Low fertility Lite in Canada: The Nordic Model in Quebec and the U.S. Model in Alberta

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Discussion Paper No. 09-03

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May 15, 2009

On the web in PDF format: http://sociology.uwo.ca/popstudies/dp/do09-03.pdf

Paper prepared for session on International Perspectives on Fertility, meetings of the Population Association of America, Detroit, 30 April – 2 May, 2009

Paper submitted to special issue of Canadian Studies in Population edited by Bali Ram, on Low fertility in comparative perspective.

The authors wish to acknowledge funding from Social Science and Humanities Research Council of Canada.

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Abstract

Among the factors that are responsible for low fertility, the risks experienced by young people are particularly relevant. In that context, it is noteworthy that fertility is rising most in Alberta and Quebec, that is in provinces where young families have had the security of either good job opportunities or supportive social policy.

The fertility trend in Canada has seen a low point of 1.51 in 2002, rising to a total fertility rate of 1.59 in 2006. The trends and differences are placed in the context of family and work questions, including the division of paid and unpaid work by gender. Actual and intended fertility vary especially by marital status and family structure, with lower fertility in situations of less stability. Given the concurrent models of family and work, fertility varies less by women’s work status. We summarize the changing policy context, proposing that social policy has become more supportive of families with young children, especially in Quebec but also in the rest of Canada.

The further policy support for families needs to pay attention to the heterogeneity in the population, and thus to include subsidizing the direct costs of children, along with parental leave and child care. Family formation will also be enhanced through approaches that reduce the risks experienced by young people, and thus the importance of employment security, job satisfaction and affordable housing.

Canadian fertility has increased over the last four years, from 1.51 in 2002 to 1.59 in 2006. The increases have been highest in Quebec and Alberta. In Quebec, the increase has been occurring over the period 2000 to 2007, from a total fertility rate of 1.45 to 1.65 (Institut de la statistique du Québec, 2008: 28). In Alberta, the increase is from 1.64 in 2000 to 1.82 in 2006.

While many considerations are at stake in low fertility, it would appear that questions of economic risks and policy support are key matters (McDonald, 2006; Gauthier and Philipov, 2008). Roy and Bernier (2006) had argued that the Quebec family and policy trends were coming to resemble the Nordic model, with a high proportion of births in cohabiting unions, and considerable state support, especially through the Ministère de la Famille, des Aînés et de la Condition féminine.

But other countries, and the United States in particular, have managed higher fertility through a model that involves low state support. The strong job growth experienced in the United States since the recession of the early 1990s meant that, even with poor job protection, withdrawals from the labour force were less risky; people could be confident of their employment prospects when they desired to return to the labour market. In Canada, the most recent period has seen Alberta emerge as the province of strong job growth, to the point that in some years it was the only province with a substantial positive net internal migration. Commenting on the labour force data for 2006, The Globe and Mail used the headline: “Women in the East join work force,
women in West leave in droves” (Scoffield, 2006). Exaggerated as the headline was, it may have touched a reality in terms of alternative opportunities and preferences during this period of resource-sector growth in Alberta.

While it was a rather different context, the baby boom also occurred in a period of “golden years of secure employment and the social welfare state” as “the most risk-free period in history” (Caldwell, 2005). For men in the 1940s and 1950s, what counted for having children was to be a married breadwinner. In contrast, Lauster (2008) finds that since the 1970s, it is when they are home owners that men are properly established to have children.

There is much heterogeneity both in fertility preferences and in the fertility constraints that people experience. A central aspect of this heterogeneity is the gender models for the division of earning and caring activities (Beaujot, 2000). This also means that a variety of policies are relevant, to support people in various family/work models.

After looking more closely at the fertility trend in Canada, this paper considers questions of fertility and work, along with the division of paid and unpaid work by gender. We then consider actual and intended fertility following on marital and work status of women and men. Finally, we summarize the changing policy context, proposing that social policy has become more supportive of families with young children, especially in Quebec but also in the rest of Canada.

The fertility trend and the Second Demographic Transition

Following on the stages of the second demographic transition as proposed by Lesthaeghe (1995), the first stage was from about 1960 to 1970, with the end of the baby boom, the end of the trend toward younger ages at marriage, and the beginning of the rise in divorces (Table 1). The second stage, from 1970 to 1985, included the growth of common-law unions and eventually of children in cohabiting unions. The third stage, since 1985 shows a plateau in divorce, an increase in post-marital cohabitation, and a plateau in fertility due in part to higher proportions of births after age 30. For 1981-2006, the total fertility rate has been in the range of 1.5 to 1.7 births per woman. On an annual basis, there is a peak of 1.71 in 1990, then a trough of 1.51 in 2002, and an increase to 1.59 in 2006 (Statistics Canada, 2008: 8, 33).

