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Gastronomy & Peace

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INSPIRING MINDS 2023:

Title: Gastronomy & Peace

My research proposes a novel connection between peace and gastronomy. My goal is to create a model which shows how peace can be built through gastronomy based on the relevance of food systems and the power of everyday practice to advance peacebuilding and Sustainable Development Goals agendas. The model will be designed by analyzing how to strengthen relationships among actors across different food systems stages at different levels to strengthen mutually beneficial relations that foster positive socio-economic and political change. Colombia will be used as a case study to demonstrate why food systems have the potential to advance peacebuilding, and what the potential benefits of advancing peacebuilding through gastronomy are. My research outcomes will serve as a compass for NGOs, international organizations, governments, and even inspire social responsibility offices to implement projects or programs with an interdisciplinary and creative cut centred on enduring sustainability and environmentally conscious efforts.

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