figure 6, there were no significant differences in HA or MA copy numbers between untreated cells (0 µM) and cells treated with different concentrations of CaMe, both in the presence and absence of ActD. ActD treatment showed no significant difference in cell viability (Figure 5B). As expected, copy numbers of HA and MA closely resembled each other for all samples.

3.2 The role of CTSB in viral HA protein production

Since CTSB was involved in neither viral entry nor replication, the next stage in the viral lifecycle, protein synthesis, was examined. To this end, cell lysates of IVA-infected C57 Wt and KO cells, as well as A549 cells in the presence or absence of CaMe, were subjected to Western blotting for viral HA protein. Densitometric analysis of the immunoreactive bands was performed and the intensities were normalized to those of β-actin.
Figure 4 – Viral entry and replication are not significantly different between wildtype and CTSB−/− cells.

BMDIM from C57BL/6j mice either with (Wt) or lacking (KO) a functional CTSB gene were infected with influenza A virus strain PR8 for six hours at an MOI of 1 in the presence or absence of actinomycin D (ActD; 5 µg/mL), a transcription inhibitor. Following infection, cells were harvested and extracted RNA was used as a template for qPCR reactions using virus-specific primers for hemagglutinin (HA; PR8-specific) and matrix protein (MA; pan-specific). ActD is a potent inhibitor of influenza virus replication, and therefore this treatment allows for the detection of incoming viral RNA while excluding that generated during infection. A standard curve of purified template was used to generate copy numbers for each gene (Figure 3); since viral genes are packaged at a 1:1 ratio, copy numbers of HA and MA are directly correlated, and are indicative of the number of viral particles present. (A&B) There were no significant differences (p > 0.05; one-way ANOVA) in copy number between Wt and KO cells in viral endocytosis (ActD+) or viral replication (ActD-) for either the HA (A) or MA (B) gene (n≥3). Data are expressed as means ± SEM from at least three independent experiments. Columns accompanied by the same letter are not significantly different from each other by Tukey’s post hoc test.
Figure 5 – Toxicity of ActD in C57 and A549 cells.

Wt and KO C57 cells (A) and A549 cells (B) were treated in the presence or absence of 5 μg/mL ActD for six hours, emulating the conditions used in this study. After incubation, an MTT assay was performed and the cell death measured. (A&B) No significant differences in cell death were detected between Wt and KO cells, nor between treated and untreated A549 cells (p > 0.05; t-test; n=3). Data are expressed as means ± SEM. N.S. = not significant.
A549 lung adenocarcinoma cells treated with different concentrations of the CTSB inhibitor CaMe were infected with influenza A virus strain PR8 for six hours at an MOI of 1 in the presence or absence of actinomycin D (ActD; 5 µg/mL), a transcription inhibitor. Following infection, cells were harvested and extracted RNA was used as a template for qPCR reactions using virus-specific primers for hemagglutinin (HA; PR8-specific) and matrix protein (MA; pan-specific). Actinomycin D is a potent inhibitor of influenza virus replication, and therefore this treatment allows for the detection of incoming viral RNA while excluding that generated during infection. A standard curve of purified template was used to generate copy numbers for each gene (Figure 3); since viral genes are packaged at a 1:1 ratio, copy numbers of HA and MA are directly correlated, and are indicative of the number of viral particles present. (A&B) There were no significant differences (p > 0.05; one-way ANOVA) in copy number between untreated A549 cells and any of the tested concentrations of CaMe for either the HA (A) or the MA (B) gene in the presence or absence of ActD (n≥3). Data are expressed as means ± SEM from at least three independent experiments. Columns accompanied by the same letter are not significantly different from each other by Tukey’s post hoc test.
3.2.1 A deficiency in CTSB reduces viral HA protein production in BMDIM cells

Since there were no significant differences in viral entry or replication, I next investigated whether protein production was defective. As shown in Figure 7, the amount of viral HA protein detected in the lysates of infected KO cells was significantly reduced relative to Wt cells. Similar results were also obtained using primary cells from mice of the same genotypes used to generate the cell lines (Figure 8).

3.2.2 A deficiency in CTSB reduces viral HA protein production in A549 cells

Viral HA protein production was also assessed in A549 cells treated with different concentrations of CaMe. Similar to findings obtained in the KO cell line, 150 µM CaMe treatment significantly reduced HA protein levels compared to untreated cells (Figure 9B). A vehicle control showed no differences in HA protein compared to untreated cells (Figure 10). CaMe treated cells showed no significant differences in viability compared with untreated controls (Figure 11).

3.3 Pharmacological inhibition of CTSB reduces surface expression of HA protein on infected cells

After synthesis, HA is trafficked to the host plasma membrane via the Golgi network where it is embedded on the cell surface [87]. Since CTSB inhibition or deficiency reduced HA protein levels in infected cells, it was important to investigate whether transport of HA to the cell surface was impacted. To this end, A549 cells were infected in the presence or absence of either CaMe or ActD, stained for viral HA and examined by either immunofluorescence (Figure 12A) or confocal microscopy (Figure 12B-D).