— Table 1 and Figure 1 about here ---

The current phase of the demographic transition especially involves tempo changes to later ages for union formation and childbearing. Age 30 is a key point in the graphs showing fertility rates at given ages for successive cohorts (Figure 1). In particular, the reduced levels before age 30 are partly compensated with higher levels after age 30. In effect, the slight increases in total fertility in the period 2002-2006 are a function of the increases at ages 30-39 being larger than the decreases at ages 20-29. Further data by parity for Quebec show increases at ages 26-29 in the period since 2001, along with the increases at ages 30+ which have occurred over the period 1986-2006 (Institut de la statistique du Quebec, 2008: 29-32). These Quebec data show increases at each of the three first birth orders, even though the average age at each parity
continues to increase. Compared to earlier cohorts, there are increases in total births to age 40 as of the 1961-62 cohort, and as of age 50 for cohorts since the one of 1957-58. Consequently, completed fertility as of age 50, which had declined to 1.61 for the 1954-58 cohorts in Quebec, is estimated to rise to 1.72 for the 1972-73 cohort. For Canada as a whole, cohort fertility declined from 3.4 in the birth cohorts of the late 1920s, to 1.8 in the cohorts of the early 1950s, but it has been estimated in the stable range of 1.74 to 1.76 for cohorts from the mid 1960s to the late 1970s (Statistics Canada, 2008: 33).

The assumptions used in population projections are another useful indicator of trends. The medium fertility assumptions have been set at 1.7 after the censuses of 1981, 1986 and 1991, and at 1.5 after the 1996 and 2001 censuses. Over this period, the high assumptions have declined from 2.2 to 1.7 and the low assumptions have been in the range of 1.4 to 1.2 (Beaujot and Kerr, 2004: 158). The projections for Quebec have followed a similar pattern. However, in anticipating the next round of projections, following the 2006 census, demographers at both Statistics Canada and Institut de la statistique du Québec are proposing to use slightly higher assumptions.

Canadian levels are similar to those of the average for the 27 European Union countries (Vienna Institute of Demography, 2008). For instance, the total fertility rate in EU-27 is 1.53 compared to 1.59 for Canada, and the completed fertility for the 1965 birth cohort is 1.79 in EU-27 compared to 1.75 for Canada. Similarly, the average age at first birth is 28.1 for Canada and 27.7 for EU-27. In terms of the progression of cohabitation, Quebec has more similarities to the Nordic countries, with 60 percent of births being to women who are not married, while the rest of Canada is more similar to the United States, where cohabitation is a form of conjugal life and a test of the relationship, more than an alternative form of family life (Le Bourdais and Lapierre-Adamcyk, 2004, Kiernan, 2001). While an increased proportion of births are to cohabiting unions, the proportion with no declared father on the birth certificate has declined to 2.7 percent of Quebec births in 2007 (Institut de la statistique du Québec, 2008: 37).

**Work and childbearing**

In the period 1960 to 1985, the total fertility rate was declining as fast as women’s employment rate was increasing (Figure 2). Less noticeable is that this inverse relationship between the two time-series does not apply for the whole post-war period. During the 1950s, both fertility and women’s employment were increasing. Since 1985, fertility has been relatively stable while women’s employment rate has continued to rise, other than for the period of the early 1990s.

— Figure 2 about here ---

Across countries, the inverse relation which was observed into the 1970s between rates of fertility and women’s labour force participation, have become positive since the mid-1980s (Morgan, 2003; Coleman, 2005: 438; Never, 2008; Billari, 2008; Thévenon, 2008). The same results are seen when Canadian provinces are used as the units of analysis (Figure 3). In particular, in 1976, there was basically no relationship between fertility rates and women’s
employment rates, while the relation became more and more positive until 1996, with positive but weaker relationships in 2001 and 2006. For men, the relationship between fertility and their employment rates have been positive since 1976, but the correlations increased to 1996, with slightly lower correlations for 2001 and 2006 (Table 2).

— Figure 3 and Table 2 about here —

In 2006, the point for Quebec shows higher fertility than one would expect from the regression line on employment rate, as was also the case in 1996, but to a lesser extent. For Alberta, the 1996 fertility was lower than expected from women’s employment rate, but the point for 2006 is now above the regression line.

The level of childbearing needs to be placed within the opportunity structures of young persons as these evolve over time. As Wheeler (2008: 6) indicates, “babies tend to be born where the jobs are”. Similarly, Roy and Bernier (2006) propose that employment continues to be the foundation of social and occupational integration, and weak job prospects, like the growth of non-standard work, are not incentives for having children. Bingoly-Liworo and Lapierre-Adamcyk (2006) find that the delay in first births are increasingly due to the longer period of education, and the difficulty of obtaining stable employment. First births are related to both stability in employment and the ability to rely on spouse’s employment (Bingoly-Liworo, 2007). This study also finds for the period 1996-2004 that women who did not work in the reference year are less likely to have a first child (idem, p. 157, 162). In France, Testa and Toulemon (2006) find that two jobs predicts the transition to first birth, as does being married or cohabiting.

