

## Western E-vent in Early Modern Philosophy

### Lunch Break

Bon Appetit!

Enjoy a short break from the conference to rest and refuel.

Avoid Zoom fatigue too.

[“Zoom Fatigue: How to Make Video Calls Less Tiring.”](#) The Conversation, May 11 2020

[“The Reason Zoom Calls Drain your Energy.”](#) BBC Worklife, April 22 2020

[“How to Combat Zoom Fatigue.”](#) Harvard Business Review, April 29, 2020