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Experiential Learning at the Yee Hong Community Wellness Foundation

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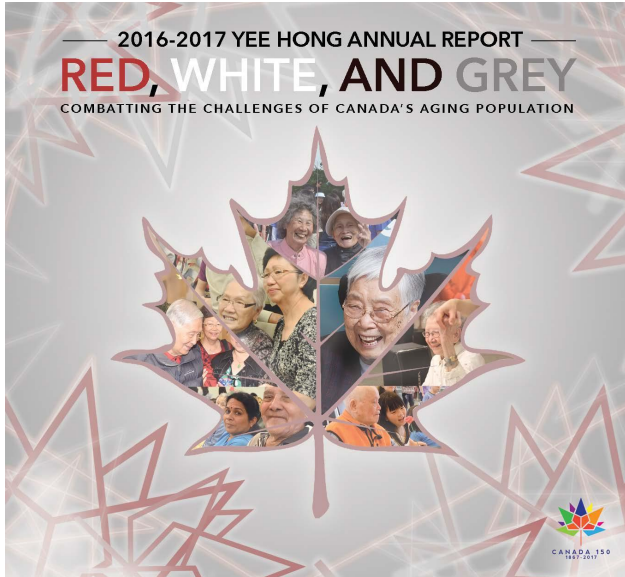
Summer Experiential Learning

— Yee Hong Community
Wellness Foundation —

Vicky Qiao

Yee Hong Community Wellness Foundation

Yee Hong Centre of Geriatric Care



Why I wanted to work here?

Volunteer Experience during High School

- Unionville Home Society
- Encounter with one senior resident



Fundraising Events

Toronto International Dragon Boat Race Festival



Annual Golf Classic



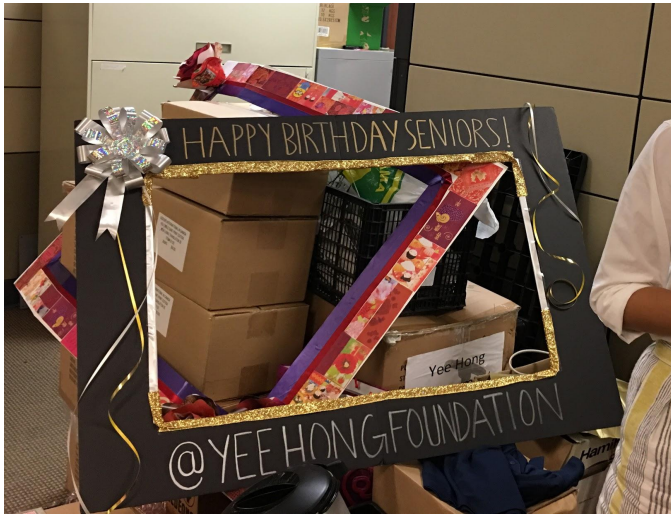
Main Task - Senior Birthday Party

First time taking control over whole event planning and organization process



Senior Birthday Party

FUN tasks - invitation letters, decoration designs, performance ideas



Senior Birthday Party

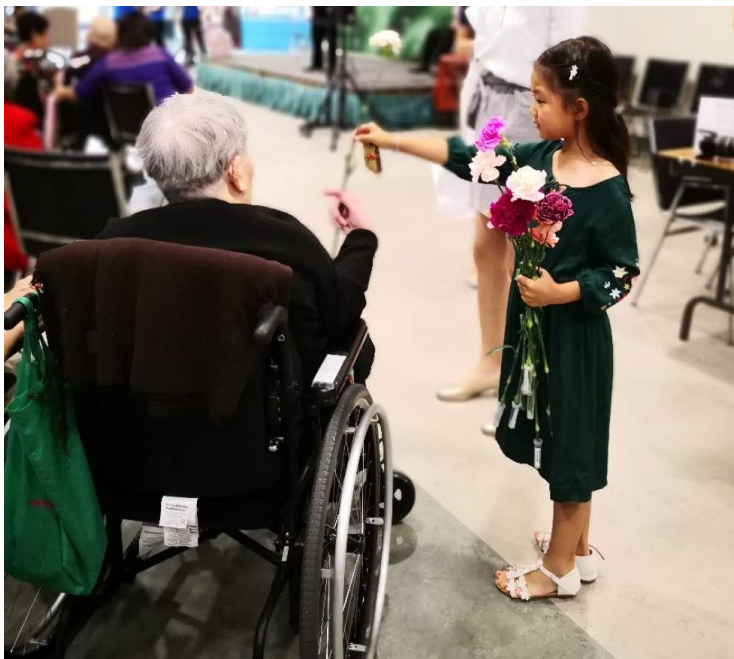
Not all tasks are fun...

Trivial details, time-consuming, repetitive works

Cold calls and rejections

Senior Birthday Party

Bringing in my students



Senior Birthday Party

Uncertainties and unexpected situations (i.e. tech difficulties)

Difficulty in managing a huge crowd

Priority dilemma - seniors vs. order

Criticism from peers

There are definitely things that I could have done better, but I would always prioritize the needs of the seniors over anything else.

Utilizing writing skills - but in Chinese!



Mini-documentary Series - Humans of Yee Hong

Passion project - voluntary effort

Interview, communications, filming

2 videos - 8 individuals



What did I Learn?

Non-profit organizations - importance of fundraising & PR

Event planning - details & problem solving skills

But mostly important, about myself !

“One who knows others is wise; one who knows oneself is enlightened.”

- Lao Zi