As shown in Figure 12A, infection of untreated cells yielded a diffuse staining pattern for HA (green) across the cell. Treatment with 5 µg/mL ActD abolished this staining, and instead only sparse puncta were visible. Similarly, cells infected in the presence of 150 µM CaMe showed puncta upon staining as well.
**Figure 7 – CTSB⁻/⁻ cells produce significantly less viral HA protein.**

BMDIM from C57BL/6j mice either with (Wt) or lacking (KO) a functional CTSB gene were infected with influenza A virus strain PR8 for six hours at an MOI of 1. Following infection, cells were harvested, lysed and subjected to Western blotting for the influenza HA protein, and the resulting blots were used for densitometric analysis to express the density of HA normalized to actin. *(A)* A representative Western blot for HA protein in cell lysates. *(B)* Infected KO cells had significantly less (p = 0.05; t-test) HA protein compared to Wt cells (n=3). Data are expressed as means ± SEM from three independent experiments.
Figure 8 – Primary CTSB<sup>−/−</sup> cells produce less viral HA protein compared with Wt.

Monocyte-derived macrophages from the bone marrow of C57 mice either with (Wt) or lacking (KO) a functional CTSB gene were infected with influenza A virus strain PR8 (+) for six hours at an MOI of 1. Uninfected controls (-) from both the 6 h and 0 h time points were also collected for each cell type. Following infection, cells were harvested, lysed and subjected to Western blotting for the influenza HA protein. KO cells showed less HA protein compared to Wt (n=2).
**Figure 9** – A549 cells treated with 150 μM CaMe produce significantly less viral HA protein.

A549 lung adenocarcinoma cells treated with different concentrations of the CTSB inhibitor CaMe were infected with influenza A virus strain PR8 for six hours at an MOI of 1. Following infection, cells were harvested, lysed and subjected to Western blotting for the influenza HA protein, and the resulting blots were used for densitometric analysis to express the density of HA normalized to actin. (A) A representative Western blot for HA protein in cell lysates. (B) A549 cells treated with 150 μM CaMe showed significantly less (p < 0.05; one-way ANOVA) HA protein compared to untreated controls (n=4). Data are expressed as means ± SEM from four independent experiments. Columns accompanied by the same letter are not significantly different from each other by Tukey’s post hoc test.
Figure 10 – Vehicle control for CaMe treatment of A549 cells.

A549 cells were infected with PR8 (+) at an MOI of 1 in the presence or absence of DMSO equivalent to 150 μM CaMe treatment as described in Methods. An uninfected control (-) received PBS instead of virus. After six hours, cells were washed and lysates were probed for viral HA protein contents and β-actin by Western blotting.
(-)  (+)  DMSO

IB: HA
IB: Actin
**Figure 11 – Toxicity of CaMe in A549 cells.**

A549 cells were treated in the presence or absence of CaMe at the concentrations used in this study for six hours. After incubation, an MTT assay was performed and the cell death measured. No significant cell death was detected for any treatments (p > 0.05; one-way ANOVA; n=3). Data are expressed as means ± SEM. Columns accompanied by the same letter are not significantly different from each other by Tukey’s post hoc test.
Figure 12 – Inhibition of CTSB in A549 cells with 150 µM CaMe reduces surface expression of HA protein.

Coverslips with adherent A549 cells were infected for six hours at a high MOI (>10) in the presence of PBS (A top left, B), CaMe (150 µM; A top right, C), ActD (5 µg/mL; A bottom left, D) or CaMe and ActD (A lower right). At 5.5 h, LysoTracker Red was added to a final concentration of 200 nM and allowed to incubate for 30 min. At 6 h, coverslips were removed from virus-containing medium, fixed in 4% formaldehyde, and blocked in PBS + 1% BSA + 0.05% Tween 20 for 1 h. Coverslips were then incubated in anti-HA primary antibody at a 1:10 dilution overnight at 4°C. The following day, slides were washed in PBS and incubated in secondary (anti-mouse FITC) at a 1:100 dilution for 2 h. Slides were then washed once more and incubated in Hoechst 33342 for 3 min at a 1:4000 dilution, rinsed, mounted, and viewed using a Bio-Rad Radiance 2000 fluorescence microscope (A) or a Zeiss LSM 510 confocal fluorescence microscope (B-D). Images shown are representative cells from respective treatments from three independent experiments. (A) Untreated cells showed diffuse staining for HA (green) across the cell surface. Cells treated with either CaMe or ActD showed no such staining, and instead showed puncta on the surface of the cell. (B) Untreated cells showed diffuse staining for HA (green) across the cell membrane. (C&D) Cells treated with either CaMe (C) or ActD (D) showed no such staining, and instead showed puncta on the cell periphery.
To better examine the location of these puncta on non-permeabilized cells and to further characterize their nature, confocal microscopy was employed to visualize single focal planes of specimens. As shown in Figure 12B-D, staining for HA (green) was abundant at the membranes of most untreated cells. However, cells treated with either CaMe or ActD did not show staining around the periphery of the cell, and instead showed puncta at the cell surface.

3.4 Pharmacological inhibition of CTSB reduces intracellular HA protein in infected cells

Since surface presentation of HA was impaired upon CTSB inhibition, I next investigated the localization of HA within infected cells. The observed lack of HA protein at the cell surface may have been due to problems with protein trafficking. Since CTSB has been shown to have a role in trafficking functions [112, 187], it is plausible that its inhibition may disrupt membrane transport of HA, subsequently targeting cargo for destruction in lysosomes [188-190]. To this end, A549 cells were infected as in Section 3.3, permeabilized, and subsequently stained for both HA (green) and acidified endosomes/lysosomes with the dye LysoTracker (red).

