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p38 mitogen-activated protein kinase (MAPK) first regulates filamentous actin at the 8–16-cell stage during preimplantation development

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Background information. The MAPK (mitogen-activated protein kinase) superfamily of proteins consists of four separate signalling cascades: the c-Jun N-terminal kinase or stress-activated protein kinases (JNK/SAPK); the ERKs (extracellular-signal-regulated kinases); the ERK5 or big MAPK1; and the p38 MAPK group of protein kinases, all of which are highly conserved. To date, our studies have focused on defining the role of the p38 MAPK pathway during preimplantation development. p38 MAPK regulates actin filament formation through the downstream kinases MAPKAPK2/3 (MAPK-activated protein kinase 2/3) or MAPKAPK5 [PRAK (p38 regulated/activated kinase)] and subsequently through HSP25/27 (heat-shock protein 25/27). We recently reported that 2-cell-stage murine embryos treated with cytokine-suppressive anti-inflammatory drugs (CSAIDTM; SB203580 and SB220025) display a reversible blockade of development at the 8–16-cell stage, indicating that p38 (MAPK) activity is required to complete murine preimplantation development. In the present study, we have investigated the stage-specific action and role of p38 MAPK in regulating filamentous actin during murine preimplantation development.

Results. Treatment of 8-cell-stage embryos with SB203580 and SB220025 (CSAIDTM) resulted in a blockade of preimplantation development, loss of rhodamine phalloidin fluorescence, MK-p (phosphorylated MAPKAPK2/3), HSP-p (phosphorylated HSP25/27) and a redistribution of α -catenin immunofluorescence by 12 h of treatment. In contrast, treatment of 2- and 4-cell-stage embryos with CSAIDTM drugs resulted in a loss of MK-p and HSP-p, but did not result in a loss of rhodamine phalloidin fluorescence. All these effects of p38 MAPK inhibition were reversed upon removal of the inhibitor, and development resumed in a delayed but normal manner to the blastocyst stage. Treatment of 8-cell embryos with PD098059 (ERK pathway inhibitor) did not affect development or fluorescence of MK-p, HSP-p or rhodamine phalloidin.

Conclusion. Murine preimplantation development becomes dependent on p38 MAPK at the 8–16-cell stage, which corresponds to the stage when p38 MAPK first regulates filamentous actin during early development.

Introduction

Preimplantation development is characterized by the differentiation of the first epithelium, the trophectoderm, and this occurs as the apolar cells of the cleavage-stage embryo polarize, undergo compaction and finally become a differentiated epithelium that mediates embryo attachment and invasion into the uterine wall (Watson, 1992; Watson et al.,

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²To whom correspondence should be addressed (email awatson@uwo.ca). **Key words:** blastocyst, cytoskeleton, embryo, *in vitro* fertilization. **Abbreviations used:** DAPI, 4,6-diamidino-2-phenylindole; ERK, extracellular-signal-regulated kinase; hCG, human chorionic gonadotropin; HSP, heat-shock protein; HSP-p, phosphorylated HSP25/27; KSOMaa, potassium simplex optimized medium plus amino acid; MAPK, mitogen-activated protein kinase; MAPKAPK, MAPK-activated protein kinase; MEK, MAPK kinase/ERK kinase; MK-p, phosphorylated MAPKAPK2/3; PFA, paraformaldehyde; PRAK, p38 regulated/activated kinase.



1992; Fleming et al., 1994; Watson and Barcroft, 2001; Schultz, 2002). This process, which defines preimplantation development, is unique to eutherian mammals and allows for an investigation of the mechanisms controlling the 'de novo' differentiation of an epithelium (Kidder and McLachlin, 1985; McLachlin and Kidder, 1986; Watson et al., 1992; Fleming et al., 1994; Watson and Barcroft, 2001).

Research conducted over the past three decades has established roles for the cytoskeleton, cell junctions (adherens junctions, tight junctions and desmosomes) and ion transporters in mediating trophectoderm differentiation. From this research, the cell biology of trophectoderm differentiation has become welldefined (Kidder and McLachlin, 1985; McLachlin and Kidder, 1986; Watson, 1992; Watson et al., 1992; Fleming et al., 1994; Watson and Barcroft, 2001). More recently, however, investigations have focused on how these gene products may be regulated and their actions co-ordinated within the blastomere during compaction and progression towards the trophectoderm cell type. For example, studies have implicated members of the protein kinase C family, calmodulin and RhoGTPases in these events (Clayton et al., 1999; Pauken and Capco, 1999, 2000; Capco, 2001).

We are interested in defining the roles of MAPK (mitogen-activated protein kinase) pathways during preimplantation development. The MAPK superfamily of proteins consists of four separate signalling cascades: the c-Jun N-terminal kinase or stress-activated protein kinases (Woodgett et al., 1996; Whitmarsh and Davis, 2001); the ERKs (extracellular-signal-regulated kinases) (Boulton and Cobb, 1991; Pouyssegur et al., 2002); the ERK5 or big MAPK1 (Lee et al., 1995; Zhou et al., 1995); and the p38 MAPK group of protein kinases (Han et al., 1994), all of which are highly conserved in all eukaryotic systems (Kyriakis and Avruch, 2001). The MAPK proteins respond co-operatively to several stimuli, resulting in the mediation of cellular responses that include apoptosis, immune responses as well as growth and differentiation, cytoskeletal rearrangements and cell proliferation.

