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Emotional Intelligence and the Professional Development of Cuban Musicians Living in Toronto

Maylin Ortega Zulueta

Western University, mortegaz@uwo.ca

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Emotional Intelligence and the Professional Development of Cuban Musicians Living in Toronto

I am a Cuban-Canadian musician who learned to overcome barriers affecting foreign trained professionals by leading my career development with emotional intelligence. Motivated by helping other musicians within the Cuban community in Toronto to achieve the same goal, my research studies the possible connection between emotional intelligence and their professional development. The struggles of this community in this regard have been previously studied by Brigido Galvan and Marie E. Gallagher and the utility of emotional intelligence in leadership by Daniel Goleman. My research establishes a connection between these works, the experiences of members of the community documented through interviews, and a self-assessment survey conducted on Cuban musicians living in Toronto that identifies emotional intelligence limitations. The preliminary results show that the studied group can benefit from receiving emotional intelligence as a form of adult education and improve their career development in Canada.