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The lived experiences of pain and fatigue in neurological conditions

Lauren Kane

Previous research has shown pain and fatigue to be the most common and disabling symptoms in multiple sclerosis (MS), amyotrophic lateral sclerosis (ALS), cerebral palsy (CP) and Parkinson's disease (PD). A meaningful knowledge gap exists in understanding the impact of pain and fatigue on the lives of individuals with these conditions and further knowledge is required to understand the relationship between experiential accounts of pain and fatigue across conditions in an effort to prevent and manage these symptoms. The proposed study aims to understand the lived experiences of pain and/or fatigue for people living with MS, ALS, CP, and PD through recruiting 8-12 participants to participate in interviews concerning the physical, emotional, and social aspects of these symptoms. Overall, this study will seek to develop a treatment which can be offered to persons with MS, ALS, CP, or PD to reduce the impact of pain and fatigue across their lifespan.