To date, our studies have focused on the p38 MAPK pathway (Natale et al., 2004). This MAPK subfamily includes four protein isoforms: p38 α , β , γ and δ , which regulate cellular processes such as inflammation, cytoskeleton rearrangements, as well as

cell proliferation and apoptosis (Enslen et al., 2000; Ono and Han, 2000; Kyriakis and Avruch, 2001). p38 MAPK regulates actin filament formation first through MAPKAPK2/3 (MAPK-activated protein kinase 2/3) or MAPKAPK5 [(PRAK (p38 regulated/ activated kinase)] and subsequently through HSP25/ 27 (heat shock protein 25/27) (Lavoie et al., 1995; Guay et al., 1997; Huot et al., 1998; Dalle-Donne et al., 2001; Khurana and Dey, 2003). We have determined that all principal members of the p38 MAPK family are expressed throughout murine preimplantation development (Natale et al., 2004). More importantly, we discovered that inhibition of p38 MAPK activity at the 2-cell stage of murine preimplantation development with cytokine supdrugs (CSAIDTM: anti-inflammatory SB203580 and SB220025 active forms; SB202474 inactive form control) results in a blockade of development at the 8-16-cell stage that is fully reversible for at least a 48 h treatment period (Natale et al., 2004). This class of compounds specifically inhibits p38 MAPK α and β isoforms (Cuenda et al., 1995; Badger et al., 1996; Jackson et al., 1998; Davidson and Morange, 2000; Davies et al., 2000; Cirillo et al., 2002; English and Cobb, 2002).

In the present study, we have investigated the embryo-stage-specific action of p38 MAPK by examining its role in regulating filamentous actin during preimplantation development. Our results demonstrate that inhibition of p38 MAPK activity does not affect filamentous actin at the 2- or 4-cell stage of development. However, at the 8-cell stage, effects on filamentous actin are observed within 12 h of treatment with p38 MAPK inhibitors (CSAIDTM drugs SB203580 and SB220025) and this is accompanied by a decline in MK-p (phosphorylated MAP-KAPK2/3) and HSP-p (phosphorylated HSP25/27) and a redistribution of α -catenin. All of these effects of p38 MAPK inhibition are reversed upon removal of the inhibitor, and development resumes in a delayed but normal manner to the blastocyst stage.

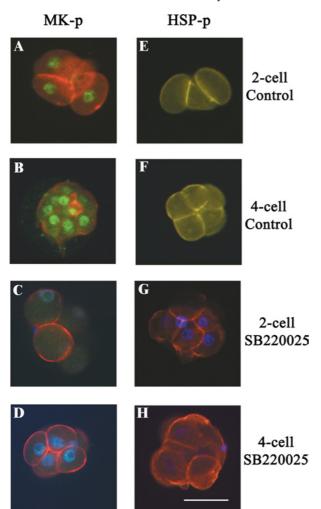
Results

Effects of p38 MAPK inhibitors on filamentous actin in 2- and 4-cell-stage embryos

In our first study (Natale et al., 2004), we determined that 2-cell-stage embryos can be treated with CSAIDTM drugs (SB203580 and SB220025 active

Figure 1 | Effects of p38MAPK inhibitors on phospho-MAPKAPK2 (MK-p) and phospho-HSP25/27 (HSP-p) and filamentous actin in 2-cell and 4-cell CSAIDTM-treated embryos

Two-cell embryos were collected and cultured for 12 h in either KSOMaa + 0.01% DMSO (vehicle control), KSOMaa + 20 μM SB202474 (drug control; **A**, **E**) or KSOMaa + 20 μ M SB220025 (C, G). Four-cell embryos were treated for 12 h in either KSOMaa + 0.01% DMSO (vehicle control), KSOMaa + 20 μ M SB202474 (drug control; **B**, **F**) or KSOMaa + 20 μ M SB220025 (D, H). Green represents MK-p and HSP-p fluorescence, red indicates rhodamine fluorescence and blue denotes DNA. Co-localization of HSP-p and filamentous actin appear as yellow. MK-p in 2- and 4-cell control embryos was predominantly confined to the interphase nucleus of each blastomere (A, B). In the SB220025 treatment group, we observed a complete loss of MK-p fluorescence in both 2- and 4-cell treated embryos by 12 h of treatment (C, D). HSP-p co-localized with F-actin in the cell cortex encircling the periphery of each blastomere within all 2- and 4-cell embryos in the control



group (**E**, **F**). However, the SB220025-treated embryos displayed a complete loss of HSP-p fluorescence by 12 h (**G**, **H**). In contrast with the loss of MK-p and HSP-p fluorescence, there was no reduction in cortical rhodamine fluorescence in SB220025-treated 2- and 4-cell-stage embryos compared with controls (**A**–**H**). Scale bar, 40 μ m.

