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# Controls on Plastic Debris Capture in Urban Stormwater Drains of London, Canada: A Study Within the Great Lakes Watershed

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Supervisor: Patricia, Corcoran, The University of Western Ontario A thesis submitted in partial fulfillment of the requirements for the Master of Science degree in Geology © Nina Kozikowski 2024

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## **Abstract**

<span id="page-1-0"></span>Land-based sources are the greatest contributors of plastic pollution in aquatic environments. Prior to this investigation, there were no available studies concerning the number and types of plastic debris items between 1 mm and 5 mm captured in urban stormwater drains. The present study examined macroplastic (>5 mm) and large microplastic (1-5 mm) debris that accumulated in LittaTrap<sup>TM</sup> devices at six drain sites over four seasonal periods in London, Ontario, Canada. Macroplastics (MaPs) and microplastics (MPs) were found in all 36 samples, and the totals ranged from 5-158 MaPs and 18-359 MPs per trap. Out of the 118 different MaPs found, the most common were cigarette butts, wrappers, and expanded polystyrene. The predominant MPs were fragments, foams, and fibres. Summer samples contained the highest average amounts of plastic. The main controls on plastic debris accumulation in stormwater drains of the London core are increased pedestrian traffic, driving, and seasonal variability.

## Keywords

Macroplastic; Microplastic; Stormwater Drains; Urban; London, ON; Great Lakes Watershed

# Summary for Lay Audience

<span id="page-2-0"></span>The global input of plastic debris into the natural environment is mainly sourced from landbased activities. Within urban areas, plastics generated through littering, accidental spillage, and degraded infrastructure, accumulates on city streets and other impervious surfaces. During rain events, these plastic items run off into stormwater drains and eventually become deposited in natural tributaries. This study examines the possible controls on plastic debris deposition into stormwater drains of London, Ontario, Canada. Six LittaTrap<sup>TM</sup> devices were installed in city core stormwater drains to capture macroplastic  $($  > 5mm) and large microplastic (1-5 mm) debris during different seasons before entering the watershed. Macroplastics (MaPs) and microplastics (MPs) were found in all 36 samples, and were characterized according to abundance, size, item type, and composition. The results indicate a seasonal influence on number of items, as the winter samples on average contained the fewest plastics overall. Total precipitation and average wind speed, however, did not correlate with the amounts of plastic debris at each location. Instead, increased plastic pollution appears to be linked to increased outdoor activities during the warmer months. Plastic debris abundances also showed a positive correlation with stormwater drain location, as the highest counts were in high pedestrian areas. The three most common identifiable MaPs were cigarette butts (31.4%), wrappers (18.3%), and expanded polystyrene (3.5%). In terms of applications, "smoking", "packaging", and "narcotics" were most prevalent, with the latter category most common at the site where individuals were witnessed using and distributing narcotics. Fragments were the most common type of MPs, accounting for 45.0% of the total. Polymer compositions, as determined by Fourier transform infrared spectroscopy (FTIR) and a visual identification method, were mainly polyethylene and polypropylene, which are common to a large variety of products. Other polymer types, such as polybutadiene, alkyds, and polyethylene terephthalate are consistent with rubber, paints, and textiles, respectively. This study reveals that location within the downtown core is a key driver of plastic debris amounts and types, which emphasizes the urgent need for public awareness campaigns regarding land-based plastic use, fate, and reduction.

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## Chapter 1

## <span id="page-12-1"></span><span id="page-12-0"></span>1 Introduction

### <span id="page-12-2"></span>1.1 Plastics in the Environment

The global increase in plastic debris is an urgent environmental concern (UNEP, 2023) Plastic pollution has been found in both terrestrial and aquatic environments, and its presence has been widely associated with a broad range of detrimental effects. These effects range from micro-level disruptions in cellular functions of aquatic organisms (Issac & Kandasubramanian, 2021), to macro-level ecosystem interactions and instability (Kumar et al., 2021). The ubiquity of plastic pollution serves as a marker of modern human consumption and disposal behaviors, a characteristic signature of the period informally referred to as the "Anthropocene" (Corcoran et al., 2018). The Anthropocene is a proposed epoch defined by humanity's significant and irreversible impact on Earth's ecosystems (Head et al., 2023). In addition, the mid-20th century experienced a period of population growth, social changes, and technological advancements known as the 'Great Acceleration'. This is a period during which human-driven development has contributed to unprecedented production and consumption (Shoshitaishvili, 2020).

An estimated 390.7 million tonnes of plastics were produced in 2021 (Plastics Europe, 2022). This vast production of plastic results in alarmingly high rates of plastic pollution globally (Jambeck et al., 2015; Geyer et al., 2017). Under the most optimistic scenario, it is estimated that 710 million tonnes of plastic will enter the environment between 2016 and 2040 (Lau et al., 2020). Although various sources contribute to plastic pollution in aquatic environments, 80% of anthropogenic litter has been found to originate from landbased sources (da Costa et al., 2016; (Coyle et al., 2020a). The most prevalent types of land-based sources include, but are not limited to, littered waste (van Emmerik et al., 2023), ineffective waste management systems (Jambeck et al., 2015), stormwater runoff from urban areas (Lebreton et al., 2017; Grbić et al., 2020), industry spillage causing the release of plastic debris (Corcoran et al., 2015), atmospheric deposition (Smyth et al., 2021), and agricultural practices (Huang et al., 2020).

Urban areas are major contributors of plastic pollution. Impervious surfaces allow plastic litter from sidewalks, streets, and open areas to be transported by runoff into stormwater drains and ponds (Shruti et al., 2021; Baker et al., 2022). Stormwater sewer systems do not normally have filtration mechanisms to capture free-flowing debris. Stormwater can contain plastic debris of various sizes that enter storm drains and are ultimately discharged into nearby natural catchments (Browne et al., 2010; Leslie et al., 2017). A number of litter removal devices have been engineered to trap trash in stormwater basins, such as bioretention cells, trash wheels, and catch basin inserts (Lau et al., 2001; Ambrose & Winfrey, 2015). These innovative capture devices typically trap macroplastics (MaPs;  $>5$  mm) but allow for the transfer of microplastics (MPs;  $<5$  mm) into natural watercourses.

## <span id="page-13-0"></span>1.2 Objectives and Hypotheses

This thesis provides insight into a multifaceted environmental problem related to the transfer of MaPs and MPs from terrestrial to aquatic settings. The overall aim was to unravel the number of debris items, types, and sources of waste plastic deposited in London, Ontario stormwater drains prior to entering nearby waterways. The debris was captured in LittaTrap<sup>TM</sup> devices with 1 mm and 5 mm mesh liners provided by Enviropod International (Enviropod, n.d.)

The main objectives of this study were to:

(1) Determine whether seasonality and human activity affect plastic debris abundance,

2) Compare the efficiency of the standard 5 mm mesh LittaTrap<sup>TM</sup> insert to the 1 mm nurdle liner in trapping large microplastic (1-5 mm) particles, and

(3) Evaluate control strategy effectiveness at the post-production but pre-deposition stage of the plastic life cycle.

At the outset of the project, the following hypotheses were made: i) There will be a positive correlation between number of plastic items and precipitation amount because runoff increases during wet periods; ii) There will be a correlation (whether positive or negative) between number of items and average wind speed. The stronger winds will either blow more debris into stormwater drains or blow debris past them; iii) The amount of plastic will vary between sample sites depending on proximity to high-use pedestrian areas; and iv) The 1 mm mesh will capture a greater number of microplastic particles than the 5 mm mesh because MPs are defined as particles <5 mm in their longest diameter.

## <span id="page-14-0"></span>1.3 Plastic Production and Use

The first manufactured semi-synthetic plastic, developed in 1855, was composed of cellulose nitrate and camphor, and was called Parkesine after its inventor, Alexander Parkes (Parkes, 1866). In 1907, Leo Hendrik Baekeland created the world's first synthetic plastic created from a mixture of phenol and formaldehyde, known as Bakelite (Baekeland, 1909). The invention of a fully synthetic polymer proved to be a global revolutionary turning point due to its versatility, durability, low cost, and corrosionresistant properties (Thompson et al., 2009). Throughout the 20th century, innovation in polymer science grew. The 1920s and 1930s brought forth the synthesis of polystyrene (PS), polyvinyl chloride (PVC), and acrylic, used for common everyday items to aircraft design. In 1940, plastic production rapidly increased to accommodate for the need of materials during World War II. Nylon, for example, was developed as a replacement for silk in parachutes (Flory et al., 2015). Although the creation of Bakelite occurred in the early 20th century, large-scale production and commercial use of plastic did not take place until the 1950s. In 1950, the plastic industry produced approximately 2 million tonnes of plastic compared to 460 million tonnes in 2019, equating to a 230-fold increase globally (OECD, 2022). The abundance of plastic waste in the environment directly correlates with the demand for specific products. Although there are many different types of plastics, the most produced polymers globally include polyethylene (PE), polypropylene (PP), PS, PVC, polyethylene terephthalate (PET), and polyurethane (PU) (Plastics Europe, 2022).

## <span id="page-15-0"></span>1.4 Properties of Polymers

Plastics are a group of materials that are considered synthetic polymers. Polymers are macromolecules that are formed by the chemical bonding of monomers through the process of polymerization (Gad, 2014). These polymers are composed of long chains with a high molecular weight, a characteristic that is common to all plastics (Sperling, 2006). Different polymerization methods are used to create polymers for which a particular property is sought. For example, ethylene  $(C_2H_4)$ , derived from cracking of crude oil, is combined with a catalyst to break the  $C_2H_4$  bond and connect carbon atoms into a chain to form polyethylene (PE). This procedure, known as addition polymerization, can be used to manufacture other chain growth polymers, such as PP, PS, and PVC. In contrast, plastics like nylons, PET, polycarbonate (PC), and PU are step growth polymers. These are formed via condensation polymerization, a process in which water is removed to facilitate the combination of two or more monomers (Sperling, 2006).

The polymerization process influences the physical properties of the polymer. The molecular weight distribution and organization of polymer chains establish the physical properties of plastic such as the firmness, flexibility, and elasticity (Verschoor, 2015). Plastics are divided into three main categories: thermoplastics, thermosets, and elastomers (Cardarelli, 2018) Thermoplastics are polymers that can be re-melted and reformed when heated, which enables them to be highly versatile and recyclable. Thermoplastics are suitable for applications ranging from packaging to automotive parts (Andrady & Neal, 2009; Chanda & Roy, 2006). Common thermoplastics include PE, PP, PS, PVC, PET, and thermoplastic polyurethane (TPU) (Plastics Europe, 2019). Unlike thermoplastics, thermosets form irreversible bonds during the curing process and will scorch rather than melt upon heating. Once set, thermosets cannot be remelted or remolded, making them non-recyclable. This makes thermosets useful in applications in which high rigidity and thermal stability is needed, such as electrical insulation (Hale, 2002). Examples of thermosets include PU, epoxy and silicone resin, and vulcanized rubber (Shrivastava, 2018). Elastomeric polymers, when developed with reinforcing agents, such as fillers and pigments, can be stretched and then returned back to their

initial form (Peters, 2015). Examples of elastomers include butadiene rubber, styrenebutadiene, isoprene rubber, and silicones (Kühne et al., 2021). Table 1-1 details some of the most common types of polymers, their densities, and applications.

