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Paradoxical acclimation responses in the thermal performance of insect immunity.

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- Abstract
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 Winter is accompanied by multiple stressors, and the interactions between cold and pathogen stress potentially determine the overwintering success of insects. Thus, it is necessary to explore the thermal performance of the insect immune system. We cold-acclimated spring field crickets, *Gryllus veletis,* to 6°C for 7d and measured the thermal performance of potential (lysozyme and phenoloxidase activity) and realised (bacterial clearance and melanisation) immune responses. 39 Cold acclimation decreased the critical thermal minimum from $-0.5 \pm 0.25^{\circ}$ C to $-2.1 \pm 0.18^{\circ}$ C, 40 and chill coma recovery time after 72 h at -2°C from 16.8 ± 4.9 min to 5.2 ± 2.0 min. Measures of both potential and realised immunity followed a typical thermal performance curve, decreasing with decreasing temperature. However, cold acclimation further decreased realised immunity at low, but not high, temperatures; effectively, activity became paradoxically specialised to higher temperatures. Thus, cold acclimation induced mismatched thermal responses between locomotor and immune systems, as well as within the immune systemitself. We conclude that cold acclimation in insects appears to preferentially improve cold tolerance over whole-animal immune performance at low temperatures, and that the differential thermal performance of physiological responses to multiple pressures must be considered when predicting ectotherms' response to climate change.

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- Key words: cold, pathogen, thermal performance curve, biotic stressor, plasticity

Introduction

 Ectotherms can respond to seasonal changes by maintaining homeostasis via phenotypic or developmental plasticity. In insects, the cues that govern acclimation (in the laboratory) or acclimatisation (in the field), such as temperature or photoperiod, often coordinate diverse physiological adjustments to suit a new set of environmental conditions (Harrison et al. 2012). For example, cold-acclimation of the beetle *Dendroides canadensis* elicits antifreeze protein synthesis, removal of ice nucleators (Olsen and Duman 1997), and modification of epicuticular waxes (Olsen et al. 1998) - all of which contribute to improved cold tolerance. In addition to cold, there are multiple abiotic and biotic stressors associated with winter (Williams et al. 2015), and these can select for thermal plasticity in multiple physiological systems. For instance, cold- acclimation often increases desiccation resistance in insects, likely because of the high water vapour deficits experienced during overwintering (Sinclair et al. 2013; Terblanche et al. 2005). Biotic stressors, such as pathogens, are also likely to affect the success of insects at low temperatures (Hokkanen 1992; Riedel and Steenberg 1998; Webberley and Hurst 2002; Williams et al. 2015), yet the ability of insects to manage cold-related pathogen stress, and the role of phenotypic plasticity in this response, is unclear.

 Some insect pathogens are cold-active [e.g. fungi in the genera *Beauveria* and *Metarhizium* (Fernandes et al. 2008)], or have increased virulence at low temperatures [e.g. the bacterium *Yersinia entercolitica* (Bresolin et al. 2006)]; thus there is capacity for these cold- adapted pathogens to contribute to mortality of insects at low temperatures (Hokkanen 1992; Steenberg et al. 1995). However, cold exposure appears to upregulate the insect immune system, which may allow insects to respond to cold-associated pathogen stress (Sinclair et al. 2013). For example, cold exposure increases fungal resistance in *Pyrrharctia isabella* caterpillars(Marshall

 relies on cellular and enzymatic processes that are likely temperature-sensitive (Collazos et al. 1994; Le Morvan et al. 1998; Marnila et al. 1995; Somero 1995). Indeed, phagocytosis and encapsulation decrease at 4 °C in diapausing pupae of the giant silk moth, *Samia cynthia pryeri*, although some immune function is maintained (Nakamura et al. 2011). However, this loss of performance has the potential to be mitigated through phenotypic plasticity, including the expression of cold-active isoforms of immune-related enzymes, or an increase in the concentration of cells and molecules necessary for an immune response (Angilletta 2009;

 Somero 1995). In either case, if there is an adaptive advantage to improved immunity at low temperatures, then cold-acclimation would be expected to modify the thermal performance of the immune system to increase activity at low temperatures (Angilletta 2009).