Several commentators have observed that the prospects for young men have deteriorated since the mid 1970s, that is after the “leading edge” of the baby boom had entered the labour force (Morissette, 1998; Kapsalis et al., 1999; Beaupré et al., 2006; Clark, 2007). Since the mid-1980s, for workers under 35, especially men, earnings have declined, educational premiums over older counterparts has disappeared, there is lower job quality, less pension coverage, lower unionization rates, increased earnings instability, increased wage gaps between newly hired and those with more experience, and lower likelihood that men under 35 have full-year full-time employment than in the 1970s. This is probably partly a question of the size of the baby boom, and partly a question of timing with slower economic and job growth since the mid 1970s.

It was thought that the “baby bust,” born between 1967 and 1979, would have better prospects, since they were a smaller cohort (Foot, 1998). However, into the beginning of the 21st century, these subsequent cohorts have been disadvantaged by following the large baby boom cohort. With a more competitive labour market, they have pursued more education, and the two-income model, partly as a means of achieving the desired standard of living. This has brought delays in early life transitions, including home leaving, union formation, and childbearing (Beaujot, 2006; Clark, 2007). Especially in the two-income model, the “career entry theory of marriage” is particularly applicable, including low marriage propensities during post-secondary education (Oppenheimer, 1998; Sweeney 2002; Goldscheider et al., 2006).
There was concern in the late 1990s that labour force participation would stop increasing, after four decades of growth brought about especially through women’s increasing participation (Sunter, 2001). It was observed that men’s participation rates were declining at ages over 55, and that rates were declining at ages 15-24 due especially to higher participation in education. The early part of the present century has seen increased participation, at least until the current recession (Cross, 2006; Morissette and Johnson, 2005). Chung (2006) finds that in 2000-05 average real earnings have increased at a faster pace for young, less-educated male workers than for any other group.

Other indicators have shown important progress over the period 1981-2006, including the proportion of dwellings that are owner-occupied (Gauthier, 2009: 6). The labour force projections made in 2006 anticipated increased age specific rates to 2011 for men and to 2021 for women (Martel et al., 2007; Beaujot et al., 2007). The employment rate reached a peak in March 2008, at 63.8 percent of the population aged 15+ employed, compared to 61.1 in 2001 and 52.2 in 1951. It would appear that recent labour market entry cohorts are sufficiently distant from the baby boom cohort that their opportunity prospects are less affected by the bulge in the age distribution. However, as mandatory retirement is being set aside, and the baby boom cohorts are concerned about their pension funds in declining equity markets, the much anticipated opportunities for younger cohorts may still be postponed through the current recession. Already in 2008, there were employment gains at 55+ compared to declines at ages 15-24 (Usalcas, 2009).

**Gender, work and childbearing: alternate models**

Another factor that has been shifting slowly in favour of childbearing is the greater participation of men in housework and child care. Reviewing trends in time-use over the period 1986 to 2005, Marshall (2006) uses the title “Converging gender roles”. For instance, at ages 25-54, in 1986 men did an average of 43 percent of the amount of unpaid work as women, while in 2005 men did 58 percent of women’s average hours per day (see Table 3). Among men aged 25-54 who were living as a couple with a child under 5 at home, 57 percent participated in primary child care in 1986, compared to 73 percent in 2005. For persons with children under five, the time spent doing child care has increased for both men and women, but especially for men (Gauthier et al., 2004: 661). For persons who worked at least three hours on the observation day, the family time with spouse and/or children declined between 1986 and 2005, but the gender differences in this family time are very small (see Table 3).

For persons in couples where neither spouse is a full-time student nor retired, there has been a decrease in complementary-traditional arrangements, along with an increase in men’s double burden arrangements and in shared roles arrangements (Beaujot et al., 2009). Surveys indicate an increasing preference for the sharing of housework and child care (Gil Alonso, 2005; see also Beaujot, 2007).

— Table 3 about here ---
There are clearly two models of family and work that underlay childbearing. In one model, childbearing is more extensive for women who are in complementary role relationships or who are less attached to the labour force. In another model, once women have secure jobs and workplace support, they will be in position to realize their childbearing goals.

