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Health Sciences 3290B: Teaching Toolkit - Younger

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Drip's World of Water
1. What is water?
2. Where does water come from?
3. How old is my water?
4. What is the water cycle?
5. What happens when rain falls back to Earth?
6. What happens if it rains too much?
7. What happens if it doesn’t rain at all?
8. Droughts
9. Water conservation
10. Water treatment & water distribution

WHAT DO WE WANT TO LEARN NEXT?
My name is Drip!

Today, we will learn about all about water!
First, let’s begin with a song!
The water cycle takes the water and moves it up and down and all around the Earth.
1. What is water?
HOW DO YOU USE WATER?
THE LIFE OF DRIP
WATER IS MADE OUT OF 2 ELEMENTS
HYDROGEN + OXYGEN
That is why water is called: $\text{H}_2\text{O}$.
States of Matter

SOLID  →  LIQUID  →  GAS
STATES OF MATTER
WATER STATES

Solid Liquid Gas
SPLASH SONGS
2. WHERE DOES WATER COME FROM?
Most of my friends live in the ocean!
FRESHWATER SOURCES

- Ground Water
- Glaciers and Ice Caps
- Surface/other Freshwater

This is where my freshwater friends live!
SING ALONG TIME
My cousins from the OCEAN made this song for you!
3. HOW OLD IS MY WATER?
QUIZ TIME!

Time to put on that thinking cap!
QUIZ TIME!

How old do you think water is?
- 1 day old
- 10 days old
- 100 days old
- Millions of years old
MILLIONS OF YEARS OLD
It is the same water that dinosaurs drank!
The same water knights on the battlefield drank!
The same water that your great great grandparents drank!
How can water be that old?
The amount of water on Earth never changes!
Water is always **recycled** through the **WATER CYCLE**
4. WHAT IS THE WATER CYCLE?
THE WATER CYCLE
WATER IS ALWAYS MOVING!

ON, ABOVE, and BELOW the surface of Earth
The water cycle has 4 steps:

1. Evaporation
2. Making clouds (condensation)
3. Raining/snowing (precipitation)
4. Collection
Step 1: Evaporation

The sun heats up water in rivers, lakes or the ocean and turns it into vapor or steam.
**EVAPORATION ACTIVITY**

Watch the steam come out of the kettle!
This is what happens when the sun heats the water on the ground.
Step 2: Making Clouds (Condensation)

Water vapor gets cold as it rises and changes back into a liquid.
CONDENSATION ACTIVITY

Watch the water droplets form on the book!
This is what condensation looks like!
**Step 3: Raining/Snowing (Precipitation)**

When there is too much water the clouds get heavy and water falls back to the Earth.
Watch the water drip off the book!
This is like precipitation when there is too much water to hold!
5. What happens when rain falls back to Earth?
**Step 4: Collection**

Rain falls into:
- Oceans
- Lakes
- Rivers
- Or it becomes groundwater that soaks into the Earth
Then the cycle repeats!
QUIZ TIME!

Time to put on that thinking cap!
QUIZ TIME

What are the steps of the water cycle?
Steps of the Water Cycle

1. Evaporation
2. Making clouds (condensation)
3. Raining (precipitation)
4. Collection
6. WHAT HAPPENS IF IT RAINS TOO MUCH?
Too much rain causes floods.
FLOODS
WHAT ARE FLOODS?

Too much water in one place can cause a flood!

Examples: backyards, fields and parks
HOW DO FLOODS HAPPEN?

Flooding happens when water overflows a river bank, or even when too much water is trapped in one place.
# Preventing Floods

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<thead>
<tr>
<th><strong>Defense walls</strong></th>
<th><strong>Vegetation</strong></th>
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<tr>
<td>A type of wall that stops water from flooding</td>
<td>Large areas with lots of plants that stop water from escaping the soil, and flooding neighbourhoods</td>
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</table>
DEFENSE WALLS IN LONDON: RETAINING WALLS
Vegetation
SANDBAGS
HOW CAN WE PREVENT FLOODING?

- Education is key in preventing flooding. The more you know about how and where flooding happens, the more prepared you are to face it.
Quiz time!
Time to put on that thinking cap!
WHAT IS THIS IMAGE?
WHAT IS THIS IMAGE?
7. WHAT HAPPENS IF IT DOESN'T RAIN AT ALL?
Forest fires
8. DROUGHTS
HOW DO DROUGHTS HAPPEN?