 Thus, to understand the potential interactions of cold and immune stress in insects, and to understand the role of biotic interactions in shaping ectotherm performance in a changing climate, it is necessary to explore the thermal biology of the insect immune system. We explored the thermal sensitivity and plasticity of the insect immune system by measuring the thermal performance of immune-related enzymes *in vitro*, and immune responses *in vivo* [i.e. potential immunity and realised immunity, respectively (Fedorka et al. 2007; Gershman 2008)] in warm- and cold-acclimated spring field crickets (*Gryllus veletis*). We used a short-term acclimation to explore the possibility of thermal plasticity in the immune system, as a first step in understanding how the thermal biology of the immune system might impact the ecology of overwintering insects. Cold acclimation differentially affected realised and potential immunity, in a direction that is not predicted by the whole-organism response to cold acclimation. We suggest that pathogen stress may be most prevalent upon re-warming from cold, and conclude that divergent thermal performance of distinct stress responses must be considered when predicting ectotherms' responses to climate change.

Material and Methods

 We studied the thermal biology of the immune system in the spring field cricket, *Gryllus veletis. Gryllus veletis* overwinters as a late-instar nymph in temperate North America (Alexander 1968), and has a cold acclimation response (Coello Alvarado et al. 2015). Our cricket colony was derived from a population collected in Lethbridge, Alberta, in 2010, and were

127

128 Thermal limits of locomotor activity

129 We measured the critical thermal minimum $(CT_{min},$ the temperature at which an insect 130 enters chill coma) following MacMillan and Sinclair (2011), and chill-coma recovery (CCR) time 131 following MacMillan et al. (2012). Briefly, we cooled crickets at 0.25 °C/min from 22 °C to the 132 temperature at which movement ceased. Similarly, we measured the critical thermal maximum 133 (CT_{max}) by increasing temperature at 0.25 °C/min from 22 °C until we visually observed the 134 onset of spasms (Lutterschmidt and Hutchison 1997). For CCR, we cooled crickets at 0.25 135 °C/min from 22 °C to -2 °C and held them at -2 °C for 72 h. Crickets were returned to room 136 137 temperature and we recorded the time taken to achieve a coordinated righting response.

138 Potential Immune Response

139 We collected haemolymph for measuring potential humoral immunity following Adamo 140 (2004), and all measurements of potential immunity at different temperatures were tested on 141 extracted hemolymph. We pierced the membrane under the pronotum and collected $2 \mu L$ of 142 haemolymph with a micropipette. We mixed 2 μ L of haemolymph with either 2 μ L of 143 anticoagulant buffer (98 mM NaOH, 186 mM NaCl, 1.7 mM EDTA, 41 mM citric acid, pH 6.8;

- Briefly, we used 10 μL of the haemolymph/PBS mixture in a Bicinchoninic Acid kit (BCA;Life
- Technologies, Carlsbad, CA, USA) and measured absorbance at 562 nm in a microplate
- spectrophotometer (SpectraMax, Molecular Devices, Sunnyvale, CA, USA). We then converted

 absorbance to concentration values using a standard curve created from bovine serum albumin.

Realised Immune Response

 As an estimate of a broad-spectrum, realised immune response, we measured melanisation by inserting a 2 mm piece of nylon filament (Krams et al. 2011) under the 172 pronotum and placing crickets at 0, 6, 12, 18, 25 or 30 °C for 12 h. We removed the filament 173 after 12 h, photographed it from two different angles at $30\times$ magnification using a Nikon DSFI1 camera (Nikon Instruments Inc. Melville, NY, USA) attached to a stereomicroscope, and determined the darkness of each filament using the average grey value calculated in ImageJ (Rasband 1997-2014). We calculated relative melanisation as 255 - the grey value, such that a higher number indicates more melanisation.

 We measured the *in vivo* ability of crickets to clear *Staphylococcus aureus* (strain Newman with chromosomally-encoded tetracycline resistance) from haemolymph following (Haine et al. 2008). Briefly, we diluted *S. aureus* (grown overnight at 37 °C in tryptic soy broth) 181 to 1×10^9 CFU/mL in PBS and injected 2 μ L of suspension into the thorax under the pronotum (Adamo 2004) via a 30 G needle. Following 24 h post-challenge at 0.5, 4, 12, 18, 25, or 30 °C, we homogenised whole crickets in 900 μL of PBS to ensure that we captured all remaining bacteria (including those associated with tissue). We diluted and spotted of the homogenate on tryptic soy agar (TSA) containing 2 μg/mL tetracycline and averaged the number of CFU over 186 four replicate spots, following 24 h at 37 °C. We homogenised a subset of crickets 1 min following injection to obtain the true number of CFU injected and calculate percent clearance (Haine et al. 2008). Control crickets injected with sterile PBS did not demonstrate any bacterial growth on TSA containing tetracycline.