Comparisons across countries suggests that the structure of work is an important determinant of child-bearing. For instance, comparing the pro-natalist policies of France and Japan, Boling (2008) concludes that the difficulties in Japan relate to the labour market which “extracts high opportunity costs from parents who interrupt their careers to raise children, keeps ideal workers from having much time for their families, assumes and reinforces a traditional gender ideology, and hires few young workers into good jobs”. Similarly, McDaniel (2008) places part of the responsibility for Korea’s low fertility on the increased insecurity in the labour market. A comparison of Germany and France indicates that women without children have higher labour force participation in Germany, but when women have one or more children it is in France where they have higher participation (Pailhé, 2008). The potential for flexibility of given occupations is another structural factor. For instance, using Canadian data, Ranson (1998) finds that women in the education and health sectors had more supports for childbearing than women in law or business. The earnings of women with children are especially affected by having taken more time off from work than women without children (Zhang, 2009).

Another structural feature is the extent of sharing of family work. McDonald (2000) has theorized that fertility is particularly low when women have attained equal opportunities in education and work, but families have remained traditional, allocating an excessive component of reproductive work to women. Bernhardt (2005) proposes that this low fertility is because only the first half of the gender revolution has been completed; the second half of the gender revolution, in the private sphere, remains incomplete. There is some evidence of higher fertility when men share more of the household burdens (Pinnelli, 2001; Gil Alonso, 2005; Purr et al., 2009). Research from Sweden shows that wives are more likely to have a second child if their husbands had taken parental leave for a previous birth (Olah, 2003). The comparison of fertility trends in Spain and Denmark shows that only in Denmark does the relatively equal division of infant parenting encourage career-oriented educated women to have a second child (Esping-Andersen et al., 2007). In Denmark, this equal division of infant parenting is found to be as important as mother-friendly policies.

Comparative analyses also suggest that the relationship between fertility and women’s labour market participation is dependant on each welfare state’s institutions (Baizan, 2007). In particular, the negative effects of women’s employment on childbearing in Italy, Spain, and the United Kingdom, contrast with the positive effect of having a job in Denmark. Employment status has positive effects in Scandinavian countries, while in other countries women with low incomes have a higher probability of childbearing.

**Intended childbearing by marital status, family structure and employment status**
If childbearing is a question of preferences and constraints, intended fertility becomes a useful indicator at both the macro and micro levels. Hagewen and Morgan (2005) propose, at least for the United States, that intended fertility is related to fertility trends. In looking at the fertility trend in Quebec over the previous century, Lapierre-Adamcyk and Lussier (2003) use the title: “De la forte fécondité à la fécondité désirée”. Following Bongaarts (2002), it is possible to decompose the departure of actual from intended fertility through factors that reduce childbearing from that intended (e.g. subfecundity, competition with other life goals) and factors that increase childbearing beyond that intended (e.g. unwanted fertility).

In the 2006 Canadian General Social Survey, people who indicated that they did not intend to have another child were asked “Why they did not intend to have another child.” The main reasons given were that they had reached their ideal family size (some specified that they had been voluntarily sterilized), or age/health reasons (Keown, 2009).

Qualitative studies indicate that there are persistent rationales for having children. Respondents to surveys in London, Ontario, and the surrounding area in 1989-90 and 2000-01 have spoken about having children as “the natural thing to do” and they refer to the importance of replacing successive generations (Beaujot, 2000: 248-250). In a survey taken in Tunisia in the early 1980s, we asked “Why do people have children?” The answers came fairly readily: people have children for support in old age, and because “children are the joy of life.” When we have since asked this of Canadian respondents, the answers are not so readily available, but in some ways one gets to the same ideas: people have children because it is enjoyable to interact with children, and to have someone who will be close to you for your whole life. These rationales might be translated into questions of happiness and avoiding loneliness (Billari, 2008; Gierveld, 2008). That is, the “value of children” can probably be translated into the concepts of happiness and loneliness. Morgan (2003) proposes that besides biological predispositions and investing in the next generation, having children brings connectedness and meaning to life.

For the population aged 20-44 in the 2006 General Social Survey on Families, the total intended fertility is 2.01 for women and 1.95 for men. Total intended fertility declines with age over the childbearing years, from 2.23 for women and 2.17 for men at ages 20-24, to 1.81 for women and 1.83 for men at ages 40-44 (Table 4). Marital status is the main characteristic that shows significant variation in intended births. At ages 30-44, both current fertility and total intended fertility are highest for married and formerly married, followed by cohabiting and single.

In their study of intended childbearing for women in marital or cohabiting unions, Edmonston and his colleagues (2008a) find remarkably little variation in average intended births over various segments of the population, and over the four General Social Surveys on families from 1990 to 2006. On marital status and family considerations, intentions were lower for cohabiting than married, for those who had experienced more cohabiting unions or more total unions. Averages were somewhat lower for women who were in the labour force or had more education, while it was higher for women who were more religious, had more social ties and a
stronger sense of belonging. In a separate study of married or cohabiting women who intend to remain childless, Edmonston et al. (2008b) find that the average rates are low, in the range of 7 to 8 percent. Except for age group 40-44 where it is 13.9% in 2006, the rates within age groups have typically declined over the period since 1990, for the married or cohabiting population.