#### <span id="page-16-0"></span>1.5 Plastic Additives

During the production of plastics, additives are often used to strengthen and/or protect the polymer matrix (Thompson et al., 2009). There are many different additives that serve a unique purpose. Most common polymer additives include plasticizers, stabilizers, lubricants, flame retardants, fillers, and colorants (Groh et al., 2019). Plasticizers are commonly used to provide increased flexibility by reducing the intermolecular forces between polymer chains (Marturano et al., 2017). Typical plasticizers are phthalates, adipates and polychlorinated hydrocarbons (Godwin, 2017). Stabilizers are chemical additives used to slow the rate of degradation. Examples of stabilizers are antioxidants, UV light, and heat (Singh & Sharma, 2008). Lubricants can impact the polymer strength and improve the distribution of other additives in the matrix. Flame retardants are used to both physically and chemically decelerate fire propagation (Schartel et al., 2017). Fillers are used to change the properties of polymers and are either inert or active. Inert fillers are bulking agents that improve mechanical properties. Common inert fillers include talc, glass beads, and calcium carbonate. Active fillers allow for the formation of bonds between polymer chains, which increases the material strength, heat resistance, and malleability (Vikhareva et al., 2021); Xanthos, 2010; Sperling, 2006). Plastic colorants include dyes and pigments. Dyes provide a transparent hue and have less stability in high levels of sunlight due to their increased solubility (Pfaff, 2022). In contrast, pigments provide a consistent opaque coloration throughout a polymer and have higher resistivity to UV degradation because they are insoluble in a medium (Muller, 2011; Pfaff, 2022). This makes pigments less prone to leaching, migration and diffusion.

<span id="page-17-0"></span>**Table 1-1. The most prevalent polymers and common applications (SpecialChem, 2023; British Plastics Federation, n.d.; ECCC & HC, 2020; Callister & Rethwisch, 2018).**

Polymer	<b>Abbreviation</b>	<b>Min Density</b> $(g \text{ cm}^{-3})$	Max Density (g $cm^{-3}$ )	<b>Applications and Usage</b>
Polypropylene	PP	$\overline{0.9}$	0.91	food packaging/wrappers, automotive parts, microwave containers
Polyethylene	PE	0.91	0.97	semi-rigid and flexible packaging, housewares, electrical insulation
Low density polyethylene	<b>LDPE</b>	0.91	0.93	packaging film, waste bags, toys
Linear low-density polyethylene	LLDPE	0.91	0.94	milk cartons, produce bags, take- out cups
High density polyethylene	<b>HDPE</b>	0.94	0.97	plastic milk bottles, caps, detergent bottles
Acrylonitrile butadiene styrene	ABS	1.00	1.05	automotives, keyboards, household appliances, toys
Polystyrene	PS	1.01	1.04	food packaging, meat trays, insulation, packing peanuts
Polyamide (nylon)	PA	1.02	1.05	textiles, fishing lines/nets, racquets, umbrellas
Polyacrylonitrile	PAN	1.09	1.20	knitwear, blankets, carbon fibre production
Liquid Silicone Rubber	<b>LSR</b>	1.10	1.50	silicone sealants, food storage products, medical tubing
Polyvinyl chloride	<b>PVC</b>	1.16	1.58	window frames, pipes, electronic insulation
Polymethyl methacrylate	<b>PMMA</b>	1.17	1.2	glasses, Plexiglass, lenses, LCD screens
Cellulose acetate	CA	1.22	1.34	cigarette butts, camera film, ribbon, eye glass frames
Polylactic acid	<b>PLA</b>	1.23	1.26	automotive parts, textiles, food packaging
"Polyester"	<b>PET</b>	1.24	2.30	clothing, textiles, insulation in home goods
Polyethylene terephthalate	PET	1.37	1.45	drink bottles, cleaning supply products

## <span id="page-18-0"></span>1.6 Plastic Debris Classification

Plastic debris items are commonly classified into three size categories: nano, micro, and macro. Although size classifications are not standardized across studies (Blair et al., 2017), this thesis adopts macroplastics (MaPs) as whole items or fragments >5 mm in size. Macroplastics are visually detectable and over extended environmental exposure, break down into smaller fragments known as microplastics (MPs) (Andrady, 2011). Carpenter & Smith (1972) were the first authors to publish a scientific paper concerning marine MPs after estimating the average concentrations of plastic particles in the western Sargasso Sea. The term microplastic, however, was first introduced in 2004 by marine biologist Richard Thompson to describe the long-term accumulation of microscopic fragments and their potential impacts on marine organisms (Thompson et al., 2004). Arthur et al. (2009) later suggested a maximum size limit of 5 mm to define MPs.

Microplastics are divided into primary and secondary categories based on their origin (Cole et al., 2011). Primary MPs are produced to be < 5 mm, and include items such as microbeads, microfibres, and plastic pellets. Secondary MPs are produced through breakdown of larger plastic products, and examples include fragments and films. Once in the environment, MPs can break down into even smaller particles through biological, chemical, and mechanical degradation processes (Zhang et al., 2021; Corcoran, 2022). The resultant nanoplastics pose an increasing threat to the health of both aquatic and land-based organisms of various sizes.

### <span id="page-18-1"></span>1.6.1 Morphology of Plastic Particles

The common microplastic morphologies found in both aquatic and terrestrial environments include fragments, fibres, beads, foams, and films (Figure 1.1). Synthetic fibres are the predominant type of microplastic, found in marine, fresh water, and air (De Falco et al., 2020). Large amounts of MP fibres are discharged from the washing of synthetic textiles (Boucher & Friot, 2018; (Napper & Thompson, 2016). Fibres detach from textiles and enter wastewater treatment systems (Grbić et al., 2020). In addition, wet wipes and cigarette filters release significant microfibres (Ó Briain et al., 2020; Belzagui

et al., 2021). Mishra et al., (2019) estimate that 2 million tonnes of microfibres are released into the ocean each year, and that there are currently 1.5 million trillion microfibres in the ocean.



<span id="page-19-0"></span>**Figure 1-1. Different morphological types of microplastics. (A) Fragment, (B) Film, (C) Bead, (D) Fibres, and (E) Foam.**

Fragments are most commonly found in marine environments (Cohen et al., 2019; (Kosore et al., 2022). Fragmented MPs are derived from larger macroplastic debris and typically exhibit irregular shapes commonly composed of PE, PP, PET, and PS (Erni-Cassola et al., 2019). Recently, it was suggested that irregularly shaped MPs adsorb more pollutants than rounded or spherical morphologies because of their higher surface area to volume ratio (Frydkjær et al., 2017; Zimmermann et al., 2020). This results in greater accumulation of polychlorinated biphenyls (PCBs), polycyclic aromatic hydrocarbons (PAHs), hexachlorocyclohexanes (HCHs), dichlorodiphenyltrichloroethane isomers (DDTs), and pesticides (Patel et al., 2020; Li et al., 2022; Prajapati et al., 2022).

Microbeads are manufactured for specific uses, typically being found in personal care and cosmetic products (e.g., shampoos, toothpaste, lotions, lipstick), and abrasives and exfoliants (Bhattacharya, 2016; Hunt et al., 2020). Microbeads are one of the only

microplastic types with increasing restrictions around the world (Stoll et al., 2020). The 'rinse-off' nature of personal care products and small size of microbeads contribute to the leading form of microplastic escape capacity from wastewater treatment plants (WWTPs) (Hidayaturrahman & Lee, 2019). Approximately 90% of all microbeads are composed of PE, but PP, PET, PMMA, and nylon are also used for microbead production (Gouin et al., 2015).

Foam MPs originate from larger foam materials commonly used in single-use food containers, packaging materials, insulation, and construction materials (Ramli Sulong et al., 2019; Turner, 2020). The low density, thermally insulating, and shock-absorbing characteristics of plastic foams such as expanded polystryrene (EPS), extruded polystyrene (XPS), and PU spray foam make these polymers highly desirable in commercial applications (de Souza et al., 2023). Among these foams, EPS and XPS are the most predominant forms of marine litter (Chen et al., 2018; (Chitaka & von Blottnitz, 2019).

Films are thin, malleable, flat sheets of plastic derived from the degradation of larger plastic items, such as single-use shopping bags, food packaging, industrial liners, and agricultural films (Rochman et al., 2019; Thammatorn & Palić, 2022; (W. Yang et al., 2022). Films are typically composed of HDPE, LDPE, LLDPE, and PVC (O'Rourke et al., 2022).

## <span id="page-20-0"></span>1.7 Ecological and Environmental Impacts of Plastic Debris

Plastic pollution directly and indirectly harms organisms and ecosystems. This thesis concerns plastic debris in terrestrial systems that lead directly into freshwater environments.

#### <span id="page-20-1"></span>1.7.1 Terrestrial

The majority of plastics are produced, used, and discarded on land, contributing to an accumulation of waste in terrestrial systems (Hurley et al., 2020). Land areas with high

population density and anthropogenic activity, such as urban centers, along with locations near waste processing sites, tend to be the largest repositories for the accumulation of MaPs (Barnes et al., 2009). Plastic waste on land has contributed to the accumulation of both MaPs and MPs in rivers (Lahens et al., 2018; Corcoran et al., 2020; Pan et al., 2023) and lakes (Ballent et al., 2016; Li et al., 2018; Yang et al., 2022). Although various sources contribute to microplastic pollution in aquatic environments, 80% of anthropogenic litter originates from land-based sources (da Costa et al., 2016; Coyle et al., 2020). The most common type of land-based source is stormwater runoff containing littered waste. Plastics may also be spilled within factories then drain into local water bodies. Agricultural activities contribute plastic waste to the environment through cultivation, and the use of plastic mulch films and synthetic fertilizers coated in different polymers (Tian et al., 2022, and Zhang et al., 2020). During rain events, these MPs may run off into aquatic systems.

In terrestrial environments, tire wear particles are also a large contributor to microplastic emissions globally (Schwarz et al., 2019). Estimates state that the global average emission rate of tire wear particles may be 0.81 kg/year (Kole et al., 2017) Recent studies have also revealed that MPs found in terrestrial settings may have been deposited through air (O'Brien et al., 2023). According to Evangeliou et al. (2020) wind erosion acts as a natural transport mechanism, distributing MPs across different environments and ultimately contributing to their widespread distribution. Microfibres, derived from textiles such as fabrics, clothing, and carpets, are the dominant types of MPs in air (Finnegan et al., 2022). Other sources of MPs found in the atmosphere come from industrial activities. Recycling plants, factories, and manufacturing plants, where plastic incineration and grinding processes are carried out, contribute to airborne MP pollution (Dris et al., 2016).

#### <span id="page-21-0"></span>1.7.2 Freshwater

The study of plastic pollution within freshwater environments is generally considered to be less extensive than that in marine environments. However, recent recognition of rivers and lakes as major conduits for plastic debris entering the marine environment has shifted attention towards plastic pollution in freshwater environments (Horton & Dixon, 2018).

Meijer et al. (2021) predict that 1656 rivers are accountable for 80% of plastic emissions into the marine environment, with small urban rivers contributing the most pollution.