Potential Immune Response

Potential humoral immunity was sensitive to temperature but remained unaffected by acclimation

Discussion

 We explored the capacity for cold-acclimation of the immune system in *G. veletis* using 228 an acclimation regime that improved locomotor activity at low temperatures [decreased CT_{min}] and CCR, recognised proxies for cold tolerance in insects (Andersen et al. 2015)], but had no 230 effect on heat tolerance (CT_{max}) . Cold acclimation did not affect potential immunity nor realised immunity at higher temperatures; however, realised immunity decreased in the cold in CA crickets. We suggest that decreased activity in the cold may result from trade-off between some components of immune activity and other physiological responses initiated by cold acclimation. Theory suggests three ways by which the thermal performance of immunity could shift in response to acclimation, if increased low temperature performance were important in the cold: 1)

236 a shift in the thermal performance curve (TPC) where T_{opt} decreases (i.e. beneficial acclimation;

 contributions of different immune components to protection against pathogens. In this case, overall immunocompetence may decrease in the cold (realised immunity), yet a basal level of protection may persist through the activity of enzymes and antimicrobial peptides (potential immunity). We suggest that measuring multiple components of the immune system provides a more comprehensive picture of the effects of thermal acclimation on immune performance, and that both potential and realised responses should be considered when assessing the impact of the abiotic environment on immunity.

 Second, although PO activity and melanisation are linked as an immune response (González-Santoyo and Córdoba-Aguilar 2012) their thermal optima were disparate; PO activity 269 peaked at 25 °C, whereas melanisation peaked at 18 °C, in both CA and WA crickets [similar to 270 phagocytic capacity in mosquitoes (Murdock et al. 2012)]. The lower T_{opt} of melanisation 271 compared to that of PO activity appears to reflect a disconnect between the T_{opt} or thermal sensitivity, of different components of the overall melanisation response. Temperature is likely to drive the local adaptation of hosts and pathogens (Sternberg and Thomas 2014) and may have driven the selection of *G. veletis* immune performance to a thermal optimum lower than enzyme activity would predict. Thus, using thermal performance curves, we may gain insight into the evolution of thermal sensitivity and plasticity of immune activity, and can begin to predict the capacity for hosts to respond to pathogens under climate change scenarios.

 Pathogen growth generally increases as temperatures increase (Harvell et al. 2002); thus, re-warming from cold exposure is likely to lead to an increase in pathogen pressure, and require an increase in immune activity. Despite decreased immune activity in the cold, realised immune activity in CA crickets was maintained at optimal temperatures, which suggests that immune activity may be required following, but not during, cold exposure. Seasonal immune activity in

 other ectotherms, including fish [e.g. *Sparus aurata* (Tort et al. 1998)] and frogs [e.g. *Rana pipiens* (Maniero and Carey 1997)], follows a pattern that reflects the effects of a short-term acclimation on immune activity in crickets; specifically, immune activity decreases during the winter but rapidly recovers, and even increases beyond control levels, upon re-warming. In hibernators, such as the golden-mantled ground squirrel (*Spermophilus lateralus*), interbout euthermia is accompanied by an increase in immune activity, thereby allowing the animal to combat pathogens that have established in the cold (Prendergast et al. 2002). The thermal performance of immune activity in *G. veletis* following a short acclimation to low temperatures may thus reflect a seasonal pattern of immune activity in insects that fluctuates with seasonal shifts in pathogen pressure.

 The contrast between decreased immune activity in the cold and maintained immune activity at high temperatures suggests that fluctuating temperatures will affect the ability of cold- acclimated insects to fight cold-active pathogens and survive at low temperatures. Transient increases in environmental temperature may facilitate a response to cold-active pathogens by allowing for increased immune activity. For example, the expression of genes encoding immune peptides in *M. rotundata* increases under warming provided by fluctuating thermal regimes (Torson et al. 2015). Conversely, increased immune activity under periods of re-warming is likely to decrease the energy available for responses to other stressors, such as cold. Further, immune activity can trade-off with components of fitness, such as growth (Rantala and Roff 2005) and reproduction (Adamo et al. 2001; Ahmed et al. 2002); thus fluctuations in temperature may create conflict between the response to pathogens and fitness- or stress-related physiological processes. If climate change-related warming leads to an increase in both pathogen pressure and immune activity, both transient and seasonal periods of re-warming will affect the interactions

 between energy expenditure and pathogen response, thereby contributing to the impacts of cold and winter on insects. We do caution, however, that the acclimation used in our study does not reflect the type of long-term, seasonal acclimation that an insect would experience in preparation for overwintering (Tauber et al. 1986), and thus we are limited in using our results to predict the outcome of insect-pathogen responses in the wild.