For women aged 35-44, and for men aged 25-44, the presence of step-children tends to depress additional intended births (Table 5). For instance, total intended births are 0.4 to 0.5 fewer for persons aged 40-44 who have step children. This corresponds to the observations of a small qualitative survey that found that the children of one’s spouse would sometimes provide a substitute for persons who had zero or one biological children (Beaujot and Bélanger, 2001).

— Table 5 about here ---

Thus it would appear that later entry into unions, more instability in unions, and more complex family structures are reducing fertility compared to that intended at the onset of childbearing ages. For instance, at ages 40-44, total intended births, which is rather similar to current fertility, is 0.77 and 0.90 for single women and men respectively, while it is 1.36 and 1.51 for those cohabiting, 1.30 and 1.50 for those who have step children, and 2.01 and 2.10 for persons who were married at the time of the survey.

With later entry into relationships, and more separations, more unstable relationships, there is a lower proportion of the population, especially at ages 20-35, who are in relationships that they consider sufficiently stable to have children. The Gender and Generation Surveys from France, Germany and Russia indicate lower progression to a second child for women who have no partner, or when their partner is not employed (Kreyenfeld, 2008). Besides, the notion of having a child to stabilize a relationship has been largely excluded.

The characteristics related to work are of lesser importance to differences in intended fertility, probably because there are two models operating. In one model, it is women with limited labour market attachment who have more children. In the two-income model, women have children once they are secure in their work status. Hakim (2003) has further proposed that one could classify women as family-centered, work-centered or balanced. At ages 40-44, total intended fertility is highest for women who had only short work interruptions or who had no interruptions at 1.87 and 1.86 respectively, compared to 1.84 for women who never worked and 1.70 for those who had at least one work interruption of more than twelve months (Table 6). Similarly, the women who had children before age 25 have the same expected fertility as those only had children after age 25. We sought to identify women as work centered if they had no children before age 25 and had no work interruption of more than one year, in contrast to family centered women who had a child before age 25 and who either never worked or had at least one long job interruption. Partly because the work centered includes women with no children, the total intended is 1.54 for the work centred compared to 2.22 for the family centred at ages 40-44. Other than the lower intended fertility of women aged 40-44 who have no children, these characteristics related to work appear to be of lesser importance to differences in intended fertility, in comparison to factors associated with marital status and family structure.
The changing policy context

Gauthier (2008) has theorized that policies would make a difference if they help overcome some of the direct costs of children, but these direct costs are not the only element; equally important would be child care, housing availability, flexible hours of work and the availability of part-time work. She further proposes that policies reducing gender inequality in households would be important. What may matter most is not individual policies, but the package of policies, paying attention to the heterogeneity in the population (Gauthier and Philipov, 2008).

While Canada’s track record is far from that of Nordic countries or France, the movement is in the right direction, with more policy support for families in Quebec than in the rest of Canada. For Canada as a whole, the Child Tax Benefit has replaced family allowance and tax deductions for dependent children, allowing for more benefits to low income families. When this change was made in 1993, the change was revenue neutral, but the program has since been augmented by more than the cost of living. The maximum benefits per child were increased by 65% between 1993 and 2009, to reach $3,416. The payments are reduced for incomes above $21,287 and they reach zero at family income of $95,400 for families with one or two children, and at $127,700 for larger families. It is estimated that nine out of ten families with children receive some benefit (Battle, 2009).

Since 1996, there is also a family supplement to Employment Insurance for persons with net family income up to $25,921 (in 2009 dollars) for families receiving Child Tax Benefits. This increases the replacement rate of Employment Insurance to as much as 80% of insurable earnings. In 2006, 7.7 percent of Employment Insurance claimants received a family supplement. In 2007, a Working Income Tax Benefit, was added to tax benefits (Battle, 2009). For single parents and couples, the maximum benefit in 2009 was $1,680, paid at family incomes between $9,720 and $14,500, with reductions to zero at incomes above $25,700. Specific provinces have added to the Working Income Tax Benefit.

The changes in the administration of welfare have promoted education and work rather than welfare for persons who are capable of working. This has included the subsidy of child care while people are upgrading their education or working at low incomes. These changes, along with the Child Tax Benefit, the Working Income Tax Benefit and the family supplement to Employment Insurance, have provided additional income to working parents at low income thus facilitating the transition from welfare to work. It would appear that these provisions, along with women’s increased levels of education, are partly responsible for the increased employment rates of lone mothers, and the reduced proportions who have low income status (Myles et al., 2007).