forms and SB202474 inactive form control) and still progress normally through the 4- and 8-cell stage only to arrest their development at the 8-16-cell stage. One possible reason for the stage-specific blockade of development at the 8-16-cell stage after CSAIDTM treatment is that the p38 MAPK pathway is not active in early cleavage-stage embryos. To investigate this possibility, in the present study, we investigated the stage-specific effects of CSAIDTM drugs on 2- and 4-cell-stage preimplantation embryos. Two-cell and 4-cell embryos were treated with 20 µM SB220025 for 12 h. MK-p in 2- and 4-cell control embryos was predominantly confined to the interphase nucleus of each blastomere (Figures 1A and 1B). In the SB220025 treatment group, we observed a complete loss of MK-p fluorescence in both 2- and 4-cell-treated embryos by 12 h of treatment (Figures 1C and 1D). HSP-p co-localized with F-actin in the cell cortex encircling the periphery of each blastomere within all 2- and 4-cell-stage embryos in the control group (Figures 1E and 1F). However, the SB220025-treated embryos displayed a complete loss of HSP-p fluorescence by 12 h (Figures 1G and 1H). In contrast with the loss of MK-p and HSP-p fluorescence, there was no reduction in cortical rhodamine fluorescence in SB220025-treated 2- and 4-cell-stage embryos compared with controls (Figures 1A–1H).

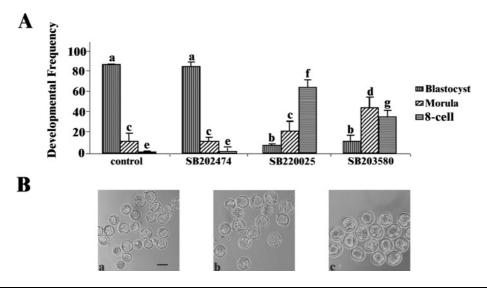
Effect of p38 MAPK inhibitors on the development of 8-cell embryos

Since it was now apparent that the p38MAPK pathway was active during the 2- and 4-cell stages, we next wished to determine whether the absence of effect of CSAIDTM treatment on development at these early stages was due to a requirement for a more extended CSAIDTM treatment period or due to the onset of stage-specific sensitivity to CSAIDTM treatment at the 8-cell stage. To distinguish between these possibilities, we focused subsequent experiments on the 8-cell stage of development. Treatment of 8-cell embryos with either SB203580 or SB220025



Figure 2 | Effect of p38 MAPK inhibitors on development of 8-cell embryos and morphology of embryos after 24 h CSAIDTM treatment

(A) Development of 8-cells stage embryos was evaluated after treatment in KSOMaa + 0.01% DMSO (vehicle control), KSOMaa + 20 μ M SB202474 (drug control), KSOMaa + 20 μ M SB220025 or KSOMaa + 20 μ M SB203580. a, b, significant differences between percentage of embryos that reach the blastocyst stage; c, d, morula; and f, g, 8-cell-stage embryos. All differences were considered significant with $P \le 0.05$. Development did not vary significantly between vehicle and drug controls. However, a significant reduction in the number of embryos that reached the blastocyst, morula and 8-cell stages was observed in both CSAIDTM treatment groups. (B) (a) Vehicle control group; (b) KSOMaa + 20 μ M SB202474; and (c) KSOMaa + 20 μ M SB220025. Eight-cell-stage embryos in both vehicle control (a) and drug control (b) groups display a high rate of development to the blastocyst stage, whereas 8-cell embryos treated with the active CSAIDTM (c) displayed a developmental blockade with the majority of treated embryos blocking at the 8–16 cell stages. Scale bar = 100 μ m.



results in a significant decrease in the proportion of embryos that reached the blastocyst stage compared with controls (Figures 2A and 2B). There was a corresponding significant increase in the number of embryos that remained at the morula (8–16 cell) stage in the SB203580 and SB220025 treatment groups compared with controls (Figures 2A and 2B). After release from the drug treatments, all embryos recovered and developed to the blastocyst stage with the same frequency as controls after 24 h of recovery (results not shown). Cell viability was also assayed at this time using the vital dye, Trypan Blue (Humason, 1979), and there was no appreciable uptake of dye by embryos in any group (results not shown).

Time course of p38 MAPK inhibition on development of 8-cell embryos and the actin cytoskeleton

Since CSAIDTM treatment at the 8-cell stage resulted in a more rapid onset of the developmental

blockade than that observed when 2- or 4-cell-stage embryos were treated, we next defined a more precise time course for CSAIDTM inhibition of p38 MAPK in 8-cell-stage embryos. Eight-cell embryos were treated with 20 µM SB220025 and embryos were removed at 3, 6 and 12 h post-treatment for analysis. In both control groups (KSOMaa + 0.1% DMSO and KSOMaa + SB202474; where KSOMaa stands for potassium simplex optimized medium plus amino acids), MK-p was predominantly confined to the interphase nucleus of each blastomere, just as was observed for control 2- and 4-cell embryos (Figures 3A and 3B). In the controls, for all time points, there was no change observed in either the localization or the intensity of MK-p. In the SB220025 treatment group, there was an obvious decrease in MK-p intensity by 3 h, which was followed by a complete absence of MK-p fluorescence by 12 h of treatment (Figures 3C-3E). In contrast with the MK-p distribution, HSP-p co-localized with F-actin in the cell

Figure 3 | Time course of p38 MAPK inhibition on localization of MK-p, HSP-p, α -catenin protein and the actin cytoskeleton in CSAIDTM-treated embryos