No rain  OR  Not enough rain
Droughts can make areas look like deserts.
PREVENTING DROUGHTS

Droughts are an imbalance in the water cycle and are hard to prevent.
TIP TO REDUCE DROUGHTS

Water conservation
9. Water Conservation
How can you help save water?
Choose the correct word

Turn the tap ___(on/off) when not in use
CLOSE THE WATER TAP AFTER USE ALWAYS
CHOOSE THE CORRECT WORD

___ that leak (Fix/Ignore)
CHECK YOUR TOILET FOR LEAKS
CHOOSE THE CORRECT WORD

Take ____ showers (longer/shorter)
10. WATER DISTRIBUTION
WHERE DOES LONDON’S TAP WATER COME FROM?
London's water comes from 2 sources.
London’s Water Sources

1. Lake Huron
2. Lake Erie (Elgin Area)

These are 2 of the 5 Great Lakes!
The average household uses about 14 cubic metres of water per month!

This is about the size of ONE backyard swimming pool!
WATER TREATMENT
DID YOU KNOW?
IT TAKES 10 STEPS TO TREAT WATER
How do we get clean drinking water?
How do we get clean drinking water?

Through filtration
Water is cleaned at water treatment plants before it goes to our homes.
After water is cleaned, it is safe for drinking!
DID YOU KNOW?

FLUORIDE IS ADDED TO LONDON’S WATER
DID YOU KNOW?
FLUORIDE HELPS PREVENT TOOTH DECAY
WHY DO WE NEED TO TREAT WATER?
Why do we need to treat water?

Because water is recycled and reused.
WASTEWATER

Water that is used becomes wastewater

Examples: flushing the toilet, water from brushing your teeth, showers
Harmful chemicals can be found in wastewater.

These chemicals are bad for the environment and our health!
Used water goes to waste water treatment plants.

Water is also cleaned here before it is released into lakes.
Want to be a superhero?

Save our water challenge!
WHERE IS TANZANIA?
SAVE OUR WATER CHALLENGE!

Kids Empowering Kids
WATER
FOR TANZANIA
Collect Change For Tanzanian Villagers

Fun Tip:
Get a bucket from your local hardware store so your kids can collect funds in the same bucket that Tanzanian children collect water!

$10 = Clean water for 1 person
TEACHER’S GUIDE:
CITY OF LONDON - WATER SUPPLY SYSTEM LESSON
JUNIOR LEVEL (GRADE K-3)

OVERVIEW

The City of London has various resources available to you throughout this lesson including informational videos and webpages. If you have any questions about the material before or after the lesson please do not hesitate to contact us. If you have an idea for another lesson, or have connected this lesson to curriculum we have not, please let us know. We are always looking for feedback, ideas for improvement and new lessons.

NOTE

- **How to use this teaching toolkit:** This Teaching Presentation can be modified according to your needs. We recommend that you pause the lesson after each section (10 sections overall), and assign students the “Take Home Challenges” (THC) available in this guide. This way, students have time to ‘digest’ the information, and have the opportunity to apply the lesson in their community.
- **Videos:** Our team handpicked YouTube videos that may correspond with the lesson as a way for the visual learners in your classroom to learn.
- **Easy navigation:** On slide 2 – You may start off from last day’s section by easily clicking on the desired section.
- **Feedback:** If you have any suggestions, please feel free to contact us at: engagedlearning@gmail.com :)
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<th>Lesson</th>
<th>Slides</th>
<th>Recommended Class Time (mins)</th>
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<td>1. What is water?</td>
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<td>2. Where does water come from?</td>
<td>17–21</td>
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<td>3. How old is my water?</td>
<td>22–31</td>
<td>10</td>
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<tr>
<td>4. What is the water cycle?</td>
<td>32–41</td>
<td>20–25</td>
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<tr>
<td>5. What happens when rain falls back to Earth?</td>
<td>42–47</td>
<td>7</td>
</tr>
<tr>
<td>6. What happens if it rains too much?</td>
<td>48–60</td>
<td>10</td>
</tr>
<tr>
<td>7. What happens if it doesn’t rain at all?</td>
<td>61–63</td>
<td>2</td>
</tr>
<tr>
<td>8. Droughts</td>
<td>64–68</td>
<td>5</td>
</tr>
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<td>9. Water conservation</td>
<td>69–75</td>
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<td>10. Water treatment and water distribution</td>
<td>76–97</td>
<td>10–15</td>
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### RECOMMENDED TOOLKIT GUIDELINES

