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September 2023

## Engaging family/care partners to promote resident health and well-being in Canadian long-term care homes

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### Citation of this paper:

Stephen, Alexander J., "Engaging family/care partners to promote resident health and well-being in Canadian long-term care homes" (2023). *Inspiring Minds – A Digital Collection of Western's Graduate Research, Scholarship and Creative Activity*. 460.  
<https://ir.lib.uwo.ca/inspiringminds/460>

## **Engaging family/care partners to promote resident health and well-being in Canadian long-term care homes**

With approximately 1 in 5 adults over the age of 65, Canada's population is getting older. Eventually, many people will no longer be able to physically care for themselves and require transfer to a long-term care (LTC) home. With thousands currently on a waitlist for a bed, front-line staff feeling overworked and under supported, and reports of many residents not having their basic care needs adequately met, Canada's LTC sector is in crisis. Increasing the engagement of family members and friends of LTC residents has been suggested as a cost-effective and practical way to help address this crisis. My research intends to determine how to best encourage family care/partner engagement in caring for their loved one in LTC. Findings will provide evidenced-based guidance to inform future policy decisions, and care interventions, with the goal of improving the health and well-being of Canadian LTC residents. Now, and for years to come.

Submitted by: Alexander J. Stephen