Freshwater ecosystems may also experience the direct impacts of plastic pollution. According to Blettler & Mitchell (2021) freshwater fauna interact with MaPs and MPs in several distinct ways, similar to marine counterparts. These interactions include: (1) ingestion; possibly leading to internal injuries, (2) entanglement; animals are trapped in plastic, (3) nesting; the use of plastic to build nesting sites, (4) biota transfer; using plastic for transportation across landscapes, and (5) shelter; providing a refuge for various species. Biota in aquatic environments are susceptible to the ingestion of MPs and have been found in various ecosystems worldwide (Rochman et al., 2015; Chae & An, 2017; Besseling et al., 2019). Out of all species, birds are the most reported in plastic-fauna encounters (Wang et al., 2021). It is expected that by 2050, all seabird species will be ingesting plastics (Wilcox et al., 2015). A study by Brookson et al. (2019) revealed that of 30 species of cormorants (*Phalacrocorax auratus*) native to the Laurentian Great Lakes, >86% contained MPs and other anthropogenic materials, with fibres being the most abundant. The interaction and ingestion of MPs have been reported from nearly every trophic level, including in algae, phytoplankton, and zooplankton (Wu et al., 2019; Hitchcock, 2022; Yıldız et al., 2022), invertebrates (snails, mussels, and insects) (Pan et al., 2021), fish and amphibians (Wardlaw et al., 2022), birds and mammals (Reynolds  $\&$ Ryan, 2018; Smiroldo et al., 2019), and plants (van Weert et al., 2019). In their review, Azevedo-Santos et al. (2021) found that 206 freshwater species were found to have ingested plastic, ranging from small invertebrates to mammals.

Plastics can also adsorb pollutants that are then ingested by aquatic organisms, thereby creating the potential to disrupt the food chain (Auta et al., 2017; (Saeedi, 2023). Plastics have been shown to leach as well as adsorb harmful substances such as heavy metals (Zon et al., 2018), endocrine-disrupting chemicals ((Grgić et al., 2023) and organic pollutants (Liu et al., 2019). The resultant effects include bioaccumulation, reproductive issues, and toxicity. (Mariani et al., 2023) reported that aquatic moth larvae *Cataclysta Lemnata,* fed with microplastic-contaminated plants showed induced mortality rates of 90% and failure to reach the adult phase after 21 days, whilst 50% of the control group

managed to pupate as moths. In a 60-day study by Herrera et al. (2022), European seabass (*Dicentrarchus labrax)* were fed two diets containing 10% virgin plastic or environmental MPs. The fish ingesting environmental MPs revealed bioaccumulation of polybrominated diphenylethers (PBDEs) (used as flame retardants in polymers), polychlorinated biphenyls (PCBs), and Dichlorodiphenyldichloroethylene (DDE) in their livers. Several studies have shown that MPs with heavy metal contaminants can also cause toxic effects (Naqash et al., 2020; (Q. Chen et al., 2023)). A study done by Banaee et al. (2019)revealed that when MPs and cadmium chloride (Cd) are combined, they intensify the effects of biochemical and immunological stressors on common carp (*Cyprinus carpio*).

#### <span id="page-23-0"></span>1.7.3 Human Health Implications

The presence of MPs in the human body is a relatively new area of research that is quickly evolving but remains understudied (Kutralam-Muniasamy et al., 2023). There are three main methods of microplastic exposure to humans: (1) ingestion, (2) inhalation, and (3) dermal contact (Prata et al., 2020). According to a study published by Cox et al. (2019), humans are exposed to 74,000 to 121,000 MPs annually. Ingestion is the main way in which humans are exposed to MPs (Kumar et al., 2022). Numerous studies have shown that MPs and nanoplastics are in commonly consumed foods and beverages, such as tap and bottled water (Gambino et al., 2022), table salt (Gündoğdu, 2018), commercial fish and shellfish (Rochman et al., 2015); Li et al., 2018; Fang et al., 2019), milk (Basaran et al., 2023), sugar (Afrin et al., 2022), tea bags (Hernandez et al., 2019, Thiele et al., 2021), and fresh produce (Oliveri Conti et al., 2020). Experimental findings from both cellular and animal models indicate that MPs may impact multiple physiological systems including gastrointestinal, pulmonary, hormonal, reproductive, and immunological. Various studies have investigated a number of biological disruptions such as oxidative stress, wherein plastic additives such as phthalates, and bisphenol A (BPA) have the ability to damage cellular components (Liu et al., Schirinzi et al., 2017). Cytotoxicity has been determined in human colon adenocarcinoma Caco-2 cells by the introduction of polystyrene MPs (Wu et al., 2019). Neurotoxicity has also been observed (Prüst et al., 2020). An in vitro study revealed that murine neuronal cell types, when

exposed to polystyrene nanoparticles, can affect the mitochondria and cause increased lactate dehydrogenase (LDH) leakage, a marker for cell damage (Murali et al., 2015). In addition, immune system disruption through inhalation can result when MPs interact with alveolar epithelial A549 cells, by interfering with the cell cycle, and encouraging apoptosis, causing induced inflammation (Xu et al., 2019).

# <span id="page-24-0"></span>1.8 Summary

The ubiquity of plastic waste in the environment and the harm it poses to organisms necessitates urgent research, planning, and solutions that will help stem the flow of plastic debris into terrestrial and aquatic ecosystems. One way to address this danger is to examine, quantify, and assess the types of plastics that are currently accumulating in the environment. This helps in identifying the sources, pathways, and main factors controlling the accumulation and deposition of MaPs and MPs. The remainder of this thesis will provide novel results and interpretations that answer the question, "How many and which types of plastic debris items are transferred from urban streets into freshwater aquatic settings through stormwater drains?"

## <span id="page-25-0"></span>2 Regional Setting and Methodology

## <span id="page-25-1"></span>2.1 Regional Setting

The city of London in Ontario, Canada, is an area with a population of approximately 423,369 (Statcan, 2021). Ranked by population, London is the sixth-largest city in Ontario in addition to being Canada's 10th largest city. London has a land area of 420  $km^2$  with a population density of 1,066/km<sup>2</sup> (Statcan, 2021).

There are many waste management services in London, such as recycling, and yard waste and garbage collection. The city is also introducing a Green Bin program in January 2024 for food waste collection (City of London, 2023). Curbside waste collection contributes 61,000 tonnes of residential garbage annually, whereas multi-residential households contribute 23,000 tonnes. Approximately 7% of waste from curbside garbage pick-up is recyclable. In 2017, The City of London proposed a Resource Recovery Strategy to maximize waste diversion from the current rate of 45% to a rate of 60% (City of London, 2020). Accepted plastics for recycling include plastic containers, plastic bottles and tubs with RIC #1 through #7. Not all plastic items are recyclable in London, such as Stryofoam (expanded polystyrene), plastic bags, plastic straws, plastic cutlery and plastic wrap.

The Thames River flows through rural, suburban, and urban parts of London (Figure 2.1). The river is located in southwestern Ontario, Canada, and is known as the Deshkaan-ziibi / Eshkani-ziibi ("Antler River") by the Anishnaabe peoples (Thames River Clear Water Revival, 2019). The river flows 273 km with a total drainage basin of  $5,825$  km<sup>2</sup> and a maximum width of 56 km (Stewart & Desloges, 2014). The Upper Thames River is composed of three sections: i) the south branch, which begins near Tavistock, ii) the middle branch, which originates near Hickson and flows into the south branch near Putnam, and iii) the north branch, which begins near Mitchell (Figure 2.1). The north and south branches converge in downtown London and become the Lower Thames River, which flows into Lake St. Clair.



<span id="page-26-0"></span>

The Thames River is impacted by London's growing population, thereby increasing the potential risks of pollution, and specifically plastic debris. To understand the relationship between land-based sources of plastics and their input into freshwater systems, the urban areas surrounding the Thames River present a critical study site. This study area allows for the consideration of how anthropogenic activities contribute to the accumulation of MaPs and MPs in natural ecosystems. Examining stormwater drain debris in London

allows for their capture, sorting, quantification, and categorization. These processes aid in identifying the sources of plastic waste and its pathways into natural, freshwater systems. The present study therefore provides vital insights for environmental management and pollution mitigation strategies.

## <span id="page-27-0"></span>2.2 Methodology

A total of 30 samples were collected from urban stormwater drains in London, Ontario. All samples were processed using a density separation method. Macroplastic and large microplastic particles were characterized visually and microscopically. Fourier transform infrared spectroscopy (FTIR) was used to determine the polymer composition of microplastic particles.

#### <span id="page-27-1"></span>2.2.1 Sample Collection

Samples were collected seasonally from six different stormwater drains (Figure 2.2). The locations of the drains are classified as high priority zones by the City of London and include Dufferin, Inner Queens, Outer Queens, Bathurst, Ivey Park, and Carfrae sites (Figure 2.3). The stormwater drains are all distributed within the downtown core of the city. At each of these sampling locations, an Enviropod LittaTrap<sup>TM</sup> with a 5 mm mesh size was previously installed by the City of London. The patented trap is designed to act as a catch basin to prevent anthropogenic and other debris from entering the storm drain system (Figure 2.3). The debris in the 5 mm mesh traps were collected from each location in October 2021 as single reference standards to be compared with the results later determined from the 1 mm mesh liners. Each LittaTrap<sup>TM</sup> was then retrofitted with an Enviropod Nurdle Liner<sup>TM</sup>, which is composed of a finer mesh designed to catch debris  $>$ 1 mm (Figure 2.4). The 1 mm mesh was installed to determine the effectiveness of larger microplastic capture (1-5 mm in size). Each 1 mm liner was installed for a 22-day period, once per season.

During autumn sampling, the fine mesh was installed on November 25, 2021 and removed on December 16, 2021. During the winter period, accumulation occurred between March 10, 2022, and March 31, 2022. The spring sampling period was from May 26, 2022 to June 16, 2022, and the summer sampling period ran from August 25 to September 14, 2022. Debris that accumulated during each sampling period was removed and emptied into 22L stainless steel cans with locking lids to avoid airborne plastic contamination of the sample.



<span id="page-28-1"></span>

### <span id="page-28-0"></span>2.2.2 Sample Processing

Each sample contained organic and plastic debris, and some contained sediment. The samples were visually examined, and any anthropogenic debris >5 mm (MaPs) was removed. The MaPs were rinsed with reverse osmosis (RO) water, placed in aluminum pie plates, covered with aluminum foil and placed in a drying oven set to 60°C for 24 hours. The remaining debris in each can was processed using a density separation method similar to the International Trash Trap Network's detailed waste characterization protocol (Ocean Conservatory, n.d.).



