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#### 2019 Cohort

Head and Heart Program

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#### Real Life Sociology: A Canadian Approach

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### **MY STORY**

My name is Kristen Longdo. I am a recent graduate from Western University. I received a degree in Criminology and Sociology. I was extremely lucky, and am extremely grateful to have received a grant through Head and Heart to complete Indigenous research through the summer of 2019. I worked alongside Professor Anabel Quan-Haase, who teaches in the department of Sociology at Western University. Together, we have edited her previously written textbook *Real Life* Sociology: A Canadian Approach, a textbook used in the first year course Introduction to Sociology, to implement more Indigenous content into each chapter.



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## A RESEARCH PROJECT COMPLETED BY KRISTEN LONGDO AND ANABEL QUAN-HAASE

### MOTIVE

Our motive with modifying the content in this textbook is to give first-year or new students a chance to learn about Canada's history. Ideally, implementing such content into this textbooks will make future students not only aware of what their fellow brothers and sisters have endured, but how they continue to suffer. We can not change the past, but we can shape the future. Young scholars are the future and they have the strength in their voices to influence change in society. Cha Soc Cha Cha Cha Cha Cha

#### **TOPICS COVERED**

Missing and Murdered Indigenous Women Inquiry
Residential Schools
Indigenous Ways of Knowing
Storytelling
Intergenerational Trauma
Dudley George/Ipperwash Protests
Crime/Incarceration
Economic Inequality
Racism/Discrimination
Socialization

# REAL LIFE SOCIOLOGY A CANADIAN APPROACH

### **EDITED CHAPTERS**

Chapter 2: Measuring the Real World Sociologically

Chapter 4: Making infants into Social Beings through Socialization

Chapter 6: Economic Inequality and Class Exploitation

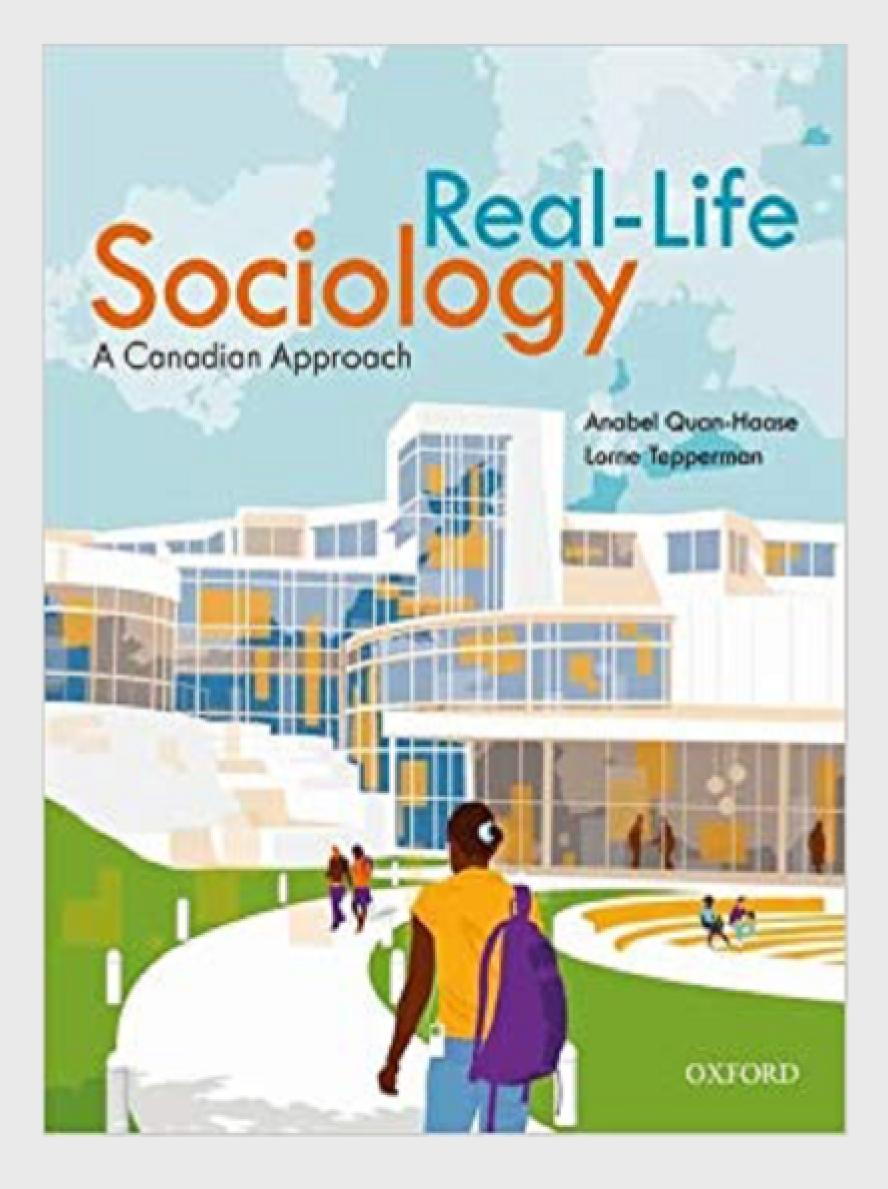
**Chapter 7: Gender Inequality and Gender Domination** 

Chapter 8: Racialization and the Construction of Social Marginality

**Chapter 9: Understanding Global Inequality** 

Chapter 14: Mass and Social Media in a Global Age

**Chapter 16: Social Movements and Collective Action** 



#### METHODS

We used journal articles, news articles, books/textbooks, StatsCan, MMIW inquiry and other sources to collect the most up-to-date data we can, as well as to collect historical data on events which have shaped Indigenous peoples lives/experiences today (i.e. residential schools)

### CONCLUSIONS

Our hope is to give Indigenous people a voice to the continuous, ongoing issues they face at the hands of history and colonization. We want to accurately represent Indigenous traditions, culture, teachings and ways of knowing, as well as their history of suffering and cultural discrimination that they continue to face today. If we, through this textbook re-write, can influence even one scholar to consider furthering their course selection to Indigenous Studies – we have done our job.