*THC= Take Home Challenges (Homework)*

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<tr>
<th>Slide #</th>
<th>Information</th>
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<tr>
<td>5</td>
<td>Introduction – Water Cycle Video</td>
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</table>
| 7       | Sec.1: How do you use water? [video]  
- ASK: “How do you use water at home?”  
- WATCH: “Water and its Uses” [video]  
- THC: Have children journal about the ways they used water tonight |
| 8       | Sec.1: The Life of Drip [video]  
- WATCH: Video |
| 10–12   | Sec.1: H2O  
- DRAW: Have students draw out the molecule in class; cut out 3 circles (two red+1 blue) and 2 rectangles – then have students glue the H2O molecule as depicted on slide 10  
- ACT: Play “ATOMS” (See instructions in activity section) |
| 13      | Sec.1: States of Matter  
- ASK: “Does anyone know the three states of matter (water)?” (Answer: Solid, liquid, gas) |
| 14      | Sec.1: States of Matter  
- WATCH: [https://www.youtube.com/watch?v=Nb01JqbeR30](https://www.youtube.com/watch?v=Nb01JqbeR30)  
- DRAW: Have students draw out the three states (solid, liquid, gas) chart, and have them identify other things that are in these states.  
- Example: Solid (car, coin, pencil...), liquid (water, oil, juice...), gas (condensation, air, oxygen...) |
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<th>Section</th>
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| 15   | Sec.1: States of Matter – Water | - **SHOW:** Show students the three states of water: an ice cube, water (liquid), and water (gas)  
- **THC:** Ask students to bring back three things (a solid, liquid, gas* bonus – their breath) tomorrow  
| 16   | Sec.1: Splash Songs! | - **SING:** Choose “water rhymes” from here to sing with your class: [https://www.kidsparkz.com/preschool-sings-ocean.html](https://www.kidsparkz.com/preschool-sings-ocean.html) |
| 18   | Sec.2 – Total Global Water | - **SHOW:** Before class, fill ⅛ of a water bottle with water (blue food coloring), then put it in the freezer until the water freezes. Then, when it’s time to do section 2, fill the rest of the frozen water bottle with water (liquid). The frozen blue ice in the water bottle will show the amount of “fresh water” there is compared to “ocean water”. You can use this activity as a THC as well. |
| 19   | Sec.2 – Freshwater Sources | - **DRAW:** Have students duplicate the pie graphs (“Total Global Water” and “Freshwater sources”) in their journals |
| 21   | Sec.2 – Sing Along Time | - **SING:** Sing along video |
| 23   | Sec.3 – Quiz – How old is my water? | - **ASK:** “How old do you think water is?”  
  - 1 day old  
  - 10 days old  
  - 100 days old  
  - Millions of years old  
  **Answer:** Millions of years old |
<table>
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</table>
| 29–31 | Sec.3 – How can water be that old? | ASK: “How can water be that old?”  
Answer: The amount of water on earth never changes. Water is always recycled through the water cycle. |
| 46 | Sec.5 – What happens when rain falls back to Earth? | QUIZ TIME: Show students the water cycle image and have them list the steps  
ANSWERS: Evaporation, making clouds (condensation), raining (precipitation), collection |
| 58–60 | Sec.6 – What happens if it rains too much? | QUIZ TIME: Ask students what each image is  
First image → a defense wall preventing flooding  
Second image → vegetation |
| 61–63 | Sec.7 – What happens if it doesn’t rain at all? | ASK: Ask this question and give students some time to come up with some ideas before proceeding to slides 62 and 63 |
| 70–75 | Sec.9 – Water conservation | FILL IN THE BLANKS: Have students choose the correct word for the following phrases on water conservation (slides 71, 73, & 75)  
Answers: OFF (slide 71); FIX (slide 73); SHORTER (slide 75) |
<p>| 77 | Sec.10 – Water distribution | ASK: Ask students this question before proceeding with the next 2 slides |</p>
<table>
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<tr>
<th>ACTIVITIES</th>
<th>OVERVIEW</th>
<th>MATERIALS</th>
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<tr>
<td><strong>Section 1:</strong> What is Water?</td>
<td><strong>INSTRUCTIONS:</strong>&lt;br&gt;Children run around the gym in all sorts of directions. The teacher calls out &quot;Atom___&quot; and a number. Which ever number is called, the children have to get into groups of that number. For example, the teacher calls &quot;Atom 6!&quot; and children get into groups of 6. Those left out of a group, are out.&lt;br&gt;&lt;br&gt;Children who are 'out' could jog on the edge of the playing area - after every round some children, who are jogging sensibly, could come back in which would mean they are still active at all times!&lt;br&gt;&lt;br&gt;You could introduce rules like... children cannot go with someone who has been in the same group as them, or there has to be at least one boy and girl in each group?</td>
<td>N/A</td>
</tr>
<tr>
<td>Game: Atoms; slide 12</td>
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<tr>
<td><strong>Section 1:</strong> What is water?</td>
<td><strong>Instructions:</strong>&lt;br&gt;When the weather gets hot, we head outside to play. Most of the time, our play includes WATER! This gross motor game is a spin off the classic Duck, Duck, Grey Duck (or Goose!), but with a cup of water.</td>
<td>- Bucket&lt;br&gt;- Plastic cups</td>
</tr>
<tr>
<td>Drip Drip Drop</td>
<td></td>
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</table>
Learning objective: The children will learn to follow directions, take turns, and run!