**Figure 2-3. Photos of the six stormwater drains from which the samples were collected. A) Bathurst, B) Ivey Park, C) Dufferin, D) Carfrae, E) Outer Queens, and F) Inner Queens.**

<span id="page-29-0"></span>The sample contents were combined with RO water until the 22 L steel can was  $\frac{3}{4}$  full. The contents were thoroughly stirred with a metal spoon and left to settle for 3 minutes to allow small particles to float to the water surface. Macroplastic debris visible at this stage was removed and added to the MaPs previously identified. A 28 cm diameter stainless steel sieve was pressed into the sample and slowly pushed down toward the bottom of the can. Each sample was then poured through a 1 mm VWR USA Standard Testing Sieve, and an overlying 5 mm VWR USA Standard Testing Sieve. The 5 mm sieve allowed for the additional capture of any entangled debris that was missed in the initial steps of processing. This process was repeated three times. Each time, the contents captured in the 1 mm sieve were rinsed into glass petri dishes, covered with aluminum foil and dried in the laboratory oven at 60°C for a minimum of 24 hours. Once all samples were cleaned and dried, each individual piece of debris was visually identified, measured, and recorded (Figure 2.5).



<span id="page-30-0"></span>**Figure 2-4. Schematic diagram of the LittaTrapTM catch basin (left) and during field sampling (right).**

Macroplastic items were categorized using a visual characterization method. This method involved: 1) recording of known item parts (e.g., cigarette butts, bottle caps, food wrappers), 2) using attached labels or markings for identification, and 3) conducting online searches for comparison by using Resin Identification Codes (RIC). For microplastic particles, each petri dish containing a processed sample was examined using a Nikon SMZ1500 stereomicroscope (3.75x to 258x magnification), each particle was photographed using a Nikon DXM1200 digital camera and was measured in NIS elements D 4.30. Each particle was removed with a stainless-steel dental pick or tweezers, and was categorized according to colour, size, and type (pellet, fragment, intact fragment, foam, fibre, film, rubber, and non-plastic). Table 2-1 displays the characterization method used to create the database for this study. Each particle was placed onto double-sided 3M adhesive tape adhered to a glass microscope slide and was circled with a black, fine-tip permanent marker. Once a slide was filled with particles, it was stored within an air-tight box.



<span id="page-31-1"></span>**Figure 2-5. Organization of macroplastic and other debris from the autumn Bathurst sample prior to visual characterization.**

## <span id="page-31-0"></span>2.2.3 FTIR

Fourier Transform Infrared Spectroscopy (FTIR) is a compositional analysis method used on an unknown material to determine composition. This identification technique is common in polymer science. The surface of a particle is exposed to infrared light and the radiation absorbed or reflected by the molecules within the particle creates energy with a unique spectrum (Giechaskiel & Clairotte, 2021). A total of 150 microplastic particles were selected using a random number generator to be analyzed by FTIR at Surface Science Western, London, Canada. Particles were transferred to a diamond compression cell, condensed, and analyzed using a Bruker Tensor II spectrometer in transmission mode, using a Hyperion 2000 microscope. Larg MP particles were analysed using a micro-attenuated total reflectance (mATR) attachment equipped with a germanium crystal. Spectra were collected from wavenumbers  $4000$  to  $600 \text{ cm}^{-1}$  with a resolution of

4 cm<sup>-1</sup>. The results were baseline corrected, and corrected for possible contamination from water vapour, carbon dioxide, and the adhesive tape.

Category	<b>Identification Variable</b>
Location	<b>Bathurst</b>
	Carfrae
	Dufferin
	<b>Inner Queens</b>
	<b>Ivey Park</b>
	<b>Outer Queens</b>
<b>Size</b>	Microplastic:
	Size $(\mu m)$
	Macroplastic:
	Size (cm)
	<b>Size Fraction:</b>
	$<$ 5 mm
	$>5$ mm
<b>Particle Morphology</b>	<b>Intact Fragment</b>
	Fragment
	Pellet
	Fibre
	Foam
	Film
	Textile
	Rubber
	Other
Quantity	Dependent
Colour	Specific to particle/item
<b>Description</b>	Physical description
	RIC identification codes
<b>Material</b>	FTIR results recorded for selected particles and
	items
	Identifiable items were researched to determine
	polymer composition
<b>Uses/Application</b>	Items and particles were cross-referenced with
	web searches to determine their common
	applications:
	Arts/Crafts
	Clothing/Textiles
	Construction
	Food/Beverage Packaging
	<b>Industrial Coatings</b>
	<b>Narcotics</b>
	Medical
	Packaging
	Unknown

<span id="page-32-0"></span>**Table 2-1. Categories and identification procedure used to describe each particle and item found in the samples.**

### <span id="page-33-0"></span>2.2.4 Quality Assurance and Quality Control

Quality assurance and control measures were taken to minimize the amount of airborne microplastic contamination in the samples. A total of 16 procedural lab blanks and 8 field blanks were collected to determine the levels of contamination during working hours in the laboratory, and at the time of sample collection, respectively. During removal of the LittaTraps<sup>TM</sup> in the field, glass mason jars were set next to the storm drains in order to account for atmospheric fallout. The jars were covered with aluminum foil and brought back to the lab where they were rinsed with RO water and drained into glass petri dishes. The laboratory blanks were acquired by placing empty glass petri dishes on counters during processing and microscopic examination of individual samples. In the laboratory, all processing tools were thoroughly rinsed with RO water, dried with compressed air, and covered with aluminum foil when not in use. All surfaces were wiped with damp cotton towels before and after use, including chairs, work benches, sinks, and metal microscope enclosures. Clean-air measures were enforced using filters and HEPA air purifiers. Individuals entering the lab at any time were required to wear white cotton lab coats and designated lab footwear.

# <span id="page-33-1"></span>3 Results

Anthropogenic debris found in each trap insert were separated into macroplastic (items >5 mm) and microplastic (particles from 1-5 mm) categories. All items and particles were weighed and characterized based on size, color, and type (Appendix 1; Table 3-1).

## <span id="page-33-2"></span>3.1 Macroplastics

#### <span id="page-33-3"></span>3.1.1 Macroplastic Quantification

A total of 1450 plastic debris items were quantified from all samples. The greatest number of MaPs were found in samples from the Bathurst site, with a total of 568 items (Figure 3.1). The Dufferin samples contained the second-highest count of MaPs, with 274 items. The Inner Queens samples contained 267 items, whereas the Outer Queens samples had 186. The Carfrae and Ivey Park samples contained lower counts, with 84 and 71 items, respectively.

The greatest number of MaPs at the Bathurst site were collected from the spring sample (158 items), followed by autumn (152 items), then summer (113 items) (Figure 3.2). The lowest counts were recorded from the winter (86 items) and the standard (59 items) samples. The Carfrae winter site contained 28, followed by spring and summer, both containing 19 items, and 11 items in the autumn sample. The standard contained the lowest number of MaPs with 7 items. The Outer Queens site also contained the lowest number of MaPs in the standard (10 items) compared to the summer (59 items), spring (51 items), autumn (33 items), and winter (33 items) samples. In contrast to the Bathurst, Carfrae, and Outer Queens sites, the Inner Queens site standard contained the greatest number of MaPs (89 items) compared to the summer (62 items), spring (48 items), autumn (45 items), and winter (23 items) samples (Figure 3.2). Similarly, the Ivey Park site had the highest number of MaPs in its standard (26 items) compared to the spring (20 items), autumn (11 items), summer (9 items), and winter (5 items) samples. The Dufferin site summer sample contained the highest number of MaPs (119 items) followed by the spring (65 items), winter (37 items), standard (31 items), and autumn (22 items) samples.

#### <span id="page-34-0"></span>3.1.2 Macroplastic Morphologies

The morphology of each macroplastic item from every sample was recorded, and these included fragments (unidentifiable source), intact fragments (identifiable source), foams, textiles (e.g., woven synthetic fabric, rope, line, thread), films (thin, flexible plastics), rubber, and visible non-plastics (Figure 3.3). Fragments and intact fragments were the most prevalent item types across all sites, with their totals ranging from 16.7% to 61.3% per site. Intact fragments accounted for 36.5% of the total macroplastic debris. This was followed by fragments  $(32.4\%)$ , rubber  $(1.6\%)$ , foams  $(3.2\%)$ , films  $(13.4\%)$ , and nonplastics (12.1%). The least common morphology type was textiles, representing 0.9% of the overall macroplastic debris. The relative percentages of morphology types in the samples were calculated for each site. Of the six sites, the percentages of fragments and films were greatest in the Inner Queens samples (51.0%; 14.1%), of intact fragments and rubber in the Dufferin samples (61.3%, 2.0%), of foams in the Carfrae samples (15.6%), of textiles in the Ivey samples (2.4%), and of non-plastics in the Bathurst samples (15.5%) (Figure 3.3).

<span id="page-35-0"></span>




**Figure 3-1. Total Count of MaPs from each site combined across all seasons.**



**Figure 3-2. Seasonal abundance of macroplastic debris found in the 1 mm mesh compared with the standard sampling period debris from the 5 mm mesh.**

### 3.1.3 Macroplastic Items and Polymers

Visual analysis of all debris revealed a diverse range of items (Figure 3.4). Cigarette butts were the most common macroplastic, constituting 455 (31.4%) of the total items surveyed. Fragments accounted for 313 (21.6%) of the total items. Wrappers (121, 18.3%) and expanded polystyrene (EPS) foam (5, 3.5 %) were also common. Other notable MaPs included bottle caps (35, 2.4%), films (28, 1.9%), and saline solution caps and bottles (26, 1.8%). Numerous other common items were found in limited numbers, such as vehicle light fragments (18, 1.2%), medical packaging (16, 1.1%), food packaging (15, 1.0%), syringes (12, 0.8%), plastic bags (12, 0.8%), drinking straws (8, 0.6%), and apothicom cups (5, 0.3%).



**Figure 3-3. Relative percentages of macroplastic debris types in each sample across all seasons.**

Using the visual polymer identification process described in section 2.2.2, 572 items (39.4%) were unidentifiable (Figure 3.5). Of the remaining 878 items, cellulose acetate (cigarette butts) was the most common polymer, making up 51.8% of the total. Polypropylene, HDPE, and EPS were also prominent, at 10.5%, 9.3%, and 5.9%, respectively. Rubber and PE comprised 2.7% and 1.8% of the total items, respectively. Low-density PE and acrylic accounted for 2.3% and 1.6% of the identified total, whereas PET represented 1.9%. Polycarbonate (PC) (2.2%), alkyds (1.7%), and polyvinyl chloride (PVC) (2.2%) were identified as the polymers for vehicle light fragments, paint, and tubing, respectively.

## 3.1.4 Macroplastic Applications

A total of 1082 MaPs were distinguishable by origin, and 368 items were classified as 'unknown'. The unknown items were organized by morphology type (Figure 3.6a). Of the total unknown items, fragments composed 83.4%, followed by foams (12.5%), fibres (1.9%), films (1.1%), and rubber (1.1%). Macroplastics that were able to be linked to a specific application are presented in Figure 3.6b. The most common application is "Smoking", representing 42.5% of the total MaPs. Examples of items in this application are cigarette butts, coated filter papers, and lighters. The second most common application is "Food/Beverage Packaging", which accounts for 18.3% of the total, and includes candy wrappers, bottle caps, bottles, lollipop sticks, drink lids, and packaging film. The "Narcotics" application (5.6% of total) is represented by syringes, saline solution bottles/caps, apothicom cups, and tourniquet bands. The "Packaging" application (6.0%) contains mini poly bags, sandwich bags, plastic bags, bubble wrap, and packing foam. The "Household" application (6.0%) is represented by push pins, toys, pens, electric hair trimmers, and clips. The "Medical" application (3.6%) contains pill bottle caps, medical packaging, surgical masks, prep pads, and pill bottles. Wire connector caps, nylon ties, tile spacers, stakes, tubing, and duct tape make up the "Construction" application (4.0%). The applications "Wrappers" (not food related) represent 2% of items.



