Lunch Break

Bon Appetit!

Enjoy a short break from the conference to rest and refuel.

Avoid Zoom fatigue too.

“Zoom Fatigue: How to Make Video Calls Less Tiring.” The Conversation, May 11 2020
“The Reason Zoom Calls Drain your Energy.” BBC Worklife, April 22 2020
“How to Combat Zoom Fatigue.” Harvard Business Review, April 29, 2020