As shown in Figure 13, CaMe-treated cells showed significantly less intracellular staining for HA when compared to untreated cells; ActD-treated cells showed no intracellular staining. Furthermore, there was no apparent colocalization between HA protein and acidified endosomes in any of the conditions (Pearson’s coefficients = 0.057, 0.082 and 0.003 for untreated, CaMe-treated and ActD-treated cells, respectively).

3.5 Cholesterol does not accumulate in a CTSB-dependent manner

A growing body of evidence suggests CTSB and other cathepsins are involved in lipid metabolism [161, 162]; recent work has implicated cathepsin D in cholesterol transport from endocytic compartments to the plasma membrane [164, 165]. In the absence of certain cathepsins, including CTSB, lipid metabolism is attenuated, resulting in lipid accumulation in endosomes and/or lysosomes [163]. Many aspects of the influenza lifecycle require a carefully balanced quantity of cholesterol, including entry into host cells [191], progeny
Figure 13 – Inhibition of CTSB in A549 cells with 150 µM CaMe reduces intracellular expression of HA protein.

Coverslips with adherent A549 cells were infected for six hours at a high MOI (5) in the presence of PBS (A), CaMe (150 µM; B), or ActD (5 µg/mL; C). At 5.5 h, LysoTracker Red was added to a final concentration of 200 nM and allowed to incubate for 30 min. At 6 h, coverslips were removed from virus-containing medium and fixed in 4% formaldehyde, permeabilized in 0.25% Triton X-100 for 10 min, and blocked in PBS + 1% BSA + 0.05% Tween 20 for 1 h. Coverslips were then incubated in anti-HA primary antibody at a 1:10 dilution overnight at 4°C. The following day, slides were washed in PBS and incubated in secondary (anti-mouse FITC) at a 1:100 dilution for 2 h. Slides were then washed once more and incubated in Hoechst 33342 for 3 min at a 1:4000 dilution, rinsed, mounted, and viewed using a Zeiss LSM 510 confocal fluorescence microscope. Images shown are representative cells from respective treatments from three independent experiments, and adjacent images from different z-stack layers (depths). (A) Untreated cells showed an abundance of HA (green) as puncta throughout the cell, in the vicinity of acidified endosomes in the cytoplasm (LysoTracker; red). (B) Cells treated with CaMe show less puncta inside infected cells. (C) ActD-treated cells showed no intracellular puncta, as expected. (D) When the number of puncta per cell in at least three random fields of view were quantified, CaMe-treated cells had significantly fewer puncta per cell relative to untreated cells (p > 0.05; one-way ANOVA; n=3). Data are expressed as means ± SEM. Columns accompanied by the same letter are not significantly different from each other by Tukey’s post hoc test.
virion assembly and budding [66, 85, 104, 192], the virulence of progeny virus particles [193, 194], and membrane transport of HA [106, 195], neuraminidase [80] and nucleoprotein [196]. Disruptions at any of these stages could result in a marked decrease in viral proliferation. Given the possibility that CTSB is involved in maintaining lipid homeostasis within the cell, it was pertinent to assess whether cholesterol accumulation occurs in its absence, and subsequently whether this was the mechanism responsible for the decreased viral proliferation observed in these cells.

To assess whether a CTSB-deficiency was resulting in the accumulation of cholesterol within endosomes, C57 Wt and KO cells were subjected to sub-cellular fractionation to yield two collections of intracellular components: a crude fraction containing mitochondria, lysosomes, peroxisomes, endoplasmic reticulum and late endosomes; and a purified fraction containing late endosomes and lysosomes. Samples were then assessed for their cholesterol content using the Amplex Red cholesterol assay kit, and values were normalized to those obtained from a Bradford protein assay.

As shown in Figure 14, normalized cholesterol concentrations were not significantly different between Wt and KO cells for either crude organelle or purified endosome/lysosome preparations.
Figure 14 – Endosomal cholesterol accumulation is not responsible for CTSS-dependent influenza A virus restriction.

Wt and KO cells were mechanically homogenized and subjected to differential centrifugation at a low speed (1000 g) to pellet nuclei and cell debris followed by a high speed (20000 g) to pellet organelles (mitochondria, lysosomes, peroxisomes, endoplasmic reticulum, late endosomes; A). Half of this preparation was then further purified by calcium ion precipitation to yield a fraction containing lysosomes and late endosomes (B). Both fractions were then assayed for cholesterol and protein concentration, and cholesterol concentration was normalized to protein content. (A&B) When compared to Wt, KO cells showed no significant difference (p > 0.05; paired t-test) in the normalized cholesterol concentrations in either organelle (A) or endosomal (B) fractions (n=3). Data are expressed as means ± SEM. N.S. = not significant.
Chapter 4: Discussion

4.1 CTSB is not required for influenza A virus entry or replication

Recent work in our lab identified CTSB as a requirement for HIV release and the propagation of IVA [137]. Cells infected with IVA in the presence of CaMe showed a significant reduction in immunofluorescence compared to untreated cells when stained with pan-specific antibodies against the virus. Work by others indicates CTSB is a requirement in the lifecycles of adeno-associated virus [158], Ebola virus [151, 153, 154], reovirus [136], Nipah virus [156], coronavirus [157], and Moloney murine leukemia virus [138]. In most cases, the role of CTSB is to proteolytically activate viral proteins which facilitate escape into the cytoplasm following endocytosis. Given that CTSB is found mainly in endosomes and IVA uses endosomes to enter host cells, I investigated the role of CTSB in the early stages of the viral lifecycle. Inability of virions to be endocytosed or escape from endosomes could explain the reduction in viral propagation observed previously [137]. To this end, viral load was measured by RT-qPCR in infected cells in the presence or absence of an IVA replication inhibitor, actinomycin D (ActD).