**Figure 3-4. Visually identifiable MaPs in samples from all seasons and locations combined. Items constituting <5 of the total count are not displayed. These items include buttons (4), clothing labels (3), beads (3), lighters (3), plastic cutlery, and tourniquette bands (3).**



**Figure 3-5. Macroplastic polymer types, as determined by the visual polymer identification process.**

The remaining categories represent smaller numbers of MaPs: "Arts/Crafts" (pen, beads, glitter/confetti, glue stick - 1.8%), "Automotive/Transportation" (bike tubes, tire caps, vehicle lights- 2.3%), "Clothing/Textiles" (buttons, clothing tags, plastic zippers, aglets - 2.5%), "Food/Beverage" (chewing gum, drinking straws, cups, plastic cutlery - 1.8%), and "Industrial Coatings" (paint chips, enamel paints - 2.2%). The "Electronics" (electrical tape, cable tie, ear bud cover) application represents the smallest proportion of the total, contributing only 1.2%.

# 3.2 Microplastics

## 3.2.1 Microplastic Quantification

Similar to the macroplastic proportions, the greatest microplastic counts were in samples from the Bathurst, Dufferin, and Inner Queens sites (Figure 3.7). Of the Bathurst samples, the majority of MPs were found in the autumn sample (144 particles), followed by the

spring (136 particles), summer (131 particles), winter (93 particles), and standard (29 particles) (Figure 3.8). The Carfrae site showed a similar trend, with the lowest number of MPs in the standard (11 particles). The highest microplastic count was in the winter sample (139 particles) followed by the spring (88 particles), autumn (35 particles) and summer (18 particles). Similarly, Dufferin displayed the lowest microplastic count in the standard (26 particles), whereas the winter sample contained 359 particles, followed by the summer (144 particles), spring (111 particles), and autumn (75 particles) samples. Samples from the Inner Queens site contained, in descending abundance, 213 particles (summer), 195 particles (autumn), 83 particles (spring), and 72 particles (winter). The Ivey site had low microplastic counts throughout all seasons. The highest count was recorded from the spring sample (67 particles), followed by the summer (32 particles), winter (26 particles), standard (6 particles), and autumn (3 particles) samples. The Outer Queens site contained relatively consistent microplastic counts across the seasons, with the highest count in the summer sample (80 particles), followed by the autumn (54 particles), winter (53 particles), spring (41 particles), and standard (8 particles).

## 3.2.2 Microplastic Morphologies

Microplastics were categorized into several morphologies, including fragments (unidentifiable source), intact fragments (identifiable source), foam, films (thin, flexible plastics), rubber-like particles, fibres, textiles, and non-plastic particles (Figure 3.9). Fragments were the most common morphology of microplastic, accounting for 45.0% of the total MPs. Foams and fibres were also widespread, comprising 23.3% and 15.4% of all MPs. Rubber-like particles, films, and intact fragments (e.g., beads) accounted for 7.7%, 6.4%, and 1.8% of the total, respectively. Non-plastic items represented 4.7% of the particles overall.



**Figure 3-6. Classification of macroplastics. (A) Unknown items according to morphology, and (B) known macroplastic items grouped into common applications.**



**Figure 3-7. Total Count of MPs from each site combined across all seasons.**



**Figure 3-8. Seasonal abundance of microplastic debris found in the 1 mm mesh compared with the standard sampling period debris from the 5 mm mesh.**



**Figure 3-9. Relative percentages of microplastic debris morphology in each sample across all seasons.**

The relative number of particle types in samples were obtained from each site. Of the six sites, the highest count of fragments was in the Bathurst samples (310 particles) and lowest in the Ivey samples (82 particles). Foam particles were most abundant in the Carfrae samples (250 particles) and least abundant in the Ivey samples (11 particles). Intact fragments were most prevalent at the Dufferin site (34 particles) and least common at the Ivey site (1 particle). The Bathurst samples contained the highest concentrations of films (53 particles), and Ivey the lowest concentration (6 particles). Rubber-like particles were most common in the Dufferin samples (124 particles) and least common in the Outer Queens samples (7 particles). Fibre counts were greatest in the Bathurst samples (132 particles) whereas fibres were least common in the Carfrae samples (6 particles). Textiles were found at only two sites, with 5 particles in the Dufferin and 4 particles in the Bathurst samples. All samples contained non-plastic particles, but the Bathurst site contained the greatest number (52 particles) and the Carfrae site contained the fewest (4 particles).

### 3.2.3 Microplastic Polymers

A total of 206 MPs were selected for FTIR using a random number generator (Figure 3.10). The most common polymer was PE (59 particles). Polypropylene was the second most abundant polymer (46 particles). Seventeen particles were composed of PET, commonly used in plastic drink bottles and synthetic fibres. Polystyrene, commonly used in the production of food packaging and insulation, was determined for 9 particles. Nine particles of acrylic were also detected (Figure 3.11). Other polymer types in relatively lower quantities were PVC (7 particles) and acrylonitrile butadiene styrene  $(ABS - 5$ particles). The polymers POM, polyvinyl acetate, PVC, PES, urea resin, PLA, PE & PP (combined in one particle), acrylic resin, and polybutadiene each had a count of 1. Twenty-two particles were identified as non-plastics (cellulose, ethyl cyanoformate, dodecane, cashmere, hair, and cotton). Some black particles were visually indicative of rubber or were not infrared active, making their precise identification challenging.



**Figure 3-10. Microplastic polymers, as determined by FTIR spectroscopy of 206 randomly selected particles.**



**Figure 3-11. FTIR spectra of the five main types of MPs retrieved from all stormwater drains. (A) PE, (B) PP, (C) PET, (D) PS, and (E) acrylic.**

### 3.2.4 Microplastic Colours

In this study, each microplastic particle was examined for colour (Figure 3.12). Microplastic colours are often overlooked, but they can affect the number of MPs found in the environment. Colour can have an impact on polymer photoaging, can indicate the way in which a microplastic was formed, and its perception can lead certain organisms to mistake MPs for food sources (Zhao et al., 2022). White MPs were most common at 29.2% (n=817), followed by black (13.5%; n=404), and blue (12.5%; n=373). Red particles accounted for 10.5% (n=313) of the total, followed by translucent  $(8.6\%;$ n=256), and transparent (8.6%; n=261). There were moderate counts of green (4.5%; n=136), pink (4.3%; n=129), yellow (3.4%; n=102) and grey (2.7%; n=82) MPs. The least representative colours were orange (0.8%, n=24), purple (0.4%, n=12), and brown  $(0.3\%$ , n=10). Colourless, iridescent particles represented 0.5% (n=16) of the total MPs.



**Figure 3-12. Graph showing the relative percentages of colours of microplastic particles from samples at each location (seasons combined).**

# 4 Discussion

The movement of urban plastic debris into aquatic systems has been considered to be controlled by the number of humans and their activities, as well as weather conditions, such as precipitation amount and wind speed (Tasseron et al., 2023). The environmental factors are heavily controlled by seasons, particularly in locations such as London, Ontario, that have a temperate climate. The model in Figure 4.1 was created in order to illustrate the flow of stormwater through London's urban core into the Thames River. The flow path, illustrated by red arrows, indicates the direction that plastic debris in run off would travel. Plastic debris sources and pathways also include roads, parks and residential areas, commercial and services buildings, apartments, industries, and parking lots. Areas with high pedestrian traffic including social service buildings (e.g., homeless shelters, soup kitchens), schools, and parks contribute plastic litter to stormwater drains. Litter is mainly produced from human activities during the warmer months. Although precipitation and windspeed may affect transportation rates of plastic pollutants, the urban core contains many anthropogenic structures that could block or redirect their flow.

# 4.1 Number of MaPs and Seasonal Variation

Macroplastics found in samples from six different locations in London, Ontario across four seasons revealed notable variations, which highlights the complex nature of plastic pollution in the environment. The following evidence suggests that there is a seasonal pattern in macroplastic accumulation, with the most pronounced means recorded during the summer and spring, followed by autumn and winter (Figure 4.2). Increased input of plastic debris during the spring and summer can be attributed to greater pedestrian traffic, increased outdoor activities with more single-use plastics (SUPs), and release of items during the spring snowmelt. Eslami et al. (2023) also concluded that the summer months generate the most waste due to vacations and social gatherings.

# **4-1. A model of the various sources, routes, and barriers that could affect the transport, amount and types of plastic debris items accumulating in downtown London stormwater drains.**

The standard samples (mesh size of 5 mm) were collected from each site on October  $25<sup>th</sup>$ to compare with the autumn samples (mesh size of 1 mm), which were collected on December 16. The Dufferin, Inner Queens, and Ivey Park standard samples contained greater numbers of MaPs compared to the autumn samples, with 1.4 times, 2.0 times, and 2.4 times the number of items in the former compared to the latter. The results could be due to temperature changes, as the 22-day standard collection period had an average daily temperature of 14°C, whereas the average daily temperature of the autumn collection period was 2°C (London Weather Stats, 2023). The colder autumn temperature period may have led to lower numbers of individuals on the city streets, which in turn would have decreased the influx of plastic waste items into the storm drains. In contrast with the three other sites, the Bathurst and Outer Queens autumn samples contained 2.6 times and 3.3 times the number of MaPs compared to their standards (Figure 3.2). These results indicate that temperature alone cannot account for the relative number of MaPs across all sites. The Carfrae site also contained more MaPs in the autumn sample (11) compared to the standard (7), but given the small number of items, this is not considered a significant difference.

The number of MaPs was compared with the average wind speed for each 22-day period (London Weather Stats, 2023) (Figure 4.3; Appendix 2). A Pearson correlation coefficient (r) of -0.154 and a p-value of 0.41 were determined, indicating a negligible correlation between average wind speed and number of MaPs. Each 22-day period may not have captured these correlations, indicating the complexity of variables in urban locations.

The relationship between the number of MaPs and the total amount of precipitation during each 22-day period was also considered (London Weather Stats, 2023) (Figure 4.3; Appendix 2). During the autumn sampling period, there were 274 items across all six

sites, with a precipitation total of 72.7 mm (Figure 4.4). The 22-day accumulation period for the standard samples produced 222 items, with a precipitation total of 115.8 mm. A greater amount of precipitation was expected to lead to a higher number of MaPs in stormwater drains, but samples from all sites and seasons differ significantly from the standard as well as from one another. With an r of 0.05 and a p-value of 0.77, there is no statistical correlation between precipitation and macroplastic abundance. A lack of correlation between precipitation and MaPs may be explained by diverse stormwater runoff characteristics, wherein flow direction and intensity, land-use, and drainage systems can influence deposition. Bauer-Civiello, 2019) studied plastic debris items that were transported from urban storm drains into a tropical river in Australia and found that fewer debris items were found during the wet season than in the post-wet season. The authors suggest that the frequency at which plastic and other debris items accumulate may be dependent on variance in rainfall rather than total amount. In addition, item transport mechanisms are complex and could cause debris to adhere to rough surfaces such as vegetation and soil, compared with asphalt.

