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## Exploring Students' Service-learning Experience through an Adaptive Movement-based Education Program

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## **Exploring Students' Service-learning Experience through an Adaptive Movement-based Education Program**

I would like to establish the Supporting Neurodiversity through Adaptive Programming (SNAP) initiative, originally initiated by Brock University, at Western University. SNAP has been providing individuals with disabilities with the opportunity to actively engage in physical activities, allowing them to develop their gross motor skills, fine motor repertoires, and improve their fitness and conditioning levels. During the SNAP program, participants are paired with student volunteers each week during program time; they engage in a variety of station-based and play-based activities in pre-determined orders. These activities cover a variety of skills and movement competency developments. I had the honour of working in SNAP, where I developed a profound connection and received the Spirit of Brock Medal for my exemplary efforts. Establishing a similar program at Western holds great potential for providing undergraduates with an authentic experiential learning site while simultaneously serving the disabled population in the Middlesex region.

### **Reference**

Supporting neurodiversity through Adaptive Programming. Brock University. (n.d.). Retrieved November 8, 2022, from <https://brocku.ca/applied-health-sciences/kinesiology/snap/#Community>