Maternity leave was first instituted as part of Unemployment Insurance in 1971. Mothers with the minimum weeks of insurable earnings could claim up to 15 weeks of benefits. As with other Unemployment Insurance benefits, there was a two week waiting period and the benefits used
the same replacement rate as regular unemployment insurance. In 1990, 10 weeks of parental leave were added to the 15 weeks of maternity leave, but if both parents took leaves they each had a two week waiting period. In 2001, the parental leave was expanded from 10 weeks to 35 weeks, and there was only one waiting period even if the parental leave was shared. Now called Employment Insurance, the replacement rate is 55% up to a maximum income of $42,300 (that is, a maximum payment of $447 per week in 2009).

As of 2006, Quebec is administering its own parental leave program, which also covers the self-employed and does not include a minimum previous weeks of work (Bureau de l’actuaire en chef, 2008). The Quebec program offers two options. In the “basic plan” there are 18 weeks of maternity leave (70% replacement rate), plus 5 weeks of paternal leave (70% replacement) and 32 weeks of parental leave (7 weeks at 70% and rest at 55%). In the alternate plan, there are 15 weeks of maternity leave, 3 weeks of paternal leave and 25 weeks of parental leave (all at 75% replacement rate).

The take up rate for mothers has increased from 58 percent in 2000 to 63% in 2003-06 (Marshall, 2008). The take up rate for fathers increased from 3 percent in 2000 to 23 percent in 2006. This take up rate for fathers in 2006 is very different between Quebec (56%) and the rest of Canada (11%).

Turning to child care, there is first the tax deductions for child care expenses. In 2006, the maximum child care expenses that could be claimed as tax deductions was $7,000 per eligible child, with an average of about $3000 worth of child care expenses for tax filers making a claim. In 2006, a Universal Child Care Benefit of $1200 per child under six was added.

The total allocations to child care by provinces, in 2007 dollars, has increased from $998 million to $3,087 million between 1992 and 2007/08, or a real increase of three-fold (Childcare Resource and Research Unit, 2009). This includes the provincial subsidies for building child care centers, operating costs, and subsidies to parents. In Quebec, there was a significant change after 1998, when funds previously used as direct payments to parents were transferred into subsidized child care. For the rest of Canada, the change between 1992 and 2007/08 is a 70 percent increase. Nonetheless, the OECD (2005) report on Canada urges increased funding for childcare as an important priority (see also Daly, 2007).

In comparison to other OECD countries, Canadian parental leaves are intermediate, but levels of cash support for families and child care provisions are low (Gauthier and Philopov, 2008: 8-11). Nonetheless, Canada has made some progress in the variety of structures that need to be in place for prospective parents to feel that they have support from the society in overcoming some of the costs and barriers: direct transfers, parental leave, child care and work-life balance features. In comparison to other OECD countries, Canada’s fertility in 2005 was below what one would expect from the level of women’s labour force participation (Thévenon, 2008). In this comparison, Canada is placed among countries where financial aid to families is focused on families with low income.
Conclusion

Among the factors that are responsible for low fertility, the risks experienced by young people, and women in particular, are particularly relevant (McDonald, 2006). These risks are partly responsible for the delay in family formation. In that context, it is noteworthy that fertility is rising most in Alberta and Quebec, that is in provinces where young families have had the security of either good job opportunities or supportive social policy.

Given the heterogeneity across families, variety in policy supports is also useful, and progress has been made in this direction. While parental leave has a low replacement rate for those who do not have access to top-up from their employer, its extension to 50 weeks has been an important change. The benefits through Child Tax Benefits is focused on low income families, but around 90 percent of families receive some benefits. For richer families, the Child Tax Benefit is low, but they can take more advantage of the tax deductions for child care expenses. Except in Quebec, the progress in child care has been slow, but the total expenditures have nonetheless increased, especially for the benefit of lone parent and other low income families. Given the diversity in models of family and work, the Universal Child Care Benefit has the advantage of especially supporting families that are less interested in formal child care.

On the gender side, women’s progress in the public sphere has been especially noteworthy, including higher participation in post-secondary education than men (Andres and Adamuti-Trache, 2007), and relatively high levels of labour force participation in comparison to other OECD countries (Thévenon, 2008). The progress in the private sphere is slower, but men’s participation in housework and child care is increasing, as is their uptake in parental leave.

We are probably safe to say that young people have three competing life course priorities: to live in a durable relationship, to have satisfying secure employment, and to have children (Lapière-Adamcyk, 1990). In small samples taken in classes on the Sociology of Family and Work, some 90 percent place durable relationships and secure employment as “very important” or “important.” With regard to having children, the numbers who respond “very important” or “important” is closer to 75 percent. Nonetheless, 90 percent expect to have children. For some 10 to 15 percent, it would seem that childbearing goals would be those most likely sacrificed if life does not go according to plan. These hesitations, and more generally, the delays in family formation, are likely to continue, especially with the additional risks posed by the current economic conditions. Family formation is particularly low for persons who are participating in education, and the extension of education is a frequent alternative for young people who are facing an uncertain labour market. It was thought that the retirement of the baby boom would finally bring better opportunities for young persons, but this large cohort is now delaying its retirement rather than leaving room for the younger generations.