ActD is a transcriptional inhibitor that has been used extensively in influenza research [197-202]. At an appropriate concentration, the drug effectively blocks influenza virus replication (Appendix 1) by preventing nuclear import of the viral genome [198]. Therefore, cells treated with ActD contain only the genetic material and viral proteins endocytosed from the original inoculum, affording an accurate means of assessing viral endocytosis in the absence of replication. RT-qPCR has proven to be a useful tool in quantifying influenza particles [171-173, 203-205]. This is due in part to its sensitivity and the genetic nature of the virus, which packages one copy of each viral gene per virion [179, 180]. Thus, calculations of copy number accurately reflect the absolute number of virions present.

When copy numbers of HA and MA were quantified for infected BMDIM, there were no significant differences between Wt and KO in the copy number of either HA or MA in either the presence or absence of ActD (Figure 4). This data indicates that both Wt and KO cells have similar amounts of viral genetic material after entry (ActD+) and during the early stages
of replication (ActD-), suggesting that virion entry into these cells and subsequent replication does not require CTSB.

An identical experiment was performed using the more physiologically relevant A549 lung epithelial cell line and the CTSB inhibitor CaMe at three different concentrations. Similar to findings in the C57 cell line, there were no significant differences in the copy numbers of HA or MA between untreated A549 cells and any of the doses of CaMe both in the presence or absence of ActD (Figure 6).

As expected, cells treated with ActD show a reduction in the copy number of both genes quantified compared to untreated cells, reflecting the drug’s ability to inhibit virus replication (Appendix 1). However, one notable difference between the two cell lines used is the titres both achieve. Titres for infected A549 cells in the presence of ActD approach, but never reach $10^5$ copies, reflecting approximately 10% of the total number of virus particles used to infect the cells ($10^6$ for an MOI of 1). Surprisingly, BMDIM under the same conditions routinely reach titres of $\sim 2 \times 10^7$ copies, approximately twenty-fold more copies than the inoculum contained. This inconsistency can likely be attributed to the fact that C57 cells are macrophages, and as such will phagocytose pathogens such as influenza virions. When the stock viral inoculum was titred using the above method, it was found that there were approximately $5 \times 10^5$ copies of HA and $4 \times 10^5$ copies of MA for every titred virion (Appendix 2). Thus, with approximately $4.0 - 5.0 \times 10^{11}$ copies per gene present at an MOI of 1, it is conceivable that a macrophage could engulf $\sim 2.0 \times 10^7$ copies. As a result, values for viral entry in BMDIM are likely to be overestimates compared with A549 cells, which are epithelial cells and not phagocytes, and therefore require functional, infectious virions to deliver viral genes to the cell.

The presence of such a large amount of genetic material in the inoculum can be explained by the propensity of influenza virus to generate defective particles in culture [206-208]. The observation of incomplete and non-infectious influenza particles is not a new phenomenon; first documented in the 1950s, it has now become apparent that these structures are produced in the culture of several animal viruses [206, 207]. Indeed, some viruses have been shown to produce several thousand non-infectious particles for every one infectious particle [209]. In the case of influenza, it is believed that the error-prone RNA synthesis of genomes can result
in the generation of mutants lacking important genes for replication [210]. Since these mutants have less genetic material, they replicate faster than Wt virus, and can quickly accumulate when propagated in culture. It is likely that the viral inoculum used in this study experienced this fate during its production.

An additional inconsistency between the two cell types is the titre they achieve during active replication. During the six-hour infection period, unabated replication in BMDIM yielded \( \sim 7 \times 10^7 \) copies of HA and MA, whereas A549 cells yielded \( \sim 3 \times 10^8 \) copies. This may reflect the permissiveness of the respective cell type to infection; evidence suggests that influenza replicates to higher titres in epithelial cells than macrophages [211].

A final variation is evident in the copy numbers of HA and MA from KO cells in the absence of ActD, thereby measuring active replication. Although not statistically significant, the mean copy number of KO MA (\( 3.9 \times 10^7 \pm 1.4 \times 10^7 \)) was nearly half those of KO HA, Wt HA and MA (\( 6.8 \times 10^7 - 7.7 \times 10^7 \pm 2.1 \times 10^7 \)). The nature of this discrepancy is unclear; replication in BMDIM as measured by the HA gene showed no such aberration, nor did A549 cells for either gene (Figure 4 & Figure 6). Since this was the only incidence where the copy numbers of HA and MA were not similar, values for this specific treatment should be interpreted with caution.

### 4.2 A deficiency in CTSB reduces viral HA protein production

After entry and replication, the next logical step to examine is the synthesis of viral proteins. To this end, lysates of infected C57 Wt and KO cells, as well as A549 cells in the presence of different concentrations of CaMe, were separated by SDS-PAGE and probed for viral HA protein by Western blot.

The choice to examine HA over other viral proteins in this and following experiments was twofold. First, HA is absolutely crucial for infectivity [45]; although not obligatory for assembly and release of viral particles [212], virions lacking HA are non-infectious [110] due to an inability to bind host cells or escape endosomes following endocytosis. Second, although HA is not the most abundant protein in virions [185], it is nonetheless produced in modest quantities and composes \( \sim 80 \% \) of the protein on virion envelopes [37, 87]. Since the spike glycoprotein is present both inside cells and on the plasma membrane, HA is a
pragmatic choice as it affords the ability to assess the outcomes of infection in both compartments.

