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Came for the Student Experience, Stayed for the Research Impact

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Came for the Student Experience, Stayed for the Research Impact

I’m a Western “lifer”, having earned a BHSc (‘20) and MSc (‘21) here, and now, I’ve signed up for a PhD too. I’m still here because I’m passionate about the research.

As a member of the Women’s Health Matters Research team, I work with women who have experienced intimate partner violence (IPV) to learn about how to best support their health. Considering that 1 in 3 women will experience IPV in their lifetime, it’s clear that this is a massive public health issue with ramifications across the lifespan.

However, public health decisions to support women require evidence-based recommendations. In recognition of this, I use mixed methods to elucidate the reality of women’s experiences of IPV in Canada. For example, I’ve studied the increase in IPV in response to COVID-19 public health measures to help inform violence-informed pandemic response planning.