8-cell embryos were cultured for up to 12 h in either KSOMaa+0.01% DMSO (vehicle control), KSOMaa $+20~\mu M$ SB202474 (drug control) or KSOMaa $+20 \mu M$ SB220025. A subset of embryos from each group was removed at 3, 6 and 12 h, fixed in 2% PFA and then processed for whole-mount indirect immunofluorescence. Green represents MK-p protein localization. Co-localization of HSP-p and filamentous actin appear as yellow. Red indicates rhodamine phalloidin (A-O) and blue denotes DNA (A-O). No variation in localization pattern or intensity of MK-p, HSP-p or α -catenin fluorescence was observed between vehicle and drug control groups (A, B, F, G, K, L). Localization also did not vary for these proteins in the drug-treated groups after 3 h of treatment (C, H, M); however, a reduction in the levels of MK-p is apparent as indicated by the reduced nuclear fluorescence after 6 h of treatment (D). After 12 h of treatment, a further reduction in MK-p is observed combined with the complete loss of the rhodamine phalloidin fluorescence (E). A reduction in HSP-p fluorescence is observed at 6 h of treatment (I), with a complete loss of HSP-p and rhodamine phalloidin fluorescence by 12 h of treatment (J). During 6 h of treatment, the distribution

of α -catenin fluorescence transitioned from a predominantly cortical pattern in adjacent cell-to-cell margins, to include a cytoplasmic fluorescent foci (**N**). After 12 h of treatment, α -catenin fluorescence intensity was considerably reduced by this treatment time (**O**). Scale bar = 50 μ m.

cortex encircling the periphery of each blastomere within all embryos from both control groups (Figures 3F and 3G). However, the SB220025-treated groups of embryos displayed a reduction in HSP-p fluorescence by 6 h, followed by a complete absence of fluorescence by 12 h (Figures 3H–3J). These experiments were repeated using 2 µM SB220025 and identical results were obtained, with the exception that MK-p and HSP-p fluorescence was reduced to barely detectable levels, but never completely disappeared after treatment with this concentration of the inhibitor (results not shown).

Effect of p38 inhibitors on F-actin in 8-cell-stage embryos

Eight-cell control embryos displayed a cortical localization of F-actin encircling the periphery of each blastomere (Figures 3A, 3B, 3F, 3G, 3K and 3L). There was no detectable change in actin localization or rhodamine phalloidin fluorescence intensity throughout the 3, 6 and 12 h experimental time points in the control groups (Figures 3A, 3B, 3F, 3G, 3K and 3L). However, by 6 h of treatment with 20 µM SB220025, an obvious reduction in the Factin fluorescence was observed, followed by a complete loss of rhodamine phalloidin fluorescence by the 12 h treatment time (Figures 3C-3E, 3H-3J and 3M-3O). These experiments were replicated using a 2 µM concentration of SB220025 and identical outcomes were observed, except that the rhodamine phalloidin fluorescence was reduced to barely detectable levels, but did not completely disappear by the 12 h treatment time (results not shown).

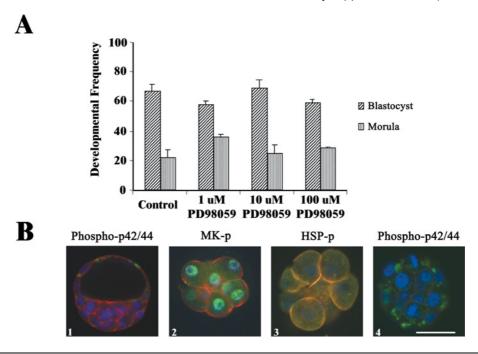
Effects of p38 MAPK inhibitors on adherens junction proteins in 8-cell-stage embryos

Eight-cell control embryos displayed an expected fluorescence pattern that consisted predominantly of a cortical pattern confined to the juxtaposed borders of adjacent cells for both α -catenin (Figures 3K and



Figure 4 | Effect of MEK inhibition on development of murine embryos and localization of MK-p, HSP-p and phospho-p42/44 in PD098059- and SB220025-treated embryos

(A) Murine embryos were flushed from timed-pregnant oviducts at the 2-cell stage (48 h post-hCG), pooled, washed and divided equally into four treatment groups consisting of (1) KSOMaa + 0.1% DMSO, (2) KSOMaa + 1 μ M PD098059 (PD98059), (3) KSOMaa + 10 μ M PD098059 and (4) KSOMaa + 100 μ M PD098059. Embryos were assessed for morphology and progression through to the blastocyst stage. No significant differences in the proportion of embryos developing to the blastocyst stage were observed between PD098058-treated and control groups. (B) Phospho-P42/44 fluorescence is represented in green (1 and 4), as is MK-p in panel 2. The yellow-orange fluorescence represents HSP-p protein co-localizing with rhodamine phalloidin (3). Red indicates rhodamine phalloidin, and blue denotes DNA (1–4). Panels 1–3 depict embryos from PD098059 treatments, whereas panel 4 displays embryos from the SB220025 treatment group. There was no difference in the fluorescence pattern of either MK-p or HSP-p in the PD098059-treated embryos (2, 3), although there was an absence of phospho-p42/44 fluorescence in these embryos (1). There was no variation in rhodamine phalloidin fluorescence in the PD098059-treated embryos (1–3). Similarly, no variation in the fluorescence of the phosphorylated-P42/44 antiserum was detected in the SB220025 treatment group (4). Rhodamine phalloidin fluorescence was reduced in the SB220025-treated embryos (4). Scale bar = 50 μ m.