2.5 hours post-infection, the background of host proteins is dramatically reduced as the machinery is usurped for the production of viral proteins [213-215]. At 3.5 hours post-infection, most viral proteins, including HA, can be easily detected inside infected cells, and have synthesis rates which remain stable up to 10 hours post-infection.

When the concentration of HA protein was examined in cells 6 hours post-infection, strong immunoreactivities were detected in lysates of both C57 (Figure 7) and A549 (Figure 9) cells. The density of these bands was quantified and normalized to those of actin to yield a density for HA which accounted for loading differences between samples. In contrast to entry and replication, C57 KO cells produced significantly less HA protein than Wt cells. This reduction was also evident in infected primary cells of the same genotypes (Figure 8). Likewise, A549 cells treated with 150 µM CaMe produced significantly less HA than untreated cells; a dose dependent reduction in HA protein was evident, but only the 150 µM CaMe treatment reached statistical significance. This reduction was not caused by a decrease in viability as a result of the CaMe treatment (Figure 11).

It is important to note that even the genetic knockout showed some HA protein (Figure 7), suggesting that these cells were, albeit to a lesser extent, still permissive to viral HA production. Thus, it can be concluded that CTSB is required for optimal viral HA protein production.

4.3 Pharmacological inhibition of CTSB reduces surface expression of HA protein on infected cells

After synthesis, HA is trafficked via the Golgi to the plasma membrane where it is embedded [87, 103]; budding virions simultaneously acquire both a lipid envelope and anchored HA upon egress from infected cells, thus endowing them with the ability to infect new host cells. Since the amount of HA protein is significantly reduced in CTSB-deficient cells relative to wildtype, it was important to investigate the fate of the HA protein in these cells. It is plausible that differences in the amount of HA protein will impact the amount successfully
transported to the cell surface, and therefore onto progeny virions. Since HA is a critical requirement of infection, alterations in the HA protein present on virion envelopes may have important consequences on the virulence of progeny.

To examine the downstream consequences of this reduction in intracellular HA protein, A549 cells were infected in the presence or absence of CaMe, ActD or a combination of the two, and stained for viral HA. Cells were then observed by both immunofluorescence and confocal microscopy to assess the amount of HA on the plasma membrane. A549 cells were selected for these studies because they appeared to yield higher viral titres when compared to C57 cells (Figure 6). Additionally, these cells possess an epithelial morphology, making them larger than macrophages, and therefore facilitate better visualization by microscopy. A single CaMe dose of 150 \( \mu \text{M} \) was selected because it yielded a significant reduction in HA protein by Western blot (Figure 9). Finally, since protein synthesis and surface presentation kinetics vary with MOI, a higher MOI was selected for microscopy experiments to not only ensure all cells were infected, but improve the probability of protein expression on the cell surface within a 6 hour infection period [216]. Indeed, fewer cells showed fluorescence for surface HA when infected at an MOI of 1 for 6 hours (data not shown).

When observed using immunofluorescence microscopy, untreated cells showed a diffuse staining pattern for HA across the plasma membrane after infection (Figure 12A); this finding reflects the proper transport of newly synthesized viral HA to the cell surface, where it will be incorporated in the envelopes of budding progeny. However, this staining pattern was not observed in cells treated with ActD (5 \( \mu \text{g/mL} \)), CaMe (150 \( \mu \text{M} \)) or a combination of the two; instead, only sparse areas of fluorescent puncta were visible on the surface of infected cells.

Since the nature of these puncta remained unclear by immunofluorescence microscopy alone, confocal microscopy was used to examine single focal planes of cells to rule out the possibility that they were simply debris or artefacts in the preparation, rather than the cells themselves. When specimens were prepared and observed using confocal microscopy, a similar staining pattern was observed (Figure 12B-D). As expected, untreated cells showed abundant staining for HA protein across the plasma membrane upon infection with IVA. Interestingly, similar to Figure 12A, CaMe- and ActD-treated cells showed no diffuse
staining across the periphery of the cell, but puncta in limited areas of the membrane. It is important to note that these puncta are observable in the same focal plane as intracellular organelles (lysosomes, red; nucleus, blue), but adjacent to the cells themselves.

The absence of HA on the membranes of ActD-treated cells conforms to expectations; since no HA protein is produced in this treatment (Appendix 1), logic dictates that no protein will be presented on the surface of these infected cells. Strikingly, CaMe-treated cells showed a very similar phenotype, suggesting that they too failed to present HA on the cell surface. However, unlike ActD-treated cells, HA was indeed present in CaMe-treated cells, albeit at lower concentrations than in untreated controls (Figure 9).

The puncta on the surface of CaMe- and ActD-treated cells are not likely the result of viral activity. Since ActD treatment abolished both replication (Figure 6) and HA protein production (Appendix 1), it is doubtful these puncta represent HA originating from within infected cells. As similar puncta were observed in CaMe-treated cells, it is conceivable that these too resulted from a phenomenon external to infection. This notion is supported by the presence of similar puncta in control conditions which lack primary (anti-HA) antibody (Appendix 3), suggesting they may be the product of non-specific binding of the secondary antibody. Additionally, it is also possible that large numbers of defective particles in the inoculum aggregated at the cell surface, where they were subsequently fixed and stained.