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Gil Alonso, Fernando. 2005. The uneven distribution of family responsibilities among women and men and its link with low fertility: Some evidence for European Union countries from


Figure 1. Fertility Rate by Age for Selected Cohorts, Canada, 2006
Figure 2. Total Fertility Rate (TFR) and Employment Rate of Women and Men, Canada, 1953 - 2006

Sources: Statistics Canada: CANSIM Table 282-0002, Table 102-4505, Cat. no. 84-210-XIB, Cat. no. 91-209-XIE, Cat. no. 84F0210X, Historical Statistics of Canada, Second Edition: Series B1-14, Series D146-159.
Figure 3. Total Fertility Rate (TFR), by Adjusted Employment Rate, Women, Aged 15 - 44, Provinces of Canada, 1976, 1996 and 2006

Note: Adjusted Employment Rate = Employment Rate X Average Actual Weekly Hours Worked.
Source: Statistics Canada: Cat. no. 84-210-XIB, Catalogue no. 91-209-XIE, CANSIM Table 102-4505, Table 282-0002.
### Table 1. Summary Statistics on Family Change and Fertility, Canada, 1941-2006

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<tbody>
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<td>Common-law couples as a percent of all couples</td>
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<td>- -</td>
<td>- -</td>
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<td>22.3</td>
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<td>4.5</td>
<td>9.0</td>
<td>- -</td>
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<td>28.6</td>
<td>36.9</td>
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<td>Median age at first marriage</td>
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<td>Brides</td>
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<td>26.2</td>
<td>27.1</td>
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<td>28.1</td>
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<td>Total fertility rate (average births per woman)</td>
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<td>1.8</td>
<td>1.7</td>
<td>1.6</td>
<td>1.7</td>
<td>1.6</td>
<td>1.5</td>
<td>1.6</td>
</tr>
</tbody>
</table>

**Notes:**
- For 1941-71 births to non-married women are designated as illegitimate births.
- Median age at first birth: mean age shown for 1986-96
- *refers to 2003 data

**Sources:**
- Statistics Canada, no. 82-553, 1992: Tables 10, 16, 3.
- Statistics Canada, no. 82-552, 1992: Table 14.
- Statistics Canada, no. 84-204, 1971.
- Special tabulations, Statistics Canada.
- CANSIM, Statistics Canada
- Beaujot and Kerr, 2004:212
- Statistics Canada, 84-214,1996
- Statistics Canada, CANSIM Table 102-4508
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<th>Years</th>
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<th>Between Adjusted Employment Rate and TFR</th>
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<td>0.41</td>
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<td>2001</td>
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<td>0.83</td>
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<tr>
<td>2006</td>
<td>0.63</td>
<td>0.76</td>
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</table>

Notes: Employment rate is for age group 15-49; Average Weekly Hours Worked is for age group 15-44.

Adjusted Employment Rate = Employment Rate × Average Weekly Hours Worked.

Sources: Statistics Canada: CANSIM Table 282-0002, Table 282-0028, Table 102-4505; Cat. no. 84-210-XIB, Cat. no. 91-209-XIE.
### Table 3  
**Indicators of the Gender Division of Work, Canada, 1986-2005**

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<tbody>
<tr>
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<td>Man 25 to 54</td>
<td>Women 25 to 54</td>
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<tr>
<td><strong>Total Paid and Unpaid</strong></td>
<td>8.3</td>
<td>8.6</td>
<td>8.9</td>
<td>8.8</td>
<td>8.1</td>
<td>8.4</td>
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<td>8.8</td>
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<td><strong>Paid Work and Related</strong></td>
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<td>6.1</td>
<td>6.3</td>
<td>6.3</td>
<td>3.3</td>
<td>3.6</td>
<td>4.0</td>
<td>4.4</td>
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<td><strong>House Work</strong></td>
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<td>1.4</td>
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<td>2.8</td>
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<td><strong>Child Care</strong></td>
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<td><strong>shopping and Services</strong></td>
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<td>0.6</td>
<td>0.7</td>
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<td>1.1</td>
<td>0.9</td>
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**Average Hours Per Day (population)**

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<td><strong>Primary Child Care</strong></td>
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**Average Hours Per Day (persons with child under 5 at home)**

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<td><strong>Spent with Family</strong></td>
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**Persons in couples**