*This game is best played in a group of 3 or more children.

1. Children sit in the circle. One child is “it.” They scoop a 1/2 cup of water from the bucket.

2. Starting where they were sitting, they dip their fingers in the cup and sprinkle a drip of water on the next child's head and say, “drip.”

3. Play continues with drips until the child DROPS the rest of the water on someone’s head and says, “DROP.”

4. That person then chases the child who is it around the circle, trying to beat them back to their original space.

5. The player that sits last (or is still standing) scoops a 1/2 cup of water and goes around the circle again.

<table>
<thead>
<tr>
<th>Section 1: What is Water?</th>
<th>Splash Time – songs</th>
<th>Section 1: What is Water?</th>
<th>Sprinkle unsweetened Kool-Aid on a piece of paper. Have the children move a piece of ice over the Kool-Aid. Watch as the Kool-Aid turns to liquid and makes a yummy smelling picture</th>
</tr>
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<tbody>
<tr>
<td>Music: Splash Songs</td>
<td></td>
<td>Art: KOOL–AID PAINTING</td>
<td>- Kool–aid &lt;br&gt;- paper &lt;br&gt;- ice cubes</td>
</tr>
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</table>

- [https://www.kidsparkz.com/preschool-sings-ocean.html](https://www.kidsparkz.com/preschool-sings-ocean.html)  
- PDF Printables – Ocean Animals Theme – [https://www.kidsparkz.com/ocean-animals.html](https://www.kidsparkz.com/ocean-animals.html)
**Section 1: What is Water?**

**Art: Kool-AID ART**

1. Sprinkle Kool-aid crystals onto a piece of paper.
2. Have children spray water from a spray bottle onto the paper.
3. Use different colored kool-aid mix.
4. For added adventure, you may choose to take children out into the rain with a piece of paper that has Kool-aid on it.

**Crafts: Ocean in a bottle**

1. Fill bottle halfway with water.
2. Add a few drops of blue food coloring and swirl around to mix.
3. Add glitter and sea creatures/shells and then fill bottle the rest of the way with vegetable oil using a funnel.
4. Make sure that cap and rim are dry—and then apply white glue around the rim and seal cap.
5. Use a layer of hot glue around the outside edge of the cap for additional protection from leakage.
6. Turn the bottle on its side to create a wave in this ocean habitat!

**Section 4: Evaporation Activity**

**Demonstration**

1. Use example of kettle (plug in an let the students watch the steam come out of the top) explain to them that this is the same thing that the sun does to water.
2. Once the water gets warm it evaporates.

- Kool-aid
- spray bottle
- paper
- plastic bottle (500ml) with a cap
- vegetable oil
- water
- funnel
- blue food coloring
- glitter
- shells and toy sea creatures
- hot glue gun
- Electric kettle
### Section 4: Condensation Activity

#### Demonstration

1. Show students condensation by putting a hardcover book in the freezer for about an hour.
2. Put the book overtop the boiling kettle of water from the previous experiment.
3. Make sure you use oven mitts! Water droplets will form on the book, which is what causes condensation.

### Section 4: Precipitation Activity

#### Demonstration

1. Continue the previous experiment long enough so that so much water will condense on the book that it won’t be able to hold it all.
2. The water will begin dripping down from the book, creating precipitation.

### Sources/Other Resources

1. Elementary School Water Activities:
   [http://www.kidactivities.net/category/Theme-Water.aspx](http://www.kidactivities.net/category/Theme-Water.aspx)
2. Ontario Ecoschools Water Awareness and Action Campaign Kit:
4. [https://wateruseitwisely.com/toolkit/](https://wateruseitwisely.com/toolkit/)

### Created By:

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