Nonetheless, it is clear that CaMe-treatment impaired the surface presentation of HA protein. Collectively, these data suggest that in addition to optimal HA protein production, CTSB is also a requisite for proper presentation of HA on the surface of infected cells. However, this observation fails to explain the apparent discrepancy between the levels of intracellular HA protein and that presented on the surface of CaMe-treated infected cells. Were HA presentation a mere function of the intracellular concentration of the protein, a reduction in intracellular HA would be expected to reduce surface expression of the protein in a proportional manner. However, these data show a complete absence of observable HA on the surface of CaMe-treated infected cells in spite of having detectable levels of HA protein (Figure 9). This suggests that an additional CTSB-dependent mechanism is involved in the successful translocation of HA protein to the surface of infected cells.
4.4 Pharmacological inhibition of CTSB reduces intracellular HA protein in infected cells

While the effects of CTSB-inhibition on intracellular (Figure 9) and membrane-associated (Figure 12) HA protein were apparent, the cause of these reductions remained elusive. Indeed, several possible explanations exist, thus necessitating a more detailed examination into the location of HA within CaMe-treated infected cells.

Although CTSB is commonly known for its proteolytic functions, paradoxically, the reduction in HA protein may be caused by its absence. Recent research suggests that in addition to classically defined roles, CTSB is also involved in the trafficking of proteins [187] and vesicles [112]. The latter is of particular interest, as the transport of HA is analogous to that of TNF-α, the subject of prior research. HA, like TNF-α, is transported through the Golgi to the cell surface [87, 217]. In the absence of functional CTSB, TNF-α failed to reach the plasma membrane, and instead accumulated in intracellular vesicles [112]. Likewise, inhibition of CTSB resulted in a failure to release HIV-1 virus-like particles, instead retaining them within host cell compartments [137]. Thus, since HA failed to reach the membranes of CaMe-treated cells, it is possible that HA protein may be transported through a similar CTSB-dependent mechanism.

However, intracellular HA protein was reduced in CTSB-deficient cells (Figure 7; Figure 9), making it unlikely that HA was accumulating inside vesicles as was the case for TNF-α. One mechanism by which intracellular protein levels can be depleted involves lysosomal degradation. Lysosomes are acidic organelles which contain a variety of enzymes used to digest proteins and other macromolecular structures in the cell [218]. In the context of the IVA lifecycle, a possible scenario in which CTSB-dependent HA transport is impaired may result in the inadvertent delivery of HA proteins to lysosomes, where they are subsequently degraded [188-190]. Instances where proteins or vesicles are improperly targeted to lysosomes due to defects in their respective transport systems have been noted in literature previously [219-221].

Since the above scenario could potentially explain both the decrease in intracellular HA protein and its absence on the surface of CaMe-treated infected cells, the localization of
intracellular HA was assessed using confocal microscopy, particularly in regard to lysosomes. To this end, A549 cells were infected in the presence or absence of CaMe and ActD in the same manner as cells prepared for Section 3.3 with the addition of a permeabilization step to allow for immunostaining of HA within cells. Lysosomes were visualized using LysoTracker, a membrane-permeable fluorophore that preferentially accumulates in acidic organelles such as lysosomes or acidified late endosomes [222].

When CaMe-treated cells were examined, both the number and size of intracellular HA puncta were noticeably reduced when compared to untreated cells (Figure 13). As expected, ActD-treated cells showed no intracellular puncta. These observations were all in agreement with immunoblot analyses for HA (Figure 9; Appendix 1). However, there was no visible colocalization between HA protein (green) and lysosomes (red) in any of the conditions, which would have been indicative by a yellow colour. Fluorescence colocalization can also be mathematically quantified by means of a Pearson’s coefficient, which expresses the degree of overlap between two fluorescence channels in terms of a numeric value [223]. Since a value of 0 represents a complete lack of correlation, respective Pearson’s coefficients of 0.057, 0.082 and 0.003 for untreated, CaMe-treated, and ActD-treated cells also support visual observations.

It is worth noting that LysoTracker has been reported to undergo photoconversion under certain conditions [224]. The resulting green fluorescence emitted can overlap with other dyes at this wavelength such as FITC, which was used in labelling for HA. However, since there was both minimal colocalization of these channels in all treatments, and no observable green fluorescence detected in most ActD-treated cells (Figure 13), it is highly unlikely this effect took place in this study. As such, it is doubtful that puncta indicative of HA can be attributed to LysoTracker. Additionally, there was also a noticeable reduction in membrane puncta between permeabilized and unpermeabilized cells (compare Figure 13C with Figure 12D). This can likely be attributed to the permeabilization procedure, which causes significant damage to the membrane, thereby increasing the chances of non-specific binding at the cell surface being removed.

Collectively, these data do not substantiate the notion that lysosomal degradation is the cause of HA protein reduction within, and absence on the surface of CTSB-deficient cells. An
alternative pathway of protein degradation – the proteosome – was also investigated as the cause of CTSB-dependent decreases in intracellular HA. However, preliminary studies using the proteosome inhibitor MG132 did not appear to result in visible increases of HA protein in C57 KO cells (data not shown). Since MG132-treatment is not a comprehensive means of inhibiting all protein degradation pathways, degradation of HA protein in CTSB-deficient cells remains a possibility. Thus, an alternate mechanism is the source of intracellular HA protein reduction and/or unsuccessful transport to the plasma membrane of CaMe-treated infected cells.

