Experiential Learning at the Yee Hong Community Wellness Foundation

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Summer Experiential Learning

Yee Hong Community
Wellness Foundation

Vicky Qiao
Why I wanted to work here?

Volunteer Experience during High School

- Unionville Home Society
- Encounter with one senior resident
Fundraising Events

Toronto International Dragon Boat Race Festival
Annual Golf Classic
Main Task - Senior Birthday Party

First time taking control over whole event planning and organization process
Senior Birthday Party

FUN tasks - invitation letters, decoration designs, performance ideas
Senior Birthday Party

Not all tasks are fun...

Trivial details, time-consuming, repetitive works

Cold calls and rejections
Senior Birthday Party

Bringing in my students
Senior Birthday Party

Uncertainties and unexpected situations (i.e. tech difficulties)

Difficulty in managing a huge crowd

Priority dilemma - seniors vs. order

Criticism from peers

There are definitely things that I could have done better, but I would always prioritize the needs of the seniors over anything else.
Article publication

Utilizing writing skills - but in Chinese!
Mini-documentary Series - Humans of Yee Hong

Passion project - voluntary effort
Interview, communications, filming
2 videos - 8 individuals
What did I Learn?

Non-profit organizations - importance of fundraising & PR

Event planning - details & problem solving skills

But mostly important, about myself!

“One who knows others is wise; one who knows oneself is enlightened.”

- Lao Zi