3L) and β -catenin antisera (results not shown). After treatment with SB220025, β -catenin localization and intensity did not vary from that of controls at all observed time points (results not shown). In contrast, after 6 h of treatment with SB220025, the distribution of α -catenin transitioned from a completely cortical pattern primarily confined to juxtaposed cell borders, to include an apolar localization (distinct fluorescence in free apical cell surfaces) as well as a cytoplasmic distribution consisting of diffuse fluorescent foci (Figure 3N). After 12 h of treatment, the α -catenin fluorescence pattern was consistently reduced in intensity (Figure 3O).

MEK-1 (MAPK/ERK kinase) inhibitor experiments

To investigate the possible involvement of the ERK/MAPK pathway in mediating these events, we conducted experiments with PD098059, which targets MEK-1 and thus is a potent inhibitor of ERK-1. Experiments employing this inhibitor did not affect development to the blastocyst stage (even at concentrations as high as $100~\mu\text{M}$; Figure 4A) and did not affect the intensity or localization of MK-p or HSP-p fluorescence in the treated embryos [Figures 4B(2) and 4B(3)]. PD098059 treatment was efficacious in these experiments as we observed a significant reduction in fluorescence of the phosphorylated

form of p42/44 (p42/44-p; ERK-1/2), which is a downstream target of MEK-1 [Figure 4B(1)]. No effects on p42/44-p fluorescence were observed in embryos treated with the p38 MAPK inhibitor SB220025 [Figure 4B(4)].

Embryo recovery from treatment with p38 MAPK inhibitors

After 3 h of recovery in drug-free medium, SB220025-treated embryos displayed an abrupt reappearance of MK-p and HSP-p fluorescence (Figures 5D-5F). Once again, the MK-p fluorescence was predominantly confined to the interphase nuclei in each blastomere, whereas the HSP-p fluorescence was cortical, encircling the periphery of each cell (Figures 5D and 5E). MK-p was observed within the cytoplasm in dividing blastomeres (Figure 5D). Furthermore, α -catenin fluorescence also recovered its intensity and exclusive basolateral localization pattern. No detection of a cytoplasmic α -catenin was observed beyond 3 h of recovery (Figure 5F). Most importantly, the rhodamine phalloidin fluorescence reappeared by 3 h of recovery time, indicating that actin had reassembled to become filamentous, cortical actin once again (Figures 5D-5F). By 24 h of recovery time, the fluorescence patterns for MK-p, HSP-p, actin, α -catenin and the appearance of blastocysts in the treated groups (Figures 5G-5I) did not vary from the untreated controls (Figures 5A–5C).

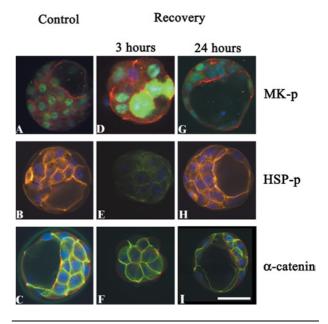
Discussion

We have recently reported that mRNAs and polypeptides encoding p38 MAPK α , β , γ and δ , and other members of the p38 MAPK signalling cascade including the downstream effectors, MK2, p38-related PRAK (MK5) and HSP25/27, are expressed throughout murine preimplantation development (Natale et al., 2004). More importantly, we demonstrated that treatment of 2-cell-stage mouse embryos with p38 MAPK inhibitors SB203580 and SB220025 resulted in a reversible blockade of development that occurs at the 8–16-cell stage of development (Natale et al., 2004).

The present study investigated the stage-specific activation of p38 MAPK signalling, and has characterized the timing of p38 MAPK regulation of filamentous actin, α -catenin and embryo development. We have demonstrated that treatment of 8-cell embryos with CSAIDTM drugs results in a reversible

Figure 5 | Embryo recovery from treatment with p38 MAPK inhibitors

Eight-cell embryos were collected and cultured for a period of 12 h in either KSOMaa+0.01% DMSO (vehicle control), KSOMaa $+20 \,\mu\text{M}$ SB202474 (drug control) or KSOMaa +20 μM SB220025. After treatment, embryos were washed and returned to KSOMaa. Green represents MK-p and colocalization of HSP-p and filamentous actin appear as yellow. Red indicates rhodamine phalloidin (A-I) and blue denotes DNA (A-I). No variation in the distribution of these proteins was observed between the vehicle and drug control groups (A-C). MK-p fluorescence reappeared by 3 h of recovery and was confined to the nuclei except in cells undergoing mitosis (D). HSP-p fluorescence reappeared by 3 h (E). α -Catenin fluorescence was also restored by 3 h of recovery time (F). Rhodamine phalloidin fluorescence recovered within 3 h (D-F). By 24 h of recovery, all CSAIDTM-treated groups displayed a normal developmental frequency to the blastocyst stage and a normal localization for MK-p (G), HSP-p (H), α -catenin (I) and filamentous actin (G-I) that was indistinguishable from that of controls. Scale bar = 50 μ m.