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<th>2005</th>
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<tr>
<td>Complementary-gender-reversed</td>
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<td>3.0</td>
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<td>Women's double burden</td>
<td>26.5</td>
<td>26.8</td>
<td>26.8</td>
</tr>
<tr>
<td>Men's double burden</td>
<td>5.8</td>
<td>7.6</td>
<td>10.7</td>
</tr>
<tr>
<td>Shared roles</td>
<td>22.6</td>
<td>23.8</td>
<td>26.5</td>
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</table>

Sources: Marshall, 2006:10, 13; Turcotte, 2007: 10; Beaujot et al., 2008: Table 7
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<th>Men</th>
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<td>COH</td>
<td>SDW</td>
<td>Single</td>
<td>Total</td>
<td>Married</td>
<td>COH</td>
<td>SDW</td>
<td>Single</td>
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<td>20-24</td>
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<td>0.55</td>
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<td>40-44</td>
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<td>1.96</td>
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<td>1573</td>
<td>5192</td>
<td>1758</td>
<td>638</td>
<td>262</td>
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<td>Total</td>
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<td>Married</td>
<td>COH</td>
<td>SDW</td>
<td>Single</td>
<td>Total</td>
<td>Married</td>
<td>COH</td>
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Notes: *: no cases for the cell; Data are weighted; COH for cohabiting; SWD for single, widowed and divorced.
Source: GSS 2006
Table 5  Current Fertility and Total Intended Fertility by Having Step Children or Not, Aged 25-44, Canada, 2006

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<th>Agegroup</th>
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<td>No Step Children</td>
<td>Have Step Children</td>
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<td>1.93</td>
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<td>1.90</td>
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Note: Data are weighted.
Source: GSS 2006
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<th>Total Intended Fertility</th>
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<tr>
<td>Total</td>
<td>1.64</td>
<td>1.76</td>
</tr>
</tbody>
</table>

**A. Have Child before 25 or Not**

<table>
<thead>
<tr>
<th></th>
<th>35-39</th>
<th>40-44</th>
<th>35-39</th>
<th>40-44</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. no child</td>
<td>0.00</td>
<td>0.00</td>
<td>0.75</td>
<td>0.18</td>
</tr>
<tr>
<td>2. have child before 25</td>
<td>2.15</td>
<td>2.18</td>
<td>2.24</td>
<td>2.20</td>
</tr>
<tr>
<td>3. have child after 25</td>
<td>1.97</td>
<td>2.25</td>
<td>2.12</td>
<td>2.25</td>
</tr>
<tr>
<td>4. child with unknown age at birth</td>
<td>2.00</td>
<td>2.06</td>
<td>2.17</td>
<td>2.12</td>
</tr>
</tbody>
</table>

**B. Job Interruption or Not**

<table>
<thead>
<tr>
<th></th>
<th>35-39</th>
<th>40-44</th>
<th>35-39</th>
<th>40-44</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. job interruption of 12 months or more</td>
<td>1.59</td>
<td>1.67</td>
<td>1.92</td>
<td>1.70</td>
</tr>
<tr>
<td>2. job interruption of less than 12 months</td>
<td>1.67</td>
<td>1.80</td>
<td>1.89</td>
<td>1.87</td>
</tr>
<tr>
<td>3. stopped working</td>
<td>1.72</td>
<td>1.75</td>
<td>1.99</td>
<td>1.80</td>
</tr>
<tr>
<td>4. never worked</td>
<td>1.85</td>
<td>1.81</td>
<td>1.97</td>
<td>1.84</td>
</tr>
<tr>
<td>5. worked with no interruption</td>
<td>1.58</td>
<td>1.79</td>
<td>1.85</td>
<td>1.86</td>
</tr>
</tbody>
</table>

**C. Work-family Balance**

<table>
<thead>
<tr>
<th></th>
<th>35-39</th>
<th>40-44</th>
<th>35-39</th>
<th>40-44</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. work centered</td>
<td>1.13</td>
<td>1.46</td>
<td>1.53</td>
<td>1.54</td>
</tr>
<tr>
<td>2. balance type 1</td>
<td>2.00</td>
<td>2.10</td>
<td>2.13</td>
<td>2.15</td>
</tr>
<tr>
<td>3. balance type 2</td>
<td>1.10</td>
<td>1.19</td>
<td>1.54</td>
<td>1.26</td>
</tr>
<tr>
<td>4. family centered</td>
<td>2.23</td>
<td>2.22</td>
<td>2.32</td>
<td>2.22</td>
</tr>
</tbody>
</table>

Notes: Unweighted n is given for the first panel. The sample size for other panels are reduced by 22 cases. Data are weighted.

work centered: panel A categories 1 & 3 AND panel B categories 2 & 5.
balance type 1: panel A categories 2 & 4 AND panel B categories 2 & 5.
balance type 2: panel A categories 1 & 3 AND panel B categories 1, 3 & 4.
family centered: panel A categories 2 & 4 AND panel B categories 1, 3 & 4.

Source: GSS 2006