

Western University

Scholarship@Western

Inspiring Minds – A Digital Collection of
Western's Graduate Research, Scholarship and
Creative Activity

Inspiring Minds

September 2023

Equity in Canadian Postpartum Care Practices

Andrea Atkinson

Western University, auher@uwo.ca

Follow this and additional works at: <https://ir.lib.uwo.ca/inspiringminds>

Citation of this paper:

Atkinson, Andrea, "Equity in Canadian Postpartum Care Practices" (2023). *Inspiring Minds – A Digital Collection of Western's Graduate Research, Scholarship and Creative Activity*. 438.

<https://ir.lib.uwo.ca/inspiringminds/438>

Equity in Canadian Postpartum Care Practices

The birth of a baby is an important transition in life that can bring many emotional, physical and relational changes for new parents. In Canada, the postpartum period lacks consistent and comprehensive guidelines for the provision and receipt of maternal care, where resources across the country are uneven and not equitable. A qualitative systematic review is being undertaken to understand the experiences of postpartum care practices from the perspective of Canadian parents and healthcare providers. Thematic analysis will be guided by an intersectional lens to highlight health equity issues and disparities in care. Evidence from this review can help to support the development of guidelines and policies for the provision of a more equitable postpartum model of care in Canada. As a mother of two, my wish is to see a more inclusive and individualized model of postpartum care in place for future generations to come. Postpartum care matters!