## 4.2 Number of MPs and Seasonal Variation

The number of MPs in samples from all sites and sampling periods was compared (Figure 4.5). Comparing macroplastic data in Figure 4.3 to microplastic data in Figure 4.5 indicates a similar pattern wherein the mean concentrations of MPs are greatest in the summer samples, followed by lower concentrations in the spring, autumn, and winter samples. These findings suggest that there is a consistent seasonal variation in plastic accumulation.



**Figure 4-2. Calculated means (red, open circles) of MaPs for each sample location and each season.** 



**Figure 4-3. Relationship between average windspeed (km/h) and number of MaPs in samples from every sampling period and site.**

The number of MPs in each sample was compared with the average wind speed for each 22-day period (Figure 4.6; Table S2). There was no correlation found between the two variables ( $r = 0.216$ ; p-value = 0.25). A comparison was also made between the amount of MPs in each sample and total precipitation during each season (Figure 4.7). A greater amount of precipitation is expected to lead to a higher number of MPs (Axelsson and Sebille, 2017; de Jesus Piñon-Colin et al., 2020). However, all sites, except for Ivey Park, contained greater numbers of MPs in the autumn samples compared to the standards, which would not be expected if abundances were controlled by amount of precipitation. This may be explained by routine maintenance and cleaning of urban areas through city efforts. At Ivey Park, the regular use of the splash pad in warmer months allows for increased of flushing of plastic particles into the storm drain.

A total of 115.8 mm of rain fell during the standard sampling period, whereas 72.7 mm of rain fell during the autumn sampling period. The seasonal precipitation totals were

compared with the total number of MPs in each sample from all sites and no correlation was determined ( $r = -0.166$ ; p-value = 0.38).

In summary, although the data indicate an overall seasonal effect on both macroplastic and microplastic debris abundances in city stormwater drains, this effect is not a function of average wind speed nor total precipitation during each sampling period.



**Figure 4-4. Relationship between total precipitation (mm) and number of MaPs for every season and site.**

# 4.3 Human Influence on Number of Plastics

The population of London grew by 5.1% between 2015 and 2020 and is forecasted to grow by another 5% from 2020 to 2025 (Watson & Associates Economists Ltd., 2022). With population growth, a forecasted increase in retail and commercial spaces will follow. These increases will cause greater pressure on stormwater management systems, as they divert run-off and associated debris into urban drains. The debris, which is largely composed of plastic, will increase and items will be washed into the Great Lakes

watershed. Of all sampling sites, the Dufferin location was expected to contain the highest amounts of plastic debris, as it is located near a busy main road and a frequented park in the downtown core. This was the case for MPs, but not for MaPs, which were most abundant overall in the Bathurst samples. This may be a result of the Bathurst site's proximity to a Salvation Army shelter and community centre. The area has heavy pedestrian traffic, which is associated with greater littering of trash. In contrast, the Dufferin site contained a notably high number of MaPs in the summer sample only. This result can be explained by the increase in outdoor activities (e.g., festivals, road races) and pedestrians in the central downtown area where the Dufferin site is located, during the summer.



**Figure 4-5. Calculated means (red, open circles) of MPs for each sample location and each season.**





The Inner Queens and Outer Queens sites are located in the same parking lot, and except for the standard samples, the macroplastic abundances are similar, but the number of MPs between sites is not. The variations between the number of MPs captured from the two sites could be due to the location of the Inner Queens drain in the center of the parking lot rather than at the lot's corner where the Outer Queens site is situated.

The Carfrae site is in a residential area and thus, it was correctly hypothesized that fewer MaPs would be found at this location. It was also the site with the third fewest number of MPs. Similarly, the Ivey Park site contained very little plastic debris, with the lowest counts of MaPs and MPs overall. This result was also anticipated because it is in the middle of a children's splash pad. The lowest number of MaPs and MPs at Ivey Park were collected during the summer sampling period, which coincides with the greatest use and regular cleaning of the splash pad for health and safety purposes.



**Figure 4-7. Relationship between total precipitation (mm) and number of MPs for every season and site.**

# 4.4 Effectiveness of 1 mm vs 5 mm LittaTrap<sup>TM</sup>

A comparison of the autumn  $(>1$  mm) and standard  $(>5$  mm) samples revealed no correlation for MaPs, but the numbers of MPs at all but Ivey Park were greater in the autumn sample than in the standard. The Ivey Park sample, however, contained only 6 particles in the standard and 3 particles in the autumn sample, which may not be a statistically reliable number. The results indicate that the 1 mm mesh in the Litta Trap was 5.0, 3.0, 3.0, 9.8, and 6.75 times more effective at capturing microplastics in the Bathurst, Carfrae, Dufferin, Inner Queens, and Outer Queens samples, respectively, than the 5 mm size mesh. Greater capture effectiveness was anticipated because, by definition, MPs are <5 mm in size. The 5 mm mesh did capture some MPs, but mainly through entanglement with organic debris or blockage of the mesh with MaPs. Implementing the finer 1 mm mesh demonstrated that no additional maintenance was required, as

evidenced by the absence of reported flooding at the sample sites. However, this may not be the case if the finer mesh size is used in other urban centres.

# 4.5 Potential Sources

The predominant macroplastic waste items trapped in the stormwater drains included cigarette butts, wrappers, EPS foam, rubber, paint products/industrial coatings, and narcotics paraphernalia. Similarly, the most frequently found items in the Global Ocean Trash Index and the Great Canadian Shoreline Cleanup (GCSC) are cigarette butts, food packaging, and EPS foam (Ocean Conservancy, 2023; Ocean Wise, 2023).

It is estimated that over 4 trillion cigarette butts, composed of cellulose acetate, are littered each year globally (Webler & Jakubowski, 2022) All sample sites contained cigarette butts, with the highest proportions found in the Bathurst (177; 38%) and Outer Queens (65; 14%) samples. The predominance of debris representing the "smoking" application in this study are associated with the most common item found (cigarette butts), representing 42.5% of all MaPs identified. This finding is consistent with the observations made by Healton et al. (2011), in which cigarettes accounted for 25-50% of all litter collected from roads and streets. This similarity in findings indicates a widespread and systematic issue with the disposal of smoking-related items in public spaces.

Wrappers, which belong to the "food/beverage packaging" application, represent 18% of the total items identified in this study. Such findings reaffirm the growing issue of food packaging waste in the environment. According to PlasticsEurope (2020), 40% of plastic production is dedicated to food-related packaging. Furthermore, the World Economic Forum (2016) estimates that 95% of food packaging is thrown away after a single use. This trend of single use plastics in food packaging is driven by the demand for convenience by the consumer, low cost for the supplier, and lengthened preservation of the product. Foams, which are the third most common plastic items found in this study and in the GCSC and Global Trash Index, are also used in packaging of not only food items, but also for products such as electronics and crafts.

Rubber-like particles were found at four of the six locations (Carfrae, Dufferin, Inner Queens, and Ivey) (Figure 4.8a). Black, rubber-like MaPs form part of the "automotive" application, which comprises 4% of the total. One hundred and fifty-four black MPs were characterized as 'rubber-like' due to their elasticity and irregular margins. These types of particles have been identified in numerous studies of MPs across the globe (Baensch-Baltruschat et al., 2020). The presence of translucent rubber-like particles at the Ivey Park site could represent degraded silicone caulking sourced from within the park's playground (Figure 4.9). These rubber-like particles belong to the "construction" application, which accounts for 4% of all macroplastic applications. The microplastic polymer compositions consistent with rubber include ethylene propylene diene monomer rubber (EPDM), silicone rubber, and polybutadiene.

The 'Narcotics' category represents 6% of the total items found in this study. Narcoticsrelated paraphernalia were identified in samples from the Bathurst, Dufferin, Inner Queens, and Outer Queens sites. This covered a broad range of items including sterile needle filters, syringes, syringe packaging, saline solution bottles, tourniquet bands, apothicom cups, and prescription bottles (Figure 4.8b). The Inner Queens site contained the most drug-related debris. While collecting samples from this location, we witnessed individuals actively involved in drug use and purchasing. The presence of narcoticsrelated items provides a key example of how public health and environmental issues intersect. Items like syringes and saline solution bottles may indicate both medical and non-medical drug use. The disposal of these items in the environment is not only a litter problem, but also a potential health hazard. Improperly discarded syringes may also cause injury.

Macroplastic items composed of enamel, silicone and paints were found in samples from five of the six sites (Carfrae, Dufferin, Inner Queens, Ivey, and Outer Queens), and form part of the "industrial coatings" application. Microscopic paint chips and coatings were also identified through FTIR as alkyds. Paint chips are common MPs identified globally (Gaylarde et al., 2021). The abundance of these particles in both MaPs and MPs of the present study is not surprising because most structures, signs, crosswalks, roads, and vehicles are covered with paints or coatings.



**Figure 4-8. Applications linked to plastic debris in this study. (A) Rubber-like MPs. Black, rubber-like fragments are considered "automotive" as they may be tire-wear particles (Kole et al., 2017). B) Common 'Narcotics' related items found in the Bathurst summer sample.**

Microplastic particles composed of epoxy resin, polyvinyl acetate (PVA), urea resin, dodecane, and acrylic resin could be included in the "construction" application. The MPs polyoxymethylene (POM) and polysulfone (PES) are known for their stability at high temperatures, as well as their high strength and rigidity. Items composed of POM are mainly high-performance engineering components common to the "electronics" and "automotive/transportation" applications. Polysulfone is a flame retardant that is used for a variety of applications, such as "household", "electronics" and "medical".

Microplastic colours can also help identify sources (Hartmann et al., 2019). In this study, white microplastics constituted the greatest percentage of MPs in the mesh liners (29.2%). Giacovelli (2018) considered the origins of white and transparent MPs found in stormwater to be derived from single use plastics and referred to these as "white pollution". The majority of single use plastics are susceptible to fragmentation and easily degrade into smaller microplastic particles. Black MPs were the second most common colour of particles in the present study (13.2%), and some were rubber-like. Fragments and films considered "iridescent" had an opaline appearance and resembled glitter, particularly those with a hexagonal shape. Glitter is commonly used in decorations and cosmetics, and in the present stud is part of the "arts/crafts" application.



**Figure 4-9. Transparent 'rubber-like' particles observed in Ivey Park samples, potentially originating from silicone caulking.**

## 4.6 Campaigns to Halt Plastic Pollution

The creation of campaigns surrounding the issue of plastic pollution is an important strategy for raising awareness and calling for actionable responses from public and private sectors. The following section will discuss different campaigns that have influenced the movement on the reduction of plastic pollution globally as well as providing examples to be used in a collaborative effort with the City of London. The five types of campaigns are: (1) Public awareness, (2) Corporate, (3) Government-led, (4) Non-governmental Organization (NGO).