 As global temperatures shift with climate change, it is increasingly important to understand the physiological capacity of organisms to respond to changes in their environment (Araújo and Luoto 2007; Chown et al. 2010). Ecological physiology often quantifies this capacity of ectotherms to respond to environmental change by measuring the thermal sensitivity and plasticity of one trait or system; for example, thermal limits to activity (Terblanche et al. 2008) or reproduction (Cudmore et al. 2010). However, multiple abiotic and biotic pressures co- occur, and we must instead consider what phenotypes are produced by the simultaneous activity of multiple physiological systems in response to these pressures. Increased cold-tolerance, coupled with decreased immune activity at low temperatures in cold-acclimated *G. veletis,* 320 demonstrates that thermal plasticity was disconnected among and within physiological systems; this suggests that plasticity in one trait does not necessarily reflect the response of the whole organism to connected shifts in its abiotic and biotic environment. Thus, to predict the phenotype of an organism that will succeed under climate change scenarios, we must begin to measure multiple physiological traits that correspond to multiple, integrated pressures in a changing environment.

Conclusions

 We show that cold acclimation improves cold tolerance in *G. veletis*, does not affect the activity of immune enzymes *in vitro* (potential immunity), and decreases realised immune activity at low temperatures. Thus, measures of whole-animal immune performance appear to trade-off with cold tolerance, and we suggest that pathogen stress may be more prevalent upon re-warming. Climate change will result in alterations to the interactions among multiple stressors, such as between temperature and pathogens (Todgham and Stillman 2013), and the thermal performance of the responses to these stressors will contribute to success under new environmental conditions. However, we show that thermal performance does not consistently respond to acclimation among – or even within – physiological systems. Therefore we caution against predicting responses to climate change based on thermal performance of a single physiological system.

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Figures and Tables

 Fig. 1 Locomotor activity related to cold tolerance in warm- and cold-acclimated *Gryllus veletis*. 528 (A) The critical thermal minima, or the temperatures at which crickets entered chill coma ($n = 9$) WA, 8 CA). (B) The critical thermal maxima, or temperatures indicating the onset of heat spasms 530 (n = 6 WA, 5 CA). (C) Time taken to recover from 72 h in chill coma at -2 \degree C (n = 5 per acclimation) **Fig. 2** Potential immune activity in warm- and cold-acclimated *Gryllus veletis*. (A) Lysozyme activity *in vitro*, measured as the zone of inhibition of *Micrococcus luteus* from 24 h - 48 h (n= 6-8 per acclimation, per temperature) (B) Total phenoloxidase activity measured *in vitro* as an increase in absorbance at 495 nm (n = 4-5 per acclimation, per temperature). Points represent 537 mean \pm SEM **Fig. 3** Realised immune activity in warm- and cold-acclimated *Gryllus veletis*. (A) Melanisation, 540 represented as a reverse grey value, of an implanted nylon filament ($n = 4-5$ per acclimation, per

temperature) (B) The proportion of *Staphylococcus aureus* cleared from the haemolymph *in vivo,*

542 24 h following inoculation (n = 4-8 per acclimation, per temperature). Points represent mean \pm

 SEM. Asterisks indicate significant differences between warm- and cold-acclimated crickets, p < 0.05

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 Fig. 4 Thermal performance curves of the potential outcomes of cold-acclimation on immune activity. A) The Beneficial Acclimation Hypothesis B) The Colder is Better Hypothesis C)The Generalist-Specialist hypothesis D) Paradoxical narrowing of the TPC, representing

specialisation of activity to temperatures not predicted by acclimation temperature

- 1 **Table 1.** ANOVA results of the thermal performance of immune activity in warm- and cold-
- 2 acclimated *Gryllus veletis*. Bolded p-values represent significant effects of each term
- 3 (acclimation or temperature) on the response variable.

Figure 2.

Temperature

Figure 4.