blockade of development (by 12 h) that is associated with a loss of phosphorylation of MK2, HSP25/27, redistribution of α-catenin and a loss of filamentous actin. Furthermore, these effects of p38 MAPK inhibition on 8–16-cell-stage embryos are fully reversible and are not observed when the ERK pathway is inhibited. The most intriguing finding of our study is that despite the presence of an active p38



MAPK pathway at the 2- and 4-cell stage of development, this pathway does not regulate filamentous actin in these embryo stages. Therefore the p38 MAPK pathway plays an important stage-specific role in mediating the events of preimplantation development. One of these roles is to promote the assembly of filamentous actin beginning at the 8-cell stage of development.

In several cell systems, p38 MAPKs regulate actin dynamics (Guay et al., 1997; Dalle-Donne et al., 2001; Khurana and Dey, 2003). The signalling cascade propagates actin filament restructuring through the phosphorylation of p38 MAPK. Active p38 MAPK in turn phosphorylates MAPKAPK2, which then activates HSP27 (Benndorf et al., 1994; Dalle-Donne et al., 2001; Kyriakis and Avruch, 2001). The present study demonstrated that CSAIDTM inactivation of p38 MAPK results in a corresponding decrease in the levels of phospho-forms of MAPKAPK2, and HSP25/27, which precedes a significant decrease in filamentous actin in the 8-16-cell embryo. These observations concur with a recent model proposed by Gerthoffer and Gunst (2001), which predicts that p38 MAPK exerts its influences on actin by modulating PP2A (protein type 2 phosphatase), which in turn regulates the polymerization and stability of filamentous actin fibres. Future studies will be directed at testing the validity of this model during preimplantation development.

Other kinase pathways can cross-talk with the p38 MAPK pathway. For example, ERK can interplay with the p38 MAPK pathway at the level of MKK4 (MAPK kinase 4) (Kyriakis and Avruch, 2001). However, inhibition of 2-cell embryos with the MEK1 (ERK1) inhibitor PD098059 at concentrations of 1, 10 and 100 μM did not affect development, as a normal progression to the blastocyst stage was observed in their presence. This was associated with no obvious effects on the actin cytoskeleton. For these reasons, we conclude that the ERK/MAPK pathway is not a principal regulator of the actin cytoskeleton during preimplantation development.

Actin plays an integral role in a significant number of cellular processes, one of which is the anchoring and maintenance of the adherens junctions during embryo compaction (Pratt et al., 1982). Adherens junctions are cadherin-dependent adhesive structures that are intricately linked to the actin microfilament network (Kidder and McLachlin, 1985; Levy et al., 1986;

McLachlin and Kidder, 1986; Ohsugi et al., 1996, 1997, 1999; Goval et al., 2000). In the presence of calcium, cadherin molecules of adjacent cells bind forming a junction that brings the cell membranes of neighbouring cells into close proximity. Cadherin, a membrane-spanning protein, is bound by β -catenin, which is in turn bound to α -catenin. α -Catenin then interacts with the filamentous actin network to anchor the junctional complex (Perez-Moreno et al., 2003). The assembly and formation of adheren junctions between neighbouring cells in the developing embryo results in the closer and more intimate association of cells, eventually obscuring the individual cell borders and resulting in the morphogenetic event of compaction (Kidder and McLachlin, 1985; Levy et al., 1986; McLachlin and Kidder, 1986; Ohsugi et al., 1996, 1997, 1999; Goval et al., 2000). We predict that the changes in α -catenin localization that we observed after CSAIDTM treatment occur as a consequence of depolymerization of the filamentous actin, which results in the formation of unstable adherens junctions in CSAIDTM-treated embryos. This result is intriguing and provides a possible explanation for why most of the treated embryos do not complete compaction in the presence of CSAIDTM drugs and block at the 8-16-cell stage. Without proper assembly of stable adherens junctions, compaction cannot proceed.

Recovery from CSAIDTM treatment resulted in a rapid reappearance of the phosphorylated proteins of the p38 MAPK pathway as well as the adherens junction-associated proteins and filamentous actin in treated embryos. The rapid pace of the F-actin reassembly was as expected, since actin may require as little as a few seconds to repolymerize (Schmidt and Hall, 1998; Pollard et al., 2000; Gallicano, 2001). The re-establishment of the active forms of the p38 MAPK family members as well as the adherens junction-associated proteins could indicate that once the CSAIDTM block is removed, the embryos respond immediately to re-establish a normal developmental programme. The ability of the treated embryos to recover and re-engage the normal developmental programme after CSAIDTM treatment demonstrates that the treatment is not permanently debilitating.

The most intriguing finding of our study is that treatment of 2- and 4-cell-stage embryos with CSAIDTM drugs did not result in a blockade of development or the depolymerization of actin. A

down-regulation of MK-p and HSP-p was observed, indicating that CSAIDTM treatment is still able to inactivate the p38 MAPK pathway at these cell stages. This result suggests that the p38 MAPK may be active in these early cleavage stages but not as a primary regulator of filamentous actin.