4.5 Cholesterol does not accumulate in a CTSB-dependent manner

Since lysosomal intervention was uninvolved in the fate of HA protein in CTSB-deficient cells, a new mechanism was sought to explain the differences in HA expression between cells with and without functional CTSB. A more exotic postulate for this phenomenon may involve transport systems for lipids such as cholesterol.

Recent work implicates CTSB and other members of the cathepsin family are involved in the metabolism of lipids [161, 162]; for example, cathepsin D has been implicated in cholesterol transport from endocytic compartments to the plasma membrane [164, 165]. Importantly, the absence of certain cathepsins, such as CTSB, results in the attenuation of lipid metabolism and accumulation of lipids in endocytic vesicles and/or lysosomes [163]. A functionally homologous condition can be found in cells bearing mutations in the gene NPC1, resulting in Niemann-Pick disease, type C. NPC1 is an intracellular cholesterol transporter; loss of function results in a dramatic accumulation of lipids in late endosomes and lysosomes and aberrant trafficking of these vesicles [165-169].

Interestingly, human immunodeficiency virus (HIV) release is impaired in NPC1<sup>−/−</sup> cells [225]; this was accompanied by a concomitant trapping of the viral structural protein, Gag, inside endosomes and lysosomes [226]. Another enveloped virus, Ebola virus, showed an inability to infect NPC1<sup>−/−</sup> cells due to a failure in escaping from endosomes following entry into host cells [227, 228].

Cholesterol is a lipid sterol that is essential for the maintenance of membrane dynamics, fluidity and permeability, among other functions [229]. Given that IVA is an enveloped
virus, is it perhaps not surprising that it also shares a similar dependence on cholesterol levels which are adequate, but not excessive.

Indeed, several facets in the influenza lifecycle can be affected by changes in cholesterol. Cholesterol is critical for IVA virion entry; depletion of viral envelopes significantly reduces virion infectivity, possibly by disrupting the fusion process [191]. Additionally, cholesterol is a major constituent of lipid rafts, microdomains in the plasma membrane which serve as sites for virion assembly and budding [85, 104, 108, 192]. As such, multiple viral proteins are targeted here, including nucleoprotein cores [196] and spike glycoproteins neuraminidase [80] and HA [106, 195]. It is postulated that lipid rafts facilitate the concentration of viral proteins in order to reach sufficient concentrations for assembly and budding; in the case of HA, it is thought that this strategy ensures adequate protein will be present on the envelopes of budding progeny to effectively mediate membrane fusion with a new host cell [66].

Disrupting lipid rafts by cholesterol depletion reportedly enhanced the release of viral particles, but these particles displayed reduced infectivity [193]. The authors proposed this was the result of multiple consequences associated with cholesterol reduction, such as altered structural integrity of virions or the stability of their membranes. Interestingly, the interferon-inducible antiviral protein viperin inhibits the release of IVA virions by disrupting lipid rafts [230]. Finally, the use of cholesterol-reducing drugs in vivo has also been linked to a decrease in mortality as a result of influenza infection, though the observational study did not propose a mechanism for this [231, 232].

Considering that obstructions to any of the above processes may result in a marked decrease in viral proliferation, including problems targeting HA to the membrane, it was pertinent to investigate whether observations in CTSB-deficient cells are a consequence of cholesterol dysregulation. The endosomal accumulation of lipids like cholesterol may not only result in improper trafficking of vesicles containing viral components, but may also reflect an impairment of cholesterol transport to the membrane, thus affecting lipid rafts as well.

To assess the role of CTSB in the accumulation of cholesterol within endosomes, C57 Wt and KO cells were fractionated to yield subcellular organelles, and both cholesterol and protein contents were quantified using Amplex Red and Bradford assays, respectively.
When Wt and KO cells were compared, normalized cholesterol concentrations were not significantly different for either the crude or purified preparations (Figure 14). The finding that cholesterol is similar in both fractions between these cell types indicates cholesterol does not accumulate in a CTSB-dependent manner, and consequently is unlikely to be the mechanism behind IVA restriction in these cells. However, it should be noted that since this assay examined the cholesterol of intracellular organelles, it does not preclude the possibility of CTSB-dependent alterations to lipid rafts in the plasma membrane.

### 4.6 Future directions

At present, the role CTSB plays in the influenza lifecycle remains unclear. When viral titres were assessed using a hemagglutination assay, there were no significant differences between the supernatants of A549 cells infected for 24 hours in the presence or absence of 150 µM CaMe (Appendix 4). It is worth noting that a hemagglutination assay measures viral titres on the basis of HA protein on the surface of particles, and consequently is unable to distinguish between infectious and defective particles. Thus, although particles appear to be released from infected cells in the presence of CaMe, and interestingly, bear comparable amounts of HA protein as those released from untreated cells, whether these particles are functional could not be definitively ascertained. It is possible that a CTSB-deficiency delays the surface expression of HA, and that the longer incubation period used in the hemagglutination assay affords more time for its incorporation into the host membrane and subsequently budding virions [216]. Additionally, it would be of interest to determine whether these observations are unique to HA or apply to other viral proteins whose synthesis and trafficking are both similar (NA) and dissimilar (nucleoprotein) to HA.