## 4.6.1 Public Awareness Campaigns

The perceived threat of plastic pollution has circulated for the past two decades because of its ubiquity in the natural environment and the extended media coverage it has received (Syberg et al., 2018; Bailey, 2022). This has led to the emergence of initiatives such as public awareness campaigns (PACs), which facilitate the engagement of individuals, businesses, industry, and governmental bodies through education on the threats and solutions related to plastic waste pollution (World Wide Fund For Nature (WWF), 2023). These campaigns are important in shaping public perception, and motivating actionable environmental measures aimed to produce positive changes for a community (Borawska, 2017). The overall objectives of PACs are to: (1) educate the public on the detrimental effects of plastic pollution, (2) encourage behaviour change through adoption of sustainable habits like reducing, reusing, and recycling, and (3) strive to influence and enact policy change (Borawska, 2017). Moreover, the impact of public awareness on environmental issues, as documented in Climate Change awareness (Wolf & Moser, 2011), stresses the effectiveness of successful outcomes when communities are well educated. A study conducted by (Oguge et al., 2021) analyzed the knowledge and attitudes towards SUPs in Kenyan youth and concluded that awareness campaigns are essential to close the gap between knowledge and practice.

The increase of public awareness and knowledge of plastic pollution can further influence the level of active participation in the community. For example, Plastic Free Schools is a program that aims to reduce the use of SUPs. In this program, campaigns and

environmental educational programs promote sustainable alternatives for youth in hopes of influencing future generations (Plastic Free School, 2023) This organization provides resources on how you can implement your own campaign including links to external resources, such as Ocean Wise's Educator and Student Guidebooks for elementary, middle, and secondary school levels.

The success of initiatives like Plastic-Free July, led by the Plastic Free Foundation Ltd, demonstrates the power of PACs. This campaign encourages individuals to avoid SUPs, choose reusable packaging, and choose sustainable products throughout the entire month of July. Over the last few years this campaign has been steadily growing with increasing sign-ups, media coverage, and corporate participation. In 2022, 140 million participants made conscious changes to reduce their plastic consumption, resulting in a reduction of 2.6 million tonnes of plastic. Global recognition from major countries and companies indicates the success of this campaign. For example, the Indian government banned the use of 19 SUP items on July 1, 2022, and the Oman company, National Finance, was inspired to develop the 'Use Less Plastic' campaign as a response to Plastic Free July. These examples show how successful PACs can be in driving positive change on a global scale (Plastic Free Foundation, 2022)

#### 4.6.2 Corporate Campaigns

Corporate campaigns approach plastic pollution efforts with a duality of business-wide waste reduction while also encouraging consumers to adopt eco-sustainable practices. Industry actions must be accountable, and initiatives through Corporate Social Responsibility (CSR) can influence society by demonstrating responsibility for societal and ecological footprints ((Landon-Lane, 2018). Through CSR programs, companies can contribute to community development, environmental conservation, and ethical business practices. Many companies that implement CSR initiatives have enacted positive change, most notably in the area of sustainability, by reducing or redesigning products that are 'greener' (Le, 2022) (Table 4-1). For example, the companies Adidas and Garnier have aimed to design packaging/materials with compostable/biodegradable materials instead of virgin plastic, thereby reducing the amount of plastic that ends up in landfills and oceans. Other companies carry out recycling programs to promote a circular economy, such as

Dell Technologies. Corporate campaigns and green initiatives solidify a company's commitment to sustainability, which has the power to change societal behavior and set the industry standard.

#### 4.6.3 Government-led campaigns and Initiatives

Globally, governments have recognized the urgency and demand regarding plastic pollution initiatives. Many countries have created and implemented government regulations and restrictions to limit the input of plastic waste entering the environment through reduced plastic manufacturing and consumption (Willis et al., 2018). Several governments have launched campaigns aimed to shift behavioral tendencies towards plastic products by emphasizing the urgency of plastic waste management (Table 4-2).

A regional example is how the Canadian government, as of June 2018, banned the manufacture, import, and sale of toiletries used to exfoliate or cleanse using plastic microbeads or any particle used in toiletries less than 5 mm in size (Department of Justice Canada, 2017). Schedule 1 of the Canadian Environmental Protection Act, 1999 (CEPA) has been recently updated (2021) to include "plastic manufactured items" in order to regulate and carefully manage plastic products. The CEPA contains laws for preventing pollution and protecting the natural environment. There are several tools that address plastic pollution at different stages, for example, during manufacture, import, sale, use, and disposal (Canada Gazette, 2021). In June 2022, ECCC published the *Single-use Prohibition Regulations* in which 6 categories of single-use plastics were marked for prohibited manufacture, import, and sale (ECCC, 2022). In addition, the Canadian government has created a campaign, the Zero Plastic Waste Agenda, which is composed of two phases. Phase 1 identifies actions to improve the circularity of plastics in the economy and make the system change needed to reduce plastic waste. Phase 2 outlines actions to reduce plastic pollution, raise awareness, strengthen science and take a global stance on implementing timelines to prevent, reduce, reuse, recover, capture, and clean up plastic pollution in Canada. However, as of November 2023, despite these regulations, court decisions claimed that the Single-use Prohibition Regulations are "unreasonable and unconstitutional" due to the broad classification of polymers as toxic substances. Such legal decisions display the complexities between politics and plastics regulations.

Company Carlsberg Group https://www.carlsberggroup.com /sustainability/our-esg- programme/zero-packaging-waste/ Adidas https://www.adidas.ca/en/primeblue https://www.adidas.ca/en/primegreen	<b>Mission/Goal</b> By 2030: 100% recyclable, reusable, or renewable packaging. 90% collection and recycling rate for bottles and cans. 50% reduction of virgin fossil-based plastic. 50% recycled content in bottles and cans. By 2040: Stop the use of virgin PET.	Initiative/Campaign Focus on circular packaging and increasing bio-based materials while increasing the level of recyclability and usage of products. Example: Creation of Snap Pack technology, used to glue cans together instead of using LDPE six-pack rings. Prime Green and Prime Blue with Parley Ocean Plastic. Use of recycled high-
Proctor & Gamble (P&G) https://www.pginvestor.com /esg/environmental/plastic- packaging/default.aspx	By 2030: 100% of consumer packaging recyclable/reusable. 50% reduction in virgin plastic n consumer packaging.	performance material in the creation of consumer goods. Ocean Plastic Bottle with TeeraCycle, to promote awareness of ocean plastic. Fairy dish detergent bottle made from 10% ocean plastic, and 90% recycled plastic. Reduced packaging by 12%/ consumer. Doubled use of recycled resin in packaging.
<b>IKEA</b> https://www.ikea.com/ca/en/this-is- ikea/sustainable-everyday/	By 2030: Use of only recycled or renewable based plastic in IKEA products.	Phasing out of all SUPs from furnishings, restaurants, and bistro in 2020. Collaboration with NextWave Plastic to integrate ocean-bound plastic into consumer products. Development of products from PET bottles captured by anglers.
<b>DELL</b> https://www.dell.com/en- ca/dt/corporate/social- impact/advancing-sustainability.htm	<b>By 2030</b> For every tonne of product sold, Dell will reuse or recycle an equal amount. 100% of packaging will be made from recycled and renewable sources. > half of Dell's products will be made from recycled, renewable, or reduced carbon emission material.	343.3 million pounds of sustainable material was used in product and packaging. 39.2 million plastic bottles kept out of the ocean since 2019.
Garnier https://www.garnier.ca/en-ca/green- beauty	By 2030: All products will be made out of 100% recycled plastic. All plastic products will be recyclable refillable, and/or reusable.	Creation of a plastic waste collection center in India with Plastics for Change. 15,800 tons of plastic saved by use of recycled plastics in the Europe Micellar bottle, and in Europe Fructis Shampoo and Conditioner.

**Table 4-1. Examples of corporate campaigns with missions and goals towards sustainable materials and a 'greener future'.**

Government-led campaigns can be scientifically motivated to inform the public on the direction of plastic pollution through research. To support Canada's Zero Plastic Waste Initiative, over \$5 million was invested in initiatives. For example, one initiative implemented environmentally friendly and cost-effective alternatives for local food packaging with the Atlantic Coastal Action Program - Cape Breton. Another example is an initiative that assists the Lake St. Martin First Nation community in determining community-specific strategies for increased collection and diversion of plastic waste. Several other countries have also put forth similar initiatives (Table 4-2). Bans and levies can act as deterrents by influencing the market to design alternative materials used for typical plastic products. For example, on July 3, 2021, the European Union banned all SUPs in markets of the EU Member States (European Union, 2021).

#### 4.6.4 Non-Governmental Organization (NGO) Campaigns

Non-governmental Organizations (NGOs) are run independently from governments, they encompass a large number of organizations, and operate in the pursuit of international development through a number of social and political goals. Environmental NGOs (ENGOs) have the ability to influence individuals, as well as governments and institutions (Partelow et al., 2020). Campaigns led by NGOs are crucial for advancing the mitigation of plastic pollution. Such campaigns address plastic pollution at local and global levels. For example, Kehadiran Yayasan Keanekaragaman Hayati Indonesia (KEHATI), an NGO based in Indonesia, has created a local shop offering refillable household products such as shampoo, soaps, and cleaning fluid, to combat increased waste seen in the natural environment (KEHATI Foundation, 2021). There are also several ocean clean-up crews, such as Ocean Conservancy, that lead worldwide cleanups and provide data on the sources and types of debris collected to create awareness and to inform policy makers at the national and international levels. Examples of campaigns led by NGOs are listed in table 4-3.

Country/Region	Name of Campaign	Description of Campaign	<b>Result of Campaign</b>
Europe	Be Ready to Change	<b>Encourage Europeans to</b>	Reached 5.5 million viewers
(European		use sustainable alternatives	through social media platform
Commission)		instead of SUPs. Video	(YouTube).
		campaign was created to	Shareability among youth
		promote new measures from the EU's Circular	across social media platforms.
		Economy agenda.	
New South	Return and Earn	<b>Container Deposit Scheme</b>	77% of NSW residents have
Wales		(CDS) to collect beverage	participated.
(Australia)		containers between	\$685 million in refunds paid
		150mL-3L. Eligible	since start of the CDS.
		containers receive 10c per	595,500 tonnes of materials
		item. Materials include	reused/recycled.
		PET, HDPE, glass, steel,	Mixed plastics $=30\%$ of
		aluminum, and liquid	bottles in 2020-2021.
India		paperboard.	Industry participation.
	Polythene Hatao - Paryavaran Bachao	Collect plastic waste from urban and rural areas and	8,470 tonnes of plastic waste collected on first day.
	(Remove	inform the local	1,000 participants.
	Poluethylene - Save	communities about the	Collected waste transported to
	the Environment)	detrimental effects.	waste-to-energy plants.
			Minister Jairam Thankur
			created and released a
			guidebook.
Thailand	Everyday Say No to	Encourage reduction of	14.3 billion plastic bags were
	<b>Plastic Bags</b>	single use plastic bags. Campaign with over 90	prevented from being littered. Support from more than 90%
		retailers and convenience	of the public.
		stores to stop the	
		distribution of plastic bags.	
South Africa	<b>PIKUP</b>	Official waste	Several YouTube videos show
		management service of	how illegal dumping can
		Johannesburg responsible	affect property value, damage
		for keeping the city clean.	the environment, cause
		Efforts and campaigns are	economic decline, and
		produced to minimize illegal dumping and	possible solutions.
		littering.	Campaigns orchestrated through print, TV, and radio.
			ECO Rangers animate series
			to engage and educate
			children on plastic pollution.
Jamaica,	Plastic Free Jamaica	Use of social media to	Series of informative social
National		convey support for the ban	media posters across
Environment		on SUPs. Posters provide	Facebook, Instagram, twitter.
and Planning		information, e.g., '5	1100 likes and 1200 followers
Agency		Reasons to be Foam Free': EPS toxicity, long	on Facebook.
		decomposition rates,	900+ followers on Instagram. 384 followers on Twitter.
		breaks down into smaller	
		pieces, non-biodegradable.	

