

Western University

Scholarship@Western

Inspiring Minds – A Digital Collection of
Western's Graduate Research, Scholarship and
Creative Activity

Inspiring Minds

September 2023

From the Other Side: Stroke Management in Low- and Middle-Income African Countries (LMIAC)

Keren Sarpomaa Kankam
kkankam@uwo.ca

Laura Murray
Western University, lmurra57@uwo.ca

Danielle Glista
Western University, daglista@nca.uwo.ca

Marie Savundranayagam
Western University, msavund@uwo.ca

Mawukoenya Theresa Sedzro
Western University, tsedzro@uwo.ca

See next page for additional authors

Follow this and additional works at: <https://ir.lib.uwo.ca/inspiringminds>

Citation of this paper:

Kankam, Keren Sarpomaa; Murray, Laura; Glista, Danielle; Savundranayagam, Marie; Sedzro, Mawukoenya Theresa; and Teti, Selina, "From the Other Side: Stroke Management in Low- and Middle-Income African Countries (LMIAC)" (2023). *Inspiring Minds – A Digital Collection of Western's Graduate Research, Scholarship and Creative Activity*. 389.
<https://ir.lib.uwo.ca/inspiringminds/389>

Authors

Keren Sarpomaa Kankam, Laura Murray, Danielle Glista, Marie Savundranayagam, Mawukoenya Theresa Sedzro, and Selina Teti

From the Other Side: Stroke Management in Low- and Middle-Income African Countries (LMIAC)

Quality health care is essential to support quality of life. Presumably, geographic areas such as LMIAC where the incidence of stroke and its resultant disability aphasia, have greatly increased resulting in physical, economic, and social consequences would be the champions in providing quality stroke care. However, these resource-constrained areas face a lot of challenges.

Mr. X, an uneducated bread winner of his family who lived 16 kilometres from the nearest hospital experienced a stroke. The family finally accessed health care after 3 days with a motorbike. Nonetheless, the only CT scan at the hospital was broken. Even though Mr. X experienced difficulty communicating, he was not provided speech therapy services due to the lack of services.

Indeed, “stroke is a cause of poverty and poverty is caused by stroke”. Stroke guidelines specific to LMIAC are needed to address challenges such as those faced by Mr. X and his family.