In conclusion, p38 MAPKs regulate many cellular processes such as inflammation, cytoskeletal rearrangements, as well as cell proliferation and apoptosis in several different cellular systems (Enslen et al., 2000; Ono and Han, 2000; Kyriakis and Avruch, 2001). The principal findings of our study clearly indicate that the p38 MAPK pathway exerts a stage-specific control over actin polymerization during preimplantation development.

Materials and methods

Materials

SB203580, SB220025, SB202474 and PD098059 were purchased from Calbiochem (La Jolla, CA, U.S.A.). These compounds were prepared in DMSO to make stock concentrations of 10 mM and were stored at –20°C. All embryo culture was performed in KSOMaa (Ho et al., 1995).

Antisera and actin labelling

Rabbit antisera raised against the phosphorylated human forms of phospho-MAPKAPK2, phospho-HSP25/27 and phosphop44/42 were used (New England Biolabs, Beverly, MA, U.S.A.) (Sarkar et al., 2002; Wu and Janknecht, 2002; Yu et al., 2002). The $\alpha\text{-}$ and $\beta\text{-}catenin$ antisera used were mouse monoclonal antibodies raised against human α - and β -catenins respectively (BD Transduction Laboratories, San Diego, CA, U.S.A.). All primary antibodies were tested over a range of concentrations and were most effective at a dilution of 1:100 from the commercial stock concentration. Primary antibodies were labelled using FITC-conjugated donkey anti-rabbit secondary antisera (Jackson Immunoresearch Laboratories, West Grove, MA, U.S.A.) and FITC-conjugated donkey anti-mouse secondary antisera (Jackson Immunoresearch Laboratories) respectively. F-actin was stained using rhodamine-conjugated phalloidin and DNA was visualized using DAPI (4,6-diamidino-2-phenylindole).

Super-ovulation and embryo collection

Female CD-1 mice (Charles River, Canada), 4–5 weeks of age, were injected with 10 i.u. of PMSG (pregnant mare's serum gonadotropin) (Sigma, St. Louis, MO, U.S.A.), followed by 10 i.u. of hCG (human chorionic gonadotropin; Sigma) 48 h later and just before mating with CB6F1/J males. Successful mating was determined the next morning by the presence of a vaginal plug and was considered day 0.5 of development. Timing post-hCG was used to measure embryonic development and the following embryo stages and times post-hCG were used in the present study: 2-cell, 48 h; 4-cell, 60 h; and 8-cell, 72 h. Two-cell to 8-cell-stage embryos were flushed from

oviducts of female mice using flushing medium I (1.71 mM calcium lactate, 0.25 mM sodium pyruvate, 3 mg/ml BSA and $10 \times \text{Leibovitz-modified Hanks balanced salt solution, all diluted with water to 1×) (Spindle, 1980). Animal care and treatment were according to the guidelines of the University of Western Ontario Animal Care Committee.$

Whole-mount indirect immunofluorescence

Localization of the p38 MAPK signalling pathway members, catenins and actin, in preimplantation stage mouse embryos, was assessed by whole-mount indirect immunofluorescence methods combined with observation using a laser-scanning confocal microscope. For each antiserum, the experiment was applied to a minimum of three replicate embryo series, representing a minimum of 50 embryos for each treatment group, including the drug control, vehicle control and drug treatments. Negative controls were also conducted in which embryos were exposed to the same procedure in the absence of primary antibody to assess the levels of background and non-specific binding of secondary antibody. After collection, embryos were washed once with 1 × PBS and then fixed in 2% (w/v) PFA (paraformaldehyde) in PBS for 20 min at room temperature (20°C). After fixation, embryos were washed with 1 × PBS and either processed immediately for immunostaining or stored at 4° C in $1 \times PBS + 0.09\%$ sodium azide (embryo storage buffer) for up to 2 weeks.

For immunostaining, fixed embryos were permeabilized and blocked in $1 \times PBS + 5\%$ (v/v) donkey serum + 0.01% Triton X-100 for 1 h at room temperature. Embryos were washed with 1 × PBS and incubated with primary antibody diluted $1:100 \text{ in } 1 \times PBS + 1\% \text{ donkey serum} + 0.005\% \text{ Triton X-100}$ for 1 h at room temperature followed by additional washes totalling 1 h at 37°C. Primary antibodies were detected by exposure for 1 h to FITC-conjugated secondary antibodies (Jackson Immunoresearch Laboratories) diluted 1:200. Embryos were then treated with 5 µg/ml (1:20) rhodamine-conjugated phalloidin and 1 mg/ml (1:2000) DAPI for 30 min at 37°C followed by two washes for 2 h each at 37°C. Embryos were mounted in Fluoro-Guard Antifade Mounting reagent (Bio-Rad Laboratories, Mississauga, ON, Canada). Fluorescence patterns were examined using a Zeiss LSM 410 (laser-scanning microscope) with an inverted Axiovert 100 microscope under ×40 water Zeiss Plan Apochromat objective lens with a numerical aperture of 1.2. The microscope room is maintained at a temperature of 22°C. The confocal microscope uses cooled photomultiplier tubes produced by Hamamatsu Photonics (Bridgewater, NJ, U.S.A.). The images were then captured and stored as TIFF files by the Zeiss LSM software package.