**Table 4-2. Government-led campaigns that have caused positive change concerning plastic pollution.**

## 4.6.5 Successful Campaigns

Effective campaigns require a set of foundational factors to successfully inform and influence the target audience. According to the report created by the Stockholm Environment Institute (SEI) and the United Nations Environment Programme (UNEP) "Reducing plastic pollution: campaigns that work" (2021), there are six key campaign elements that influence large groups: (1) customizing the approach to target various audiences, (2) using good social norms to shape behaviour, (3) specifying action with clear direction, (4) catalyzing commitments with a challenge, (5) tapping positive emotions like pride or optimism, and (6) showing it matters, even individual action (Moss, 2021). By employing customizable campaigns that can be adapted to the ongoing and evolving environmental issue of plastic pollution, we can keep communities engaged. It is also crucial to provide feedback through which participants have the ability to monitor progress and reinforce their behaviors. Teaming up with stakeholders produces greater involvement and increased outreach to inform larger masses.

## 4.6.6 Recommendations for the City of London

Combining the research in this study with a local campaign with the City of London would create a deeper sense of meaning for the community and lead to behavioral change. A campaign could include installation of placards at the most polluted drain locations from this study that pictorially illustrate the main plastic debris items. During periods of high plastic waste generation, for example during summer festivals and other crowd activities, increased waste management resources should be considered. The public could also be encouraged to bring their own reusable cutlery and dishes to outdoor events. Creation of a mobile app would have the ability to motivate the local community to become informed and to take action against plastic pollution. The app would feature a map showing the locations of LittaTraps<sup>TM</sup> in conjunction with outlined high-pollution areas, including images of commonly littered items. This platform would serve as an educational and news network for the latest updates and trends on plastic pollution in London. It could also include a forum where local citizens could provide feedback and raise concerns. Educational workshops and seminars in collaboration with schools and community centers would also be beneficial to educate citizens on the importance of

proper debris disposal. A public art installation could convey the main plastic items to avoid by featuring debris items collected from stormwater sewers.

<b>NGO Name</b>	Year	Name of	<b>Description of Campaign</b>	<b>Result of Campaign</b>
		Campaign		
<b>Green Peace</b>	2023	<b>Plastics Street Art</b> in Washington DC	Street posters calling the Biden administration to support a strong Global Plastics Treaty. Examples: 'Joe knows plastic additives can lower semen quality' ' Joe knows chemicals in plastics can cause early puberty' 'Joe knows microplastics have been found in breast milk'	High visibility Pressure on public figures to address posters
Ocean Conservancy	2018	<b>Trash Free Seas</b>	International coastal cleanup engaging citizens in cleaning debris from beaches all around the world. Identification of sources of debris generates annual reports to influence policy.	Since the start of the campaign 17 million volunteers have collected 350 million pounds of trash
World Wildlife Fund (WWF)	2019	<b>Your Plastic Diet</b>	Creates awareness of plastic consumption by humans. Media video showcases the amounts of plastic that individuals consume unknowingly and compares it to everyday items.	Over 37K views. Website contains a global legally binding agreement to end plastic pollution with ca. 2.2 million signatures.
Surfrider Foundation	Est. 1990	Hold On to Your <b>Butt</b>	Increase awareness of cigarette butt litter, eliminate litter on beaches and oceans, hold the tobacco industry accountable. Campaigns in Canada and the U.S.	Since 2017, have recycled over 1 million cigarette butts. Surfrider Pacific Rim created the first cigarette surfboard for educational purposes. Installed cigarette butt receptacles.
<b>Break Free</b> from Plastic		#WeChooseReuse	Promote a future with products that are durable and toxic-free. Calls for the EU to revise the Packaging and Packaging Waste Regulation (PPWR).	100,721 individuals, 165 NGOS, 311 Businesses, and 36 Municipalities have supported this campaign.

**Table 4-3. Examples of plastic pollution campaigns led by NGOs.**

# 5 Conclusions

This study presents a thorough analysis of macroplastic and microplastic pollution found in six urban stormwater drains of London, Ontario, Canada during four seasons. It represents the first project of its kind to investigate particles between 1 and 5 mm in size mobilized by stormwater runoff and trapped in LittaTrap<sup>TM</sup> devices. The results prove that the 1 mm LittaTrap<sup>TM</sup> nurdle liner is much more effective at trapping MPs in stormwater drains than the normally used 5 mm liner.

The results of this study also indicate that the quantity and types of plastic debris trapped in stormwater drains are predominantly influenced by human activities, which are partially dependent on seasonal conditions. The winter samples are associated with the lowest number of MaPs and MPs at most sites. This result can be directly related to decreased pedestrian traffic and outdoor public events when the temperatures are colder and the ground has more snow cover which causes immobilization of plastics debris. Although there is a pronounced seasonal signature in overall abundances of plastic debris in each season, this is not directly related to total precipitation amount nor average wind speed over each sampling period. There is no statistical correlation between the two environmental drivers and plastic debris amounts. Although precipitation and wind speed undoubtedly contribute to the transport and deposition of plastic debris in stormwater drains, these factors are complex. Continuous monitoring of debris in each stormwater drain over a multi-year period would be needed to unravel this complexity.

The second crucial driver of plastic debris accumulation in urban London stormwater drains is the location of the drain itself. The sites with the greatest amounts of both MaPs and MPs were Bathurst, Dufferin, and Inner Queens. These locations are all associated with heavy pedestrian traffic according to the City of London collaborators. The Bathurst site is located next to a homeless shelter and Salvation Army, the Dufferin site next to a park in the downtown core where festivals, road races, and other events take place, and Inner Queens in the middle of a parking lot frequented by narcotics-users and buyers. The sites with the lowest amounts of plastic debris were located in a children's splash pad

(Ivey), on a quiet and high-sloped street (Carfrae), and on the very edge of a parking lot (Outer Queens).

The most common identifiable plastic items found as litter in the six stormwater drains were cigarette butts, wrappers, EPS foam, bottle caps, and films. All items identified were categorized into applications (uses) and the three most common were "smokingrelated", "food and beverage packaging", and "narcotics". The sources of MPs were more challenging to determine due to their small size. Assisted by FTIR, rubber particles (e.g. ethylene propylene diene monomer, polybutadiene, and silicone rubber) were identified. Combined with the rubber-like particles identified by microscopy, these results support tire wear as a microplastic source. Other common polymers were alkyds, epoxy resins, urea resins, dodecane, and acrylic resin, which are all associated with construction applications, such as paints and coatings.

From these findings, public awareness and targeted campaigns towards mitigating plastic pollution to the local community, government, and industry must be considered and should not be understated. The examples provided by active campaigns highlight the impact these efforts have in stemming the flow of plastic debris into the environment.

# 5.1 Future Directions

Additional research could complement the present study through use of a finer mesh size to capture plastic particles. In this study, a 1 mm nurdle liner was used, however a finer LittaTrap<sup>TM</sup> sediment liner could be used to capture particles  $>200 \mu$ m (Enviropod, n.d). The finer mesh, however, may impede water flow and thus necessitate regular maintenance to prevent overflow and clogging of the sewer catchment basin.

Expanding the geographic area of the study would also be beneficial. By introducing additional LittaTraps<sup>TM</sup> beyond the city core would elucidate whether urban and suburban areas share similar seasonal patterns in plastic deposition. With additional LittaTrap<sup>TM</sup> devices, other variables that potentially control plastic deposition could be tested. Some of these could include topographic slope and surface roughness.

Collecting and analyzing water samples from stormwater pipe outlets that discharge into the Thames River and its smaller tributaries would offer valuable assessment of the proportion of plastic waste entering the aquatic environment.

Lastly, collaboration with other researchers studying stormwater drain plastics would supplement this study. Currently, colleagues from the Rochester Institute of Technology and the University of Toronto have LittaTrap<sup>TM</sup> devices installed. Combining the data from all three cities would provide a more comprehensive understanding of the transfer of plastic debris from terrestrial to aquatic settings.
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## **Appendix A: LittaTrap MaPs/MPs Database**

**Reference the attached electronic file: (Appendix\_A\_Data\_Base\*.xlsx).**

Season	Location	Number.MaPs		Number.MPs   Total.Precipitation (mm)	Avg. Windspeed (km/h)
Standard	Ivey Park	26	6	115.8	13.7
Standard	<b>Inner Queens</b>	89	20	115.8	13.7
Standard	Outer Queens	10	8	115.8	13.7
Standard	Bathurst	59	29	115.8	13.7
Standard	Carfrae	$\overline{7}$	12	115.8	13.7
Standard	Dufferin	31	26	115.8	13.7
Autumn	Ivey Park	11	3	72.7	18.2
Autumn	<b>Inner Queens</b>	45	195	72.7	18.2
Autumn	Outer Queens	33	54	72.7	18.2
Autumn	Bathurst	152	144	72.7	18.2
Autumn	Carfrae	11	35	72.7	18.2
Autumn	Dufferin	22	75	72.7	18.2
Winter	Ivey Park	5	26	38.4	18.3
Winter	Inner Queens	23	72	38.4	18.3
Winter	Outer Queens	33	53	38.4	18.3
Winter	Bathurst	86	93	38.4	18.3
Winter	Carfrae	28	139	38.4	18.3
Winter	Dufferin	37	359	38.4	18.3
Spring	Ivey Park	20	67	226.9	14.5
Spring	Inner Queens	48	83	226.9	14.5
Spring	Outer Queens	51	41	226.9	14.5
Spring	Bathurst	158	136	226.9	14.5
Spring	Carfrae	19	88	226.9	14.5
Spring	Dufferin	65	111	226.9	14.5
Summer	Ivey Park	9	32	11.4	13.1
Summer	Inner Queens	62	213	11.4	13.1
Summer	Outer Queens	59	80	11.4	13.1
Summer	Bathurst	113	131	11.4	13.1
Summer	Carfrae	19	18	11.4	13.1
Summer	Dufferin	119	144	11.4	13.1

**Appendix B: Wind Speed and Precipitation Data With Location MaPs and MPs.**



## **Appendix C: FTIR Results Database**













## **Appendix D: FTIR Spectra from all samples.**

Reference the attached electronic file: (Appendix\_D\_AC10323\_SPECTRA\*.ppt).
## Curriculum Vitae



## **Publications & Conference Presentations:**

Kozikowski, N. Efficiency of Plastic Pollution Control in Stormwater Drains of the Thames River Watershed, Great Lakes Basin, Canada. 7<sup>th</sup> International Marine Debris Conference, Busan, South Korea. September 18<sup>th</sup> 2022.