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Do We Understand Cultural Humility in Healthcare Delivery?

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Do We Understand Cultural Humility in Healthcare Delivery?

Culturally humble healthcare providers reflect on their own personal values, acknowledge the lived experiences of their clients, and have an ongoing openness to continue to learn about their clients' preferences and values in relation to their care-plan.

My interest in this research is informed by my lived experiences as an immigrant patient and a care provider in the Canadian healthcare system. As a patient, I had observed that my values and preferences were overlooked, and care was delivered based on biomedical model without regard to how my lived experiences would affect my health outcomes. As a nurse, I noticed how colleagues struggle with establishing therapeutic relationships with clients from different cultures. I intend to conduct a qualitative descriptive study aimed at exploring how healthcare leaders understand the concept of cultural humility and how the concept is incorporated into strategic plans of healthcare organizations.

Mo Olajide