Influence of p38 MAPK inhibitors on development of 2- and 4-cell-stage embryos and the actin cytoskeleton

All experiments were replicated three times using embryos collected from separate groups of animals. For each experimental replicate, embryos were treated with the CSAIDTM drugs SB203580 or SB220025 as well as an inactive analogue, SB202474. A group of embryos treated with vehicle only (0.1% DMSO in KSOMaa) was included in each experimental replicate as a control. Murine embryos were flushed from timed-pregnant oviducts at 48 h post-hCG to collect 2-cell-stage embryos. Half of the embryos were pooled, washed and divided



into one of four treatment groups: (i) KSOMaa + 0.1% DMSO, (ii) KSOMaa + 2.0 μ M SB220025, (iii) KSOMaa + 20 μ M SB220025 and (iv) KSOMaa + 20 μ M SB2202474. Embryos were cultured for 12 h and then removed and fixed using 2% PFA before processing for whole-mount indirect immunofluorescence. The second half of the 2-cell embryos in each replicate was placed into KSOMaa medium for 12 h to allow for development to the 4-cell stage. At that time, they were washed and divided into one of the four treatment groups defined above. These embryos were cultured for 12 h before removal from treatment and fixation with 2% PFA. Whole-mount indirect immunofluorescence was then performed as described by Natale et al. (2004).

Influence of p38 MAPK inhibitors on development of 8-cell-stage embryos and the actin cytoskeleton

Murine embryos were flushed from timed-pregnant oviducts at the 8-cell stage (72 h post-hCG), pooled, washed and divided equally into one of the four treatment groups: (i) KSOMaa+ 0.1% DMSO, (ii) KSOMaa + $20~\mu M$ SB202474, (iii) KSOMaa $+ 20 \mu M$ SB203580 and (iv) KSOMaa $+ 20 \mu M$ SB220025. Embryos were assessed for morphology and progression through cleavage divisions 12 h after treatment (84 h post-hCG), at which time half of the embryos in groups 3 and 4 were removed from culture, washed and placed in fresh KSOMaa culture drops for the remainder of the experiment. Embryos in all groups were assessed again 24 h after treatment (96 h post-hCG) to determine progression to the blastocyst stage. Cell viability was also assayed at this time using a vital dye, Trypan Blue (Humason, 1979). After treatment, embryos were subjected to whole-mount indirect immunofluorescence assays and filamentous actin was stained using rhodamine-conjugated phalloidin. For the assessment of $CSAID^{TM}$ time-course effects, murine embryos were flushed from timed-pregnant oviducts at the 8-cell stage (72 h post-hCG), pooled, washed and divided equally into four treatment groups consisting of (i) KSOMaa + 0.1% DMSO, (ii) KSOMaa + 2.0 μM SB220025, (iii) KSOMaa + 20 μ M SB220025 and (iv) KSOMaa + 20 μ M SB202474 for 3, 6 and 12 h. At each time point, a subset of embryos was removed and fixed in 2% PFA for processing by immunofluorescence analysis.

MEK-1 inhibitor experiments

Murine embryos were flushed from timed-pregnant oviducts at the 2-cell stage (48 h post-hCG), pooled, washed and divided equally into four treatment groups consisting of (i) KSOMaa + 0.1% DMSO, (ii) KSOMaa + 1 μM PD098059, (iii) KSOMaa + $10 \mu M$ PD098059 and (iv) KSOMaa + $100 \mu M$ PD098059. Embryos were assessed for morphology and progression through cleavage divisions at 24 h postdrug treatment (72 h post-hCG), at which time point half of the embryos in groups 2, 3 and 4 were removed from culture, washed and placed in fresh KSOMaa culture drops for the remainder of the experiment. All embryos were then assessed again at 24 h postdrug treatment (96 h post-hCG) for progression to the blastocyst stage. Cell viability was also assayed at this time using a vital dye, Trypan Blue (Humason, 1979). After treatment, embryos were processed for whole-mount indirect immunofluorescence assays and filamentous actin was stained using rhodamine-conjugated phalloidin.

Embryo recovery from CSAIDTM treatment

Murine embryos were flushed from timed-pregnant oviducts at the 8-cell stage (72 h post-hCG), pooled, washed and divided equally into one of the four treatments: (i) KSOMaa + 0.1% DMSO, (ii) KSOMaa + 2.0 μ M SB220025, (iii) KSOMaa + 20 μ M SB220025 and (iv) KSOMaa + 20 μ M SB202474. Embryos were cultured for 12 h (84 h post-hCG) and then washed with 1 \times PBS for 20 min and placed into drug-free KSOMaa for the remainder of the experiment to assay the recovery. Embryos were removed from culture at 3, 6, 12 and 24 h intervals (87, 90, 96 and 108 h post-hCG respectively) and fixed in 2% PFA for processing by immunofluorescence analysis.

Statistical analysis

Statistical analysis of data was performed using SigmaStat (Jandel Scientific, San Rafael, CA, U.S.A.) software package. Data showed normal distribution and one-way ANOVA was used to determine treatment effects, followed by Tukey's Multiple Comparison Test to determine the statistical significance. $P \leq 0.05$ was considered statistically significant.

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