It was recently reported that influenza infection elevates CTSB in murine cells [233], which, in agreement with this work, suggests that it plays an important role in the viral lifecycle. However, the reduced intracellular, but absent surface expression of HA in CTSB-deficient cells remains an unresolved discrepancy. Proposed mechanisms involving lysosomal degradation and cholesterol accumulation could not be substantiated as the cause of these phenomena.
It is possible that both observations could result from separate yet related processes involving a requirement for CTSB. The reduction in intracellular HA could not be definitively attributed to post-translational degradation, nor could differences in protein synthesis be ruled out. It is possible that cathepsins like CTSB function as transcriptional activators for viral genes such as HA [234, 235]. This could perhaps explain why a CTSB-deficiency attenuated HA protein levels, rather than abolish them entirely.

Alternatively, the role of CTSB may be independent from facilitating the production and transport of HA to the infected cell membrane, with these observations being mere consequences of a different pathway. For example, influenza has been shown to require the process of autophagy for optimal replication for reasons not fully understood at this time, but possibly involving cell death [183, 236-242]. CTSB is increasingly being connected with autophagy, including cell death responses [118, 187, 243-245]. Similarly, it has been shown the virus activates the host inflammatory response [246], possibly due to a reliance on caspase 3 for nuclear exit of ribonucleoprotein cores [247, 248]. If the virus relies on inflammasome activation to make use of caspase 3, it is of interest that CTSB has been reported to be involved in inflammasome activation [113, 114], the stimulation of caspase 3 [249], and the catalytic activation of Toll-like receptor 3 [250], which IVA uses to stimulate the inflammasome. Thus, there are many potential avenues in the search for mechanistic details of CTSB-dependent influenza virus restriction.

Resistance of circulating IVA strains to older antivirals such as amantadine has increased at an alarming rate over the past decade [251]; as a result, the CDC no longer recommends the use of these drugs in the treatment of influenza infections [252]. Resistance to newer antivirals such as oseltamivir (Tamiflu®) has also been documented, in spite of earlier reports which erroneously suggested such resistance-conferring mutations would significantly compromise viral fitness as a result, making them an unlikely threat [253, 254]. Given the rate with which antiviral therapies are becoming obsolete due to viral mutations, a more effective strategy would be to target host rather than viral components required for the effective replication of IVA. CTSB is an essential human protease which serves a number of important functions within healthy cells; as such, it is not feasible to treat IVA infections with a CTSB-inhibitor like CaMe. However, future work should endeavour to further
delineate the role of CTSB as a requirement for IVA infection and/or propagation. Greater knowledge of the host systems the virus exploits within infected cells may shed light on new targets for antiviral therapies less prone to resistance.
Chapter 5: References

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Appendix 1 – ActD blocks the production of viral HA protein at a concentration of 5 µg/mL.

A549 cells were infected with influenza at an MOI of 1 in the presence or absence of ActD (5 µg/mL) for six hours. After infection, the cells were harvested, lysed, and subjected to Western blotting for HA as described in “Methods”. There were no immunoreactivities for HA detected in either condition receiving ActD, indicating the viral protein was not produced in detectable quantities.
Appendix 2 – Detected copy numbers of HA and MA per titred virion in the inoculum.

1.0 x 10^4 virions from the inoculum used in this study were subjected to RNA extraction as described in “Methods”. One µL of the resulting RNA was used for each reverse transcription reaction. cDNA was then used for qPCR amplification following the same conditions used for experimental procedures. Ct values obtained were converted to copy numbers using the standard curve equations in Figure 3, and dilution factors were used to calculate the gene copies/titred virion from the original inoculum (n=3). Data are expressed as means ± SEM.
Appendix 3 – Immunofluorescence microscopy of infected A549 cells stained with antibody (FITC) only.

Coverslips with adherent A549 cells were infected for six hours at a high MOI (>10). 5.5 hours post-infection, LysoTracker Red was added to a final concentration of 200 nM and allowed to incubate for 30 min. At 6 hours, coverslips were removed from virus-containing medium, fixed in 4% formaldehyde, and blocked in PBS + 1% BSA + 0.05% Tween 20 for 1 hour. Coverslips were then washed in PBS and incubated in secondary antibody (anti-mouse FITC) at a 1:100 dilution for 2 hours. Slides were washed once more and incubated in Hoechst 33342 for 3 min at a 1:4000 dilution, rinsed, mounted, and viewed using a Bio-Rad Radiance 2000 fluorescence microscope.
Appendix 4 – Hemagglutination assay of infected A549 supernatants

1.0 x10^6 A549 cells were infected at an MOI of 1 as described in “Methods” in the presence or absence of different concentrations of CaMe in the absence of serum, which contains nonspecific inhibitors of IVA infection [255-258]. After 24 hours, supernatants were removed from monolayers and subjected to a standard hemagglutination assay using chicken red blood cells and a series of two-fold dilutions of the supernatants. After a 30 min incubation, wells were scored as being either positive or negative for agglutination, and the titer expressed as the reciprocal of the highest dilution yielding agglutination. (A) A representative image of hemagglutination assay results, with both negative (–) and positive (+) controls. (B) There was no significant difference between the titre of untreated cells and cells treated with 150 µM CaMe, but 500 µM CaMe treatment showed a significant reduction in virus titre (p > 0.05; one-way ANOVA; n≥3). Data are expressed as means ± SEM from at least three independent experiments. Columns accompanied by the same letter are not significantly different from each other by Tukey’s post hoc test.
Chapter